

# Tri-County Behavioral Health Resource Guide 2021

# **Tri-County Behavioral Health Resource Guide**

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#### Introduction to the Guide

Somerset Local Behavioral Health Authority (SLBHA), Wicomico Local Behavioral Health Authority (WiLBHA), Worcester Local Behavioral Health Authority (WoLBHA), and Worcester County's Initiative to Preserve Families/Worcester County Local Management Board (WoLMB) are pleased to present the 2021 edition of the TRI-COUNTY BEHAVIORAL HEALTH RESOURCE GUIDE for Somerset, Wicomico, and Worcester Counties in Maryland. This guide, while not inclusive of every service or behavioral health provider in the tri-county area, represents our effort to help the citizens of the region become more aware of the services that are available to them. SLBHA, Wilbha, Wolbha and Wolmb in no way endorse any one provider or service over another. We hope this guide is useful in your navigation of the Public Behavioral Health System in Somerset, Wicomico, and Worcester Counties. This information is also available online at www.somersethealth.org, www.wicomicohealth.org, www.worcesterhealth.org.

#### **Somerset Local Behavioral Health Authority**

8928 Sign Post Rd, Westover, MD 21871 443-523-1700 www.somersethealth.org

#### **Wicomico Behavioral Health Authority**

108 East Main St., Salisbury, MD 21801 410-543-6981 www.wicomicohealth.org

Worcester Behavioral Health Authority
Worcester County's Initiative to Preserve Families

6040 Public Landing Dr., Snow Hill, MD 21863 410-632-3648 www.worcesterhealth.org/planning-sidebar

## Maryland's Public Behavioral Health System (PBHS) Overview

The PBHS is jointly coordinated and administered by the Behavioral Health Administration (BHA), Local Behavioral Health Authority (LBHAs), and Optum (the contracted Administrative Service Organization). BHA has oversight authority of the PBHS, which includes policy development, state-wide planning, resource allocation, and continuous quality improvement responsibilities.

Optum, the administrative service organization for the PBHS, determines eligibility for services, approves authorizations for services, conducts utilization review of services, collects data, submits reports, processes billing claims, and remits payments to providers.

LBHAs are the local behavioral health authorities responsible for planning, managing, and monitoring public mental health services at the local level as stipulated by the Health General Article 10-10-1203, Annotated Code of Maryland.

For further information please contact SLBHA at 443-523-1700, WiLBHA at 410-543-6981, and WoLBHA at 410-632-3366.

## **Behavioral Health Glossary**

#### **Behavioral Health Professionals:**

Advanced Practice Psychiatric Nurses/Psychiatric Mental Health (APRN/PMH) – A registered nurse certified by the Maryland State Board of Nursing who is able to independently engage in the following activities:

- An APRN is able to diagnose individuals with mental health illnesses.
- "Nurse Psychotherapist" A registered nurse who practices psychotherapy in a structured relationship with the client.
- "Psychiatric Nurse Practitioner" An experienced registered nurse who possesses advanced training and education in the area of diagnosing and treating illness. Nurse practitioners are able to prescribe medication. Psychiatric nurse practitioners specialize in providing psychiatric care to individuals.

Certified Addictions Counselor – Alcohol and Drugs (CAC-AD) – Certified addictions counselors hold the second level of certification required for substance abuse counseling. They must have a Bachelor's degree in a counseling field, among other requirements.

Certified Peer Recovery Specialist (CPRS) – An individual that is in recovery from a substance use or co-occurring substance use and mental health disorder who provides support to others so that they can benefit from his or her experiences. To become certified, the peer recovery specialist must pass a standard exam.

Certified Registered Nurse Practitioner (CRNP) – A certified registered nurse practitioner is a licensed, advanced practice registered nurse (APRN) who has completed a prescribed educational program that includes advanced knowledge, skills, and abilities in assessment, diagnosis, treatment, and management.

**Certified Supervised Counselor** – Alcohol and Drugs (CSC-AD) – Certified supervised counselors hold the first level of certification required for substance abuse counseling. They must have an Associate's degree in a counseling field among other requirements.

Clinical Social Worker (ACSW, LCSW, LCSW-C) – Clinical Social Workers hold a Master's degree in social work (MSW), and specialize in clinical practice. They must be licensed by the State of Maryland.

Licensed Clinical Alcohol and Drug Counselor (LCADC) – This is the next level certification after Licensed Graduate Alcohol and Drug Counselor

**Licensed Clinical Professional Counselor** (LCPC) – A Licensed Clinical Professional Counselor possesses a Master's degree in professional counseling. LCPCs must be certified by the State Board of Examiners.

Licensed Graduate Alcohol and Drug Counselor (LGADC) – A Licensed Graduate Alcohol and Drug Counselor certification is granted after the awarding of a Master's degree and passing the test for a license. During this time, the counselor is under supervision.

**Licensed Professional Counselor** (LPC) – A licensed professional counselor holds a Master's degree and is trained to work with individuals, families, and groups in treating mental, behavioral, and emotional problems and disorders.

**Psychiatrist** (MD) – A medical doctor possesses specialized training in the field of psychiatry. Psychiatrists must be licensed physicians in the state in which they practice and must also be certified by the American Board of Psychiatry.

**Psychologist** (PhD) – A psychologist possesses a doctoral degree in psychology and must be licensed by the Maryland State Board of Examiners of Psychologists. A psychologist can be a clinical or a counseling psychologist.

#### **Behavioral Health Terms:**

**1915i** – A state plan amendment that provides Intensive Behavioral Health Services for children, youth, and families.

Care Coordination Organization (CCO) – A provider offering a multi-level continuum of care to children and youth up to age 22 to support a transition back to the home environment, remain in their home or current living arrangement, move to lower intensity of services or restrictiveness of placement, or otherwise maintain and improve functioning and well-being.

**Case Management** – A process which plans, coordinates, and implements services required to meet an individual's needs.

**Crisis Intervention Team** (CIT) –A community effort joining law enforcement and the community for the common goals of safety, understanding, and service to the behavioral health population and their families.

**Dialectical Behavioral Therapy** (DBT) – A comprehensive cognitive-behavioral treatment for complex, difficult-to-treat mental disorders. It involves using two main components: individual weekly psychotherapy and weekly group therapy sessions.

**Dual Diagnosis Treatment/Co-occurring Treatment** – Treatment for an individual with substance abuse issues as well as a mental health diagnosis.

**Evidence-Based Practice** (EBP) – Making decisions about how to promote health or provide care by integrating the best available evidence with practitioner expertise and other resources, and with the characteristics, state, needs, values and preferences of those who will be affected.

Family Psycho Education – An EBP that provides education to individuals living with mental illness and their families with a goal of assisting the individual and their family to better understand and deal with his/her present illness, avoid relapse, and contribute to their own health and wellness on a long-term basis.

Intensive In-Home Intervention Program for Children (IHIP-C) – The state of Maryland's In-Home Intervention Program for Children aims to prevent out-of-home placement by providing families with access to full-time professional mental health resources.

**Intensive Outpatient Program** (IOP) – The highest level of outpatient treatment before inpatient care.

**LGBTQ** – Abbreviation for lesbian, gay, bisexual, transgender, and queer or questioning. It is an umbrella term that is used to refer to the community as a whole.

**Medication Evaluation** – A medication evaluation involves a psychiatrist or nurse practitioner monitoring and evaluating a client's medications to ensure the client is on the proper medications. Medication evaluations can be done at various intervals.

Mental Health Case Management Services/Targeted Case Management (TCM) – Services to assist individuals in gaining access to a full range of mental health services as well as to any additional needed medical, social, financial assistance, counseling, educational, housing, and other support services.

Mobile Treatment/Assertive Community Treatment (ACT) – Mobile Treatment is an intensive, community-based service which provides assertive outreach, treatment, rehabilitation, and support to individuals with severe and persistent mental illness (SPMI) who may be without a home or for whom more traditional forms of outpatient treatment have been ineffective.

**Outpatient** – Treatment that is given in the community and not in a hospital setting.

**Paraprofessionals** – Paraprofessionals work under a trained professional in clinical settings, i.e. Licensed Social Work Associates (Bachelor level social workers).

**Partial Hospitalization Program** (PHP) – A program for children, adolescents, and adults that offers a bridge between inpatient acute hospitalization and outpatient services. Its serves as an alternative to hospitalization and as a transition from inpatient care. The program is structured in a therapeutic setting and provides 24/7 supervision and care.

**Peer Support** – Individuals or family members of those living with behavioral health disorders coming together to provide self direction that works to enhance the behavioral health of other local consumers. Peer support members meet as equals to give each other support on a reciprocal basis.

**Psychiatric Evaluation** – A psychiatric evaluation performed by a psychiatrist or nurse practitioner that includes the history of the present illness, current symptoms the individual is experiencing, past history of illness, family history, a review of medications, mental status examinations and a physical examination.

Psychiatric Rehabilitation Program (PRP) – A program that provide1s support and rehabilitation to individuals who suffer from mental illness. PRP focuses on daily living skills through the use of the community environment.

**Psychological Testing** – Tests which are given to individuals to assess and evaluate information. Psychological tests are administered and interpreted by a psychologist.

**Residential Rehabilitation Program** (RRP) – RRP housing is for individuals with a chronic mental health diagnosis, who are unable to live independently in the community.

**Respite** – Respite services are provided to relieve the caregiver from the stress of care giving.

**Sliding Scale** – Fees are set according to the client's ability to pay (i.e., if the client has no income, the fee would be \$0).

**Social Service Organization** – A community organization that assists individuals with needs such as locating housing, financial assistance, and resources.

Supported Employment Program/Mental Health Vocational Program (SEP/MHVP) – SEP services provide job development and placement, job coaching, and ongoing employment support to individuals with serious mental illness or emotional disturbance for whom competitive employment has not occurred, has been interrupted, or has been intermittent.

**Telemedicine** – Medical information transferred through interactive audiovisual media for the purpose of consultation or the delivery of clinical care.

Therapeutic Behavioral Services (TBS) – A service provided in the home for children and adolescents under 21 years of age. The goal is to help children and families safely manage behavior at home and in the community to prevent a higher level of care.

**Uninsured** – If you do not currently have health insurance, you are uninsured. Individuals may only receive PMHS uninsured benefits if the provider has documented that the consumer is not eligible for MA, SSI, SSDI, or any other public benefit program and includes, in the individuals medical record, documentation from MA or Social Security stating the reason for ineligibility.

#### **Crisis Information and 24-Hour Hotline**

#### Affiliated Santé Group - Eastern Shore Crisis

Response Services (ESCRS) provides behavioral health emergent, urgent, information and referral crisis response programs. Serving nine counties on the Eastern Shore 24/7, 365 days a year. Four mobile crisis teams located in Cecil, Dorchester, Kent, and Wicomico Counties are available 24 hrs, seven days a week, 365 days a year to respond to mental health and substance use crises as defined by the caller. Telehealth services are also offered.

Phone: 1-888-407-8018

Website: www.thesantegroup.org

#### Americans with Disabilities Act

U.S. Access Board 24 Hour Hotline: 1-800-872-2253 Americans with Disabilities Act Information Line: 800-514-0301 (Voice), 800-514-0383 (TTY)

#### **Beacon Place**

Provides a safe harbor and sanctuary for adults (18+) experiencing acute psychiatric crisis. They are a voluntary alternative to or step down from hospitalization.

Team Cell Phone: 443-880-3010 Website: www.gogettersinc.org

#### **Community Outreach Addictions Team (C.O.A.T.)**

Peer support specialist partnered with local law enforcement assists people into treatment by offering phone and in-person support, connections to local resources, and follow up assistance.

Phone: 443-783-6875 /410-742-3784

#### **Life Crisis Center**

Provides a 24-hour crisis hotline. Services: Counseling for victims of domestic violence or sexual assault, suicide prevention, support groups, emergency safe home, shelter and medical care referral, and assistance.

24 Hour Hotline: 410-749-4357 Phone: 410-749-0632 / 410-749-0771 Website: www.lifecrisiscenter.org

#### Maryland Center of Excellence on Problem Gambling

1-800-GAMBLER (426-2537)

Website: http://www.mdproblemgambling.com/helpline/

#### Maryland State AIDS Hotline

Phone: 1-800-232-4636 TTY: 1-800-232-6348

#### Maryland Youth Crisis Hotline

Phone: 1-800-422-0009

Website: www.help4mdyouth.org

#### Mobile Treatment/ACT - Lower Shore Clinic

Team treatment approach designed to assist the individual to achieve recovery, fully participate in community life, obtain stable permanent housing, and reduce the individual's unnecessary admissions to emergency rooms and inpatient psychiatric services. The program currently serves Wicomico, Worcester, Somerset, Dorchester, Talbot, and Caroline counties.

Phone: 410-341-3420

#### **Poison Control Center**

Phone: 1-800-222-1222

Website: www.mdpoison.com

#### Sexual Assault Resource Agency

Phone: 410-836-8430

#### **Suicide Prevention Lifeline**

English and Spanish speakers are available.

Phone: 1-800-273-8255 TTY: 1-800-799-4889

Website: www.suicidepreventionlifeline.org

Trevor Lifeline (LGBTQ community)

Phone: 1-866-488-7386

Website: www.thetrevorproject.org

#### **Worcester County Peer Support Warm Line**

Phone: 1-844-663-7337 (1-844-ONE-PEER)

Peer support specialists who offer phone support for individuals who are ready to take steps toward recovery.

#### Safe Station

The Safe Station is a place where individuals who are ready to seek treatment and recovery services from their addiction can go 24 hours a day, 7 days a week and 365 days per year. Individuals will be met by a caring and compassionate peer in recovery who will help link them to the treatment and recovery services of their choice.

#### **Wicomico County Safe Stations**

Phone: 443-783-6875 726 S Salisbury Blvd, Salisbury, MD 21804 (inside of the Recovery Resource Center)

#### **Worcester County Safe Stations**

Phone: 1-844-ONE-PEER (663-7337) 15th Street Fire House 1409 Philadelphia Ave, Ocean City MD, 21842

#### **Urgent Care Clinics**

Provides mental health assessment and consultation within 48 business hours to prevent the individual's condition from worsening. If psychiatric care is identified, an evaluation will be scheduled with a psychiatrist within a 30-day period.

Lower Shore Clinic (Wicomico): 410-341-3420: Eastern Shore Psychological Services (Somerset): 410-651-420

Call ESCRS after business hours: 1-888-407-8018

#### **Veterans Crisis Line**

Chat available on website.
Phone: 1-800-273-8255 (Press 1)
Cell phone (For texting): 838255
Website: www.veteranscrisisline.net

	Acadia Counseling	and Wellness	3	
Address:	Phone:			Payment Type(s):
9954 N. Main St. Unit 1 Berlin, MD 21811	410-973-2567	Intake by appoir Mon – Fri 9:00		Medicare,Private Insurance, Self Pay
Beiliff, IVID 21011		10011 - 111 3.00	am – 7.00 pm	insurance, Sen r ay
		Telehealth Ava	ilable	Ages Served:
				5 - 70
Mental Health Services Provided:			Specialty Treatn	nents:
✓ Individual Therapy			☑ Co-occurring  ☐	
☑ Family Therapy			Treatment/Dual D	Diagnosis
☑ Addiction Outpatient				
Other Behavioral Health Services:				

Phone:	Hours of Oper	ation:	D
410-548-7883	Hours of Operation: Call to schedule appointment		Payment Type(s): Medicare,Private Insurance, Self Pay  Ages Served: 5+
		Specialty Treat	tments:
_			Specialty Treat

Arrow Child & Family Ministries						
Address:	Phone:	Hours of O	Payment Type(s):			
116-118 W. Main St., Suite #100	410-677-0741	Call to sche	dule appointment	Medicaid, Self Pay		
Salisbury, MD 21801				Ages Served:		
		Referrals ar	nd questions can also	Treatment Foster Care		
Website:	Fax:	be sent via email to:		(Infant to 21yrs)		
www.arrow.org	410-677-0743	prp@arrow.org		PRP (5 to 18yrs)		
Mental Health Services Provided:			Specialty Treatment	ts:		
☑ PRP			N/A			
☑ Respite						
Other Behavioral Health Services:			<u>I</u>			

	00111	mamiy Bona	riorai rioaitii i ro	V14010	
	Atla	ntic General Hos	spital – Telemental I	<b>-lealth</b>	
Address:		Phone:	Hours of Operation:		Payment Type(s):
9741 Healthway Dr.		410-641-3340	Call for appointment		Medicaid, Medicare,
Berlin, MD 21811					Private Insurance, Self
			Language Services:		Pay, Sliding Fee Scale,
Website:			Translation services up	on request	Financial assistance
www.atlanticgeneral.org			Ages Served:		available to those who
			Pediatrics to Adult		qualify
Mental Health/Addiction Services	Provid	ed:		Specialty Treatn	nents:
☑ Ability to Prescrive		ication Management			
Medication	☑ Psyc	chiatric Evaluations			
		psychiatry			
☑ Group Therapy					
Individual Therany					
Other Behavioral Health Services	<b>5</b> :				

Atlantic Psychological Practice, P.A.					
Address:	Phone:	Hours of Operation:	Payment Type(s):		
106 Milford St., Suite 104	410-543-8291	Intake by appointment, Call office	to schdeule.	Medicare, Private Insurance,	
Salisbury, Maryland 21804				Self Pay, Sliding Fee Scale	
	_	Bring copy of insurance card and p	payment to	Ages Served:	
Website:	Fax:	first appointment.		2 – 99	
www.atlanticpsychological.com	410-341-6275				
Mental Health Services Provide	d:		Specialty Trea	tments:	
			☑ Eating Disor	ders	
✓ Individual Therapy			☑ Trauma - Cl	nild Abuse	
Other Behavioral Health Service	26.				
	<b>53.</b>				

		B.N.J Health	Services, LLC		
Address: 204 Newton St Salisbury, MD 21801		<b>Phone:</b> 443-978-7919	Hours of Opera Mon-Fri 5am-11 Sat 6am-9:30ar	1am	Payment Type(s): Medicaid, Medicare, Self Pay
		<b>Fax:</b> 443-978-7930			Ages Served: 18+
Addiction Services Provi	ded:			Specialty Tre	atments:
✓ Addiction Inpatient ✓ Addiction IOP ✓ Addiciton Outpatient ✓ Detox ✓ Group Therapy ✓ Individual Therapy	<ul><li>✓ Medication</li><li>✓ Methadone</li><li>✓ Subutex Tr</li></ul>	Treatment		N/A	
Other Behavioral Health	Services:			•	

	Balanced Life Counseling Services, LLC							
Address:	Phone:	Hours of Operation:	Payment Type(s):					
560 Riverside Dr.	443-978-8688	Please call for appointment	Medicaid, Medicare,					
Suite B101			Private Insurance, Self					
Salisbury, MD 21801	Website:	Intakes by appointment only	Pay					
	www.yourbalancedlife.net	Some evening and weekend						
		hours available.	Ages Served:					
			5 - 75					
Mental Health Services Provided	:	Specialty Treatments:						
	elehealth Services							
☑ Group Therapy		☑ EDMR						
✓ Individual Therapy								
Other Behavioral Health Services	S:							

Care at New Transitions						
Payment Type(s):						
Uninsured						
Ages Served:						
Birth – 18						
or walk- 18-24 Disconnected or						
homeless youth						
d families to resources in the						
۱						

Catholic Charities, Inc Seton Center						
Address: 30632 Hampden Ave. Princess Anne, MD 21853	Phone: 410-651-9608	Hours of Operation: Call to schedule appointment		Payment Type(s): Medicaid, Medicare, Private Insurance, Self		
Website: www.ccwilm.org	<b>Fax:</b> 410-651-1843			Pay, Sliding Fee Scale, Uninsured		
Mental Health Services Provided:		Specialty Treatments:				
<ul><li>✓ Family Therapy</li><li>✓ Individual Therapy</li></ul>			N/A			
Other Behavioral Health Services:						

Center 4 Clean Start (C4CS) – Worcester County H				lealth Departm	ent	
Address:		Phone:		Language Serv	rices:	Payment Type(s):
6040 Public Landing Rd		410-742-346	60	Language Line		Medicaid, Medicare,
Snow Hill, MD 21861						Private Insurance, Self
				Hours of Opera		Pay, Sliding Fee Scale,
Website:				Call to schedule		Uninsured
www.worcesterhealth.org				Mon-Fri 8am-4:	30pm	Ages Served: 12+
Mental Health/Addictions Services Provided:					Specialty Treatn	nents:
☑ Ability to Prescribe	✓ Individual T	herapy	☑ Suboxe	one Treatment		Treatment/Dual Diagnosis
Medication	☑ Psychiatric	Evaluations	Subute	x Treatment	☑ Gambling Treat	
☑ Addiction IOP		atry	☑ Vivitrol	Treatment	☑ Harm Reducti	on Services
☑ Addiction Outpatient	☑ Medication	1				
	Management					
☑ Group Therapy	✓ Peer Supp	ort				
,						
Other Behavioral Health S	<b>ervices:</b> Treatm	ent is for pre	gnant womer	and women with	young children.	

	Ch	esapeake Health	Care - Mental He	lealth	
Address 1: 1813 Sweetbay Drive Salisbury, MD 21804 Phone: 410-219-1100	Address 2: 12145 Elm St. Princess Anne, MD 21853 Phone: 410-651-2204	Address 3: 305 10 <sup>th</sup> Street Pocomoke City, MD 21851 Phone: 410-957-1852	Address 4: 9956 N. Main St. Suite 2 Berlin, MD 21811  Phone: 410-973-2820	Hours of Operation: Children by appointment, Adults by walk-in: Walk in Times: Tues. 11:30am, Wed 9am, Thurs 11:30am Language Services: Intrepreter by request  Website: chesapeakehc.org	
Mental Health Services Provided:  ☑ Ability to Prescribe Medication ☑ Family Therapy ☑ Group Therapy ☑ Individual Therapy		Specialty Treatme	Payment Type(s):  Medicaid, Medicare, Private Insurance, Self Pay, Sliding Fee Scale  Ages Served: All Ages	e	
Other Behavioral Hea	alth Services:		•		

Chesapeake Music Therapy – Niki Runge, MCAT, MT-BC						
Address:	Phone:	Hours of Operation:	Payment Type(s):			
212 East Main St.,	443-523-4976	Call to schedule appoin	Self Pay, Sliding Fee			
Suite 211		''		Scale, LISS, TCM PLUS		
Salisbury, MD 21801		Email:				
		Chesapeakemusicthera	py@gmail.com	Ages Served:		
				0+		
Mental Health Services Provided:			Specialty Treatr	nents:		
			☑ Music Therapy	У		
☑ Group Therapy						
✓ IndividualTherapy						
Other Behavioral Health Services: Develo	nmental disahilities	s autism early intervention	n			
Other Denavioral Health Dervices. Develo	pinientai disabilitie	s, addisin, carry interventio	111.			

	Chesa	peake Tre	eatment Services	
Address 1:	Address 2:	Hours	of Operation:	Payment Type(s):
12417 Ocean Gtwy,	in Gtwy, 402 Marvel Ct, Call to schedule appointment	schedule appointment	Medicaid, Private Insurance	
Suite 7,	Easton, MD 21601			Self Pay
Ocean City, MD 21842	Phone:	Website:		
Phone:	410-822-7150	www.chesapeaketreatmentservices.com		Ages Served:
410-651-2204				18+
Addiction Services Provid	ed:	I.	Specialty Treatments:	
☑ Addiction Outpatient				
✓ Methadone Treatment				
Other Behavioral Health S	ervices:			

	Childre	n's Choice		
Address:	Phone:	Hours of Oper	ation:	Payment Type(s):
1813 Sweetbay Dr., Suite 1A	410-546-6106	Mon-Fri 8:30am -4:30pm		Medicaid
Salisbury, MD 21804				
		Intakes by appo	ointment	Ages Served:
Website:	Fax:			3-17
www.childrenschoice.org	410-219-2640			
Mental Health Services Provided:			Specialty Tro	eatments:
✓ PRP ✓ Teleh	ealth Services		N/A	
☑ Respite				
✓ Foster Care				
Other Behavioral Health Services: F	Parent Advocacy Program		<u>•</u>	
	, ,			

	C	ommunity	Behavioral	Health	
Address 1:  821 Eastern Shore Dr. Salisbury, MD 21804  Phone: 844 224-5264 Ext. 12  Address 3:	Address 2:  107 East Market Street Snow Hill, MD 21863  Address 4:		Hours of Operation: Mon-Fri 8am-6pm Online  Language Services: Interpreter Services Bilingual Staff (Spanish)  Phone: 844 224-5264 Fax: 888 509-0010		Payment Type(s): Medicaid, Medicare, Private Insurance, Sliding Fee Scale, Uninsured  Ages Served: 3 – 99
142 Coursevall Dr., Centreville, MD 21617	426 Dorchester Ave. Cambridge, MD 21613 Phone: 844 224-5264 E	xt. 13	Website: www.commun	itybehavioralhealth.net	
Mental Health/Addiction	ns Services Provided:		I	Specialty Treatments:	-1
<ul> <li>✓ Ability to Prescribe Medication</li> <li>✓ Addiction IOP</li> <li>✓ Addiction Outpatient</li> <li>✓ Detox</li> <li>✓ Family Therapy</li> <li>✓ Group Therapy</li> <li>✓ Individual Therapy</li> </ul>	<ul> <li>✓ Medication Mngmt.</li> <li>✓ Mental Health IOP</li> <li>✓ Peer Support</li> <li>✓ PRP</li> <li>✓ Psychiatric</li> <li>Evaluation</li> </ul>	✓ Subute: ✓ TCM fo ✓ Telepsy	ne Treatment x Treatment r Adults /chiatry alth Services	<ul> <li>✓ Anger Mngmt.</li> <li>✓ Art Therapy</li> <li>✓ Co-occurring Treatment /         Dual Diagnosis</li> <li>✓ Eating Disorders</li> <li>✓ Forensic</li> <li>✓ Gambling</li> <li>✓ Geriatric</li> </ul>	☑ LBGTQ ☑ Play Therapy ☑ Sex Offender ☑ Veterans

Operation: am-5pm appointment only Email: nealthservices.com	Payment Type(s): Medicaid, Medicare, Private Insurance, Self Pay, Sliding Fee Scale Ages Served:
	Children, Adolescents, Adults
Specialty Treatments:	
✓ Anger Management ✓ Co-occurring Treatm ✓ Eating Disorders ✓ Trauma- Please se	nent/ Dual Diagnosis
<b>√</b>	Eating Disorders

	Delmarva Couns	seling Center LLC	
Address: 28 East State St. Delmar, MD 21875	<b>Phone:</b> 410-896-3995	Language Services: Spanish	Payment Type(s): Medicaid, Private Insurance, Self Pay
	<b>Fax:</b> 410-896-2825	Hours of Operation: Mon-Fri 8am-6pm	Ages Served: 6+
Mental Health/Addictions Services Provi	ded:	Specialty Treatments:	
✓ Addiction IOP ✓ Mental He ✓ Addiction Outpatient ✓ Psychiatric ✓ Family Therapy ✓ Group Therapy ✓ Individual Therapy		<ul><li>✓ Anger Management Groups</li><li>✓ Therapy for LGBTQ</li><li>✓ Sex Offender</li><li>✓ Veterans</li></ul>	<ul> <li>✓ Co-occurring Treatment/         Dual Diagnosis</li> <li>✓ Trauma-Focused         Cognitive Behavioral         Therapy</li> </ul>
Other Behavioral Health Services: Depart evaluations, Military Family Life Counseling		Substance Abuse Professional P	rocess (SAP), Pre-surgical

	Donnelly	, Leslie, PhD			
Address 1: 212 W. Main St., Salisbury, MD 21801	Address 2: 5 Chestnut Way Berlin, MD 21811	Hours of Ope Call to schedu Tues-Fri 9:30	ule appointment	Payment Type(s): Medicaid, Self Pay, Sliding Fee Scale, Uninsured	
<b>Phone:</b> 410-742-7160 <b>Fax:</b> 410-630-7389	<b>Phone:</b> 410-742-7160 <b>Fax:</b> 410-630-7389	Website: Dr.LeslieDonnelly.com		Ages Served:	
Mental Health Services Pro	vided:	<u>.</u>	Specialty Treatm	ents:	
☑ Individual Therapy			<ul><li>✓ Co-occuring Tr</li><li>✓ Geriatric</li></ul>	eatment / Dual Diagnosis	

Address:	Address 2:	Hours of Operation:	Payment Type(s):
1113 Healthway Dr. Salisbury, MD 21804	29520 Canvasback Dr. Easton, MD 21601	Please check with each site for walk in times.  Website:	Medicaid, Medicare, Private Insurance, Self Pay, Sliding Fee Scale, Uninsured
Phone: 410-334-6961 Mon & Wed 8am – 8pm Tues & Thus 8am – 7pm Friday 8am – 5pm	Phone: 410-822-5007	www.espsmd.com  Language Services: Clients must bring an interpreter with them	Ages Served: All ages
Mental Health/Addictions	Services Provided:	Specialty Treatments:	
<ul> <li>✓ Ability to Prescribe Medication</li> <li>✓ Addiction IOP</li> <li>✓ Addiction Outpatient</li> <li>✓ Family Therapy</li> <li>✓ Group Therapy</li> </ul>	<ul> <li>✓ Individual Therapy</li> <li>✓ Medication</li> <li>Management</li> <li>✓ PRP</li> <li>✓ Psychiatric Evaluations</li> <li>✓ Vivitrol Treatment</li> <li>✓ Peer Support</li> </ul>	<ul><li>✓ Anger Management Groups</li><li>✓ Co-occurring Treatment/Dual Diagnosis</li><li>✓ Forensic</li></ul>	<ul><li>✓ Veterans</li><li>✓ Art Therapy</li><li>✓ Play Therapy</li><li>✓ LGBTQ</li><li>✓ Eating Disorders</li></ul>

Family Tree Therapy, LLC					
Address:	Phone:	Hours of Opera	ation:	Payment Type(s):	
11022 Nicholas Lane	443-735-4812	Call to schedule	appointment	BlueCross/Blueshield, Self	
Suite 2		Mon-Thur 11am	-7pm	Pay	
Ocean Pines, MD 21811			•		
	Website:			Ages Served:	
	FamiltyTreeTherapyLLC.com			2-19	
Mental Health Services Provide	ed:		Specialty Treatn	nents:	
☑ Family Therapy			✓ Play Therapy		
✓ Individual Therapy			☑ Parent-Child		
Other Behavioral Health Service	es: Out-patient Mental Health in Office	ce c			

Address:	Address:	ehavioral Healt Hours of Opera		Payment Type(s):
11672 Somerset Ave	803 N. Salisbury Blvd Suite		ntment and walk-in.	Medicaid, Private
Princess Anne, MD 21853	2200	Mon-Thur: 9am		· ·
Fillicess Affile, MD 21000	Salisbury, MD 21804	Fri 9am - 5pm	- <i>t</i> piii	Insurance, Self Pay, Uninsured
Phone: 410-621-5858	Phone: 443-978-7838			
Fax: 410-621-5799	Fax: 410-621-5799	Sat 9am -1pm Website: www.focuspointbh.com		Ages Served: Adolescent – Adult
Mental Health / Addictions Ser	vices Provided:	Spec	ialty Treatments:	
☑ Addiction IOP	☑ PRP	☑ Co	o-occurring Treatmer	nt/ Dual Diagnosis
☑ Addiction Outpatient	✓ Suboxone Treatment		J	J
✓ Individual Therapy	✓ Vivitrol Treatment			
✓ Medication Management				

Garner, Doris C., PhD						
Address 1: 8420 Follow Ditch Rd. Westover, MD 21871  Phone: 410-957-3105 Fax: 410-952-3148	Address 2: 10031 Old Ocean City Blvd, Berlin, MD 21811  Phone: 410-957-3105 Fax: 410-952-3148		Office Hours: Call to schedule appointment Mon-Thurs 9am - 6:30pm Friday 9am – 5pm Saturday 8am – 12pm *Intake by appointment only	Payment Type(s): Medicare, Private Insurance, Self Pay  Ages Served: 3 - 100		
Mental Health Provided:  ☑ Family Therapy ☑ Individual Therapy		☑ Lesbian/0				
Other Behavioral Health Services: Te	sting for ADD and AD	OHD for Adults	and Children			

		Go-Getters, Inc	<b>)</b> .		
Address 1:	Address 2:	Address 3:	Hours of	Operation:	Payment Type(s):
431 E Main St.	7033 Worcester Hwy.	11559 Somerset Ave.	Mon–Fri	8am-4pm	Medicaid
Salisbury, MD 21801	Newark, MD 21841	Princess Anne, MD			
		21853	Phone:		
			410-341-3	3420	Ages Served:
Website:					18+
www.lowershoreclinic.org			Referrals	) <b>:</b>	
Live Chat via website			443-859-	7774 or	
			referrals@	plowershoreclinic.org	
Mental Health/Addictions	Services Provided:	L		Specialty Treatments:	<u> </u>
	✓ RRP			☑ Forensic	
☑ PRP		tial Crisis Beds		☑ Geriatric	
Other Behavioral Health	Services: Supported Em	ployment Services			

	Go-Getters, Inc. – Fri	endship Netw	ork	
Address:	Phone:	Hours of Opera	ntion:	Payment Type(s):
403 E. Main St.	410-341-3420	Mon-Fri		Medicaid, Medicare
Salisbury, MD 21801		8am-3pm		
	Referrals:			
Website:	443-859-7774 or			Ages Served:
www.lowershoreclinic.org	referrals@lowershoreclinic.org			55+
Mental Health Services Provided:		I	Specialty Treatm	ents:
☑ PRP	☑ RRP		N/A	
Other Behavioral Health Services:	provide a high-quality mental hea	alth rehabilitation s	services to people of	ver the age of 55 living in

Somerset, Wicomico, and Worcester counties. Our goals are to advocate for and encourage seniors to develop self-sufficiency, interdependence, and maximized potential while maintaining good physical and mental health.

	Go-Getters, Inc.	- Peer Connection	าร	
Address: 108 W. Lehigh Ave Salisbury, MD 21801	Phone: 410-341-3420	Hours of Operation: Referral Program 8am-4pm  Referrals: 443-859-7774 or referrals@lowershoreclinic.org		Payment Type(s): Medicaid, Medicare
Website: www.lowershoreclinic.org Live Chat via website				Ages Served: 18+
Mental Health/ Addiction Services  ☑ Peer Support ☑ PRP ☑ Residential Treatment Center	Specialty Treatr  ✓ Co-occurring  Diagnosis			
Other Behavioral Health Services: problems and cope with mental health	h symptoms, improve daily liv			

and educational/vocational success.

Go-Getters, Inc. –Transitional Aged Youth (Wulff PAK)					
Address: 108 W. Lehigh Ave. Salisbury, MD 21801	Phone: 410-341-3420	Hours of Opera Mon-Fri 8am -4pm		Payment Type(s): Medicaid, Uninsured	
Website: www.lowershoreclinic.org Live Chat via website	Referrals: 443-859-7774 or referrals@lowershoreclinic.org			Ages Served: 18-29	
Mental Health Services Provided:  ☑ Medication Management ☑ F ☑ Peer Support ☑ F		Specialty Treatm  ✓ Anger Manage  ✓ Co-occuring T  Diagnosis	ment Groups		
Other Behavioral Health Services: problems and cope with mental health					

	Hands of Hope Cour	seling Services, LLC	
Address: 111 W. Main St., Ste E Salisbury, MD 21801	Phone: 443-944-0794	Hours of Operation: Appointments required Monday – Friday 9:00am – 7:00pm  Saturday 9:00am – 1:00pm	Payment Type(s): Medicaid, Medicare, Private Insurance, Self- Pay Ages Served: 6-99
Mental Health Services Provided:  ☑ Family Therapy ☑ Individual Therapy ☑ Group Therapy	☑ Telehealth Services	Specialty Treatments:  ☑ Anger Management Groups ☑ Veterans	
Other Behavioral Health Services:			

Address:	Phone:	ni, J. S., MD	Doymont Type(s)
1300 S. Division St., #A Salisbury, MD 21804	410-219-3488 Fax: 410-219-5900	Hours of Operation: Call to schedule appointment Monday-Friday 1pm-4pm	Payment Type(s): Medicare, Private Insurance Ages Served: 18+
Mental Health Services Provided		Specialty Trea	tments:
<ul><li>☑ Ability to Prescribe Medication (</li><li>☑ Medication Management</li><li>☑ Psychiatric Evaluations</li></ul>	except ADHD)		
Other Behavioral Health Services	S:		

	Harmony Couns	seling Services, LLC	
Address:	Phone:	Hours of Operation:	Payment Type(s):
1201 Pemberton Dr, Suite 1D	410-632-6688	Call or email to schedule appointment	Medicaid, Private
Salisbury, MD 21801			Insurance, Self-Pay
		Email:	
Website:		hoffman@harmonycounselingsby.com	Ages Served:
Harmonycounselingsby.com			18 - 100
Mental Health Services Provided:		Specialty Treatments:	
✓ Individual Therapy		✓ Art Therapy	
☑ Telehealth Services		☑ LGBTQIA+ Ally	
		·	
Other Behavioral Health Services: Anxiety	, Depression, Job/W	ork Stress, Life Transitions, Women's Issues	and BIPOC

Hudson Health Services					
Address:	Phone:	Hours of Operation:	Payment Type(s):		
1505 Emerson Ave	410-219-9000	Walk-in assessment hours	Medicaid, Private Insurance, Self Pay,		
Salisbury, MD 21801		Mon-Fri 8am – 11am	Uninsured, Delaware Medicaid		
		Appointments can also be			
Website:	Fax:	scheduled	Ages Served:		
www.Hudson-Health.org	410-742-7048		18+		
		Please visit hudson-health.org			
		> Admissions Planning for more information			
		more information			
Mental Health/Addictions S	ervices Provided:		Specialty Treatments:		
☑ Addiction Inpatient		✓ Vivitrol Treatment	☑ Co-occurring Treatment / Dual		
☑ Addiction Transitional Hou	ısing		Diagnosis		
✓ Detox	-				

**Other Behavioral Health Services:** Hudson Health Services' Halfway and Transitional Houses are located in Salisbury, Maryland and in Georgetown, Delaware.

		Island Car	е Ме	ntal Health		
Address: 11022 Nicholas Lane., Unit 2 Suite Berlin, MD 21811	1	<b>Phone:</b> 410-641-5190		Hours of Operation: Call to schedule appointment	Payment Type(s): Medicaid, Medicare, Private Insurance Ages Served: 5+	
Mental Health Services Provided:  ☑ Ability to Prescribe Medication ☑ Family Therapy ☑ Individual Therapy	☑ Me Manag	edication agement amily Therapy		Decialty Treatments: Anger Management Groups Co-occuring Treatment/Dual agnosis	<ul> <li>✓ Play Therapy</li> <li>✓ First Responders</li> <li>✓ Geriatric Psychiatry</li> <li>✓ LGBTQ</li> <li>✓ PTSD Trauma</li> </ul>	
Other Behavioral Health Services Depression, Anxiety, Panic Disorder health disorders.						

J. David Collins and Associates, LLC						
Address 1: 540 Riverside Dr., Suite 8, Salisbury, MD 21801 Phone: 410-548- 3333	Address 2: 828 Airpax Ro Building B Su Cambridge, N Phone: 410-8	ite 300 ID 21613	Address 3: 30256 Mt. Vernon Road Unit H Princess Anne, MD 21853 Phone: 410-548-3333	Appoint intake Mon-Fr Please Card	of Operation: tments and walk-ins for i 9am-5pm bring ID and Insurance re/Email: avidcollins.com	Payment Type(s): Medicaid, Medicare, Private Insurance, Self Pay, Sliding Fee Scale, Uninsured  Ages Served: 6+ Mental Health 18+ Substance Abuse
Mental Health/Addict  ✓ Ability to Prescribe  ✓ Addiction IOP  ✓ Addiction Outpatien  ✓ Family Therapy  ✓ Group Therapy  ✓ Individual Therapy	Medication	✓ Medic ✓ Telep ✓ Subox	ation Management syhciatry kone Treatment ol Treatment		Specialty Treatments:  ☑ Geriatric ☑ Co-occurring Treatment/ Dual Diagnosis ☑ Anger Management Groups ☑ LGBTQ ☑ Trauma Informed Therapy	/ Wasc

	Lead	4Life, Inc	
Address:	Phone:	Hours of Operation:	Payment Type(s):
225 N. Division St	443-978-7864	Monday - Thursday - 8:00am - 5:00pm	Medicaid, Self Pay
Salisbury, MD 21801		Friday - 8:00am – 3:00 pm	Grants
		Saturday - 9:00am – 12:00pm	
Website:	Language Services:		Ages Served:
www.lead4lifeinc.org	Bilingual Staff (Spanish)	Intakes by appointment only	5 - 65
	Interpreter Services (Haitian Creole,	Please call to schedule	
	Spanish)		
	Language Line		
<b>Mental Health Service</b>	s Provided:	Specialty Treatments:	
	☑ PRP	Anger Management Groups	
☑ Group Therapy		☑ Art Therapy	
✓ Individual Therapy	✓ Telehealth Services	☑ Co-occurring Treatment/ Dual Diagnor	sis
		✓ Trauma	
Other Behavioral Hea	Ith Services: Trauma – cognitive behavio	ral, exposure, psychotherapy. Mind-Body med	dicine approach.
	and workforce developments.	······································	

	Life C	Crisis Center, Inc	
Address:	Phone:	Business Office Hours	Payment
P.O. Box 387	410-749-4357 or 211	9 AM - 5 PM	Type(s):
Salisbury, MD 21803	(Crisis Line – 24/7)	Counseling services for victims of child abuse, adults molested as children, child witnesses of domestic	Free Counseling
Language: F/F Services offered in	Domestic Violence Shelter (24/7)	violence, sexual assault and intimate partner violence are upon appointment only at 410749-4357.	Services
English and Spanish.  Crisis lines utilize the Language Line.	Available upon screening and approval. Please call number above for screening	Legal services include 24/7 advocacy and legal representation for victims of intimate partner violence if determined to be eligible.	Ages Served: All ages
Mental Health Services Pro	vided:	Specialty Treatments:	
		☑ Anger Management Groups	
✓ Individual Therapy		☑ Art Therapy	
☑ Group Therapy		✓ Play Therapy	
		☑ Trauma – EMDR, ITR for Child Abuse (Physical &	
		Sexual), Child witnesses to Domestic violence, Adults	
		molested as children, sexual assault, intimate partner violence.	

**Other Behavioral Health Services:** Transitional Housing, Victims of DV and Sexual Assault/Rape, Abuser's Intervention Program for domestic violence offenders, Community Training and Outreach, Lower Shore Visitation Center.

		Life's	Energy Wellness	Center Inc.		
Address 1: 2324 West Zion Rd Suite 112 Salisbury, MD 21801 Phone: (800) 867-2395  Address 2: 514 Poplar St. Cambridge, MD 21613  Phone: (800) 867-2395	Address 3: 8737 Brooks Dr. Easton, MD 2160 Phone: (800) 86		Language Services: Bilingual Staff: (Spanish, Haitian Creole) Interpreter Services on site: (Haitian Creole, Spanish) Language Line	Hours of Operation: Open Access Walk-In 10am-2pm Monday-Frid Online Telehealth Assessments 10am-2pm Monday-Friday.  Patient should bring if available ID, Insurance Card, Social Security C	m	Payment Type(s): Medicaid, Medicare, Private Insurance, Self Pay, Sliding Fee Scale, Uninsured  Ages Served: All ages  Website/Email: www.lewcinc.org
Mental Health/Addiction  ☑ Ability to Prescribe Me  ☑ Addiction Outpatient  ☑ Addiction Transitional  ☑ Family Therapy  ☑ Group Therapy  ☑ Individual Therapy  ☑ Psychiatric Evaluation  ☑ Mental Health IOP  ☑ Telehealth Services	edication	edication eer Supp RP ublocade uboxone ubutex vitrol		Specialty Treatments:  ☑ Anger Management Groups ☑ Co-occurring Treatment/ Dual Diagnosis ☑ Art Therapy ☑ Music Therapy ☑ Play Therapy ☑ LGBTQ+ ☑ Eating Disorders	☑ F ☑ T Trau Trea ☑ ( ☑ F	Sex Offender Forensic Frauma Informend and uma Responsive atment Gambling Treatment Harm Reduction Services
Other Behavioral Health and trauma support group				prevention. Trauma – Gend	er spe	cific trauma treatment

LifeMark Inc.						
Address:	Phone:		Hours of Operation:	Payment Type(s):		
116 W. Main St., Suite 204	443-859-8584		Call to schedule appointment	Medicaid, Private		
Salisbury, MD 21801	Fax:		Mon & Tues. 8am – 4pm	Insurance, Self Pay		
	443-859-8496		Wed & Thurs. 8am – 6:30pm			
Website/Email:	Language Servi	ces:	Fri. 8am – 2pm	Ages Served:		
www.lifemark.pro	Bilingual Spanish		No Weekend Appointments	3+		
·						
Mental Health/ Addiction Services Provide	ed:	Specialty Treatments:				
		☑ Gr	☑ Grief			
✓ Group Therapy		☑ Co	☑ Co-occurring Treatment/ Dual Diagnosis			
✓ Individual Therapy		☑ Ge	☑ Geriatric			
✓ Psychiatric Evaluations		☑ Pla	✓ Play Therapy (Patients only)			
				☑ Trauma - PTSD		
			☑ Veterans			
Other Behavioral Health Services: Couples therapy, Marriage Counseling, Specializing in Cognitive Behavioral Therapy for depression and anxiety						

Lighthouse Counseling & Consulting Services					
Address:	Phone:	Hours of Opera	ition:	Payment Type(s):	
1504 Market St.	410-957-4200	Mon-Thurs 11ar	n-8pm	Medicaid, Private	
Pocomoke City, MD 21851		Weekends avail	able by	Insurance, Self Pay,	
		appointment only		Sliding Fee Scale.	
PO Box 281, Pocomoke City, MD 21851	Fax:				
	410-957-6842				
Mental Health Services Provided:		•	Specialty Treatments:		
			✓ Sex Offender		
			☑ Certified Clinical Trauma Professional		
✓ Individual Therapy					
Other Behavioral Health Services: Couples therapy specializes in cognitive behavioral therapy for depression and anxiety. Trauma					

**Other Behavioral Health Services:** Couples therapy specializes in cognitive behavioral therapy for depression and anxiety. Trauma response, mediation, and distance counseling services are available.

Lighthouse Counseling Christian Ministry						
Address 1: 10026 Main St. Bldg 1 Berlin, MD 21811	Address 2: 120 B Arlington Rd Salisbury, MD 21801	Hours of Opera Monday-Friday & Appointment On	Bam-8pm	Payment Type(s): Medicaid, Medicare, Private Insurance, Self Pay, Sliding		
<b>Phone:</b> 410-973-2211	<b>Phone:</b> 410-973-2211	Website: www.lighthoused	counselingcm.com	Fee Scale, Uninsured  Ages Served: 4+		
Mental Health/Addictions	s Services Provided:		Specialty Treatments:			
✓ Addiction Outpatient ✓ Family Therapy ✓ Individual Therapy ✓ Mental Health IOP		<ul> <li>✓ Anger Management Groups</li> <li>✓ Eating Disorders</li> <li>✓ LGBTQ</li> <li>✓ Play Therapy</li> <li>✓ Veterans</li> </ul>				
Other Behavioral Health Services: Youth and Adolescent Counseling, Addictions Counseling (substance use, gambling, sex, etc.) Marriage/Couples Counseling						

Lower Shore Clinic Assertive Community Treatment (ACT) Team					
Address: 431 E. Main St Salisbury, MD 21801  Website/Email: www.lowershoreclinic.org	Phone: 410-341-3420  Referrals: 443-859-7774 or referrals@lowershoreclinic.org	Language Services: Language Line		Payment Type(s): Medicaid, Medicare, Uninsured  Ages Served: 18+	
Live chat via website  Mental Health Services Provided:			Succiality Typein		
<ul> <li>✓ Ability to Prescribe Medication</li> <li>✓ Individual Therapy</li> <li>✓ Medication Management</li> <li>✓ Mobile Treatment/ACT</li> </ul>	☑ Peer Support ☑ SEP/MHVP		Specialty Treatn  ✓ Co-occurring	reatment/Dual Diagnosis	
Other Behavioral Health Services	:				

	Lower Shore C	linic, Inc.		
Address: 505 E Main St.	Phone: 410-341-3420	Hours of Opera Intake by walk-in		Payment Type(s): Medicaid, Medicare,
Salisbury, MD 21804	<b>Referrals:</b> 443-859-7774 or	Mon-Thurs 12pm		Private Insurance, Sliding Fee Scale, Self Pay, Uninsured
Website/Email: www.lowershoreclinic.org Live chat via website	referrals@lowershorecl inic.org	Please bring photo identification,		Ages Served:
	Language Services: Language Line ASL Interpreter	·		
Mental Health Services Provided:	I		Specialty Treatm	nents:
☑ Ability to Perscribe Medication	✓ Vivitrol Treatment		☑ Co-occuring T	
	✓ Mobile Treatment / ACT		Diagnosis	
			☑ Gambling Trea	atment
✓ Individual Therapy			☑ Geriatric	
✓ Medication Management			☑ Harm Reduction	on
			☑ Trauma – Plea	ase see below
Other Behavioral Health Services: Prov	vides EMDR, CPT and Neuro-f	eedback services		

	Maple Sha	de Youth & Family	Services, LLC		
Address 1: 23704 Ocean Gateway Mardela Springs, MD 21837 Phone:410-677-0202 Fax:410-677-0303	Address 2: 11760 Somerset Ave, Princess Anne, MD 21853 Phone:410-621-5177 Fax:410-621-5050	Address 3: 382 West Main St., Crisfield, MD 21817  Phone:410-968- 3547  Fax:410-968-1078	Hours of Operation: office hours: 9-4pm, one Saturday a month  Intake by appointment only Bring MA card, SS card, Birth Cert.  Website/Email: www.maple-shade.org		Payment Type: Medicaid, Medicare, Self Pay  Ages Served: 5-17 We accept adults if their child is in services.
Mental Health Services  ✓ Ability to Prescribe N  ✓ Family Therapy  ✓ Group Therapy  ✓ Individual Therapy		☑ Art T	Ity Treatments: Therapy Therapy		
Other Behavioral Health Services: *Day Respite services in the comminuty (Not overnight). School based and community-based services					

Mosaic Counseling & Wellness, LLC						
Address:	Phone:	Hours of O	peration:	Payment Type(s):		
207 W Main St	443-614-2348		: 8:00am-6:00p Tues:	Medicaid, Private		
Suite #2			00p Wed: 9:00am-	Insurance, Self Pay		
Salisbury, MD 21801	Language Services:	7:00p Thurs	s: 11:00am-8:00p			
***	English			Ages Served:		
Website:		, ,	ppointment. Call (443)	5+		
Mosaiccounselingandwellness.com		614-2348 or				
			_			
Meltal Health Services Provided:			Specialty Treatment	ts:		
			☑ Play Therapy			
✓ Individual Therapy						
Other Behavioral Health Services:						
Other Behavioral freath Octales.						

Open Arms & Hearts Health Services, LLC						
Address:		Phone: Hours of Operation:			Payment Type(s):	
1532 Ocean Highway, Suite 102				Medicaid, Private		
Pocomoke City, MD 21851-3023			Sat – 5am –	- 12pm	Insurance, Self Pay,	
		Language Services:				
Website:		Spanish	Intakes:		Ages Served:	
Openarmshearts.com			Mon – Sat 5	5am – 11am	18+	
Mental Health / Substance Abuse Services Provided:				Specialty Treatments:		
☑ Ability to Prescribe Medication	☑ Med	dication Management		✓ Anger Management Groups		
☑ Addiction IOP	☑ Tele	epsyhciatry		✓ Art Therapy		
☑ Addiction Outpatient		hadone Treatment		☑ Co-occurrig / Dual Diagnosis		
☑ Group Therapy	☑ Pee	er Support		☑ LGBTQ		
✓ Individual Therapy	☑ Sub	outex Treatment		✓ Trauma - Veteran	s	
☑ DUI/DWI	☑ Sub	oxone Treatment				
	☑ Vivi	trol Treatment				
		· · · · · · · · · · · · · · · · · · ·				
Other Behavioral Health Services	<b>:</b> :					

Pe	ninsula Menta	l Health Servic	es and Peninsula Addictions Servi	ces	
Address:		Phone:	Hours of Operation:	Payment Type(s):	
102 West Market St.		410-860-2673	Mon – Fri 8am – 8pm	Medicaid, Private	
Salisbury, MD 21801			1	Insurance, Self Pay,	
		F	Intakes can be scheduled or walk-in;	Uninsured	
		<b>Fax:</b> 410-860-0450	patients should bring identification and insurance card or proof of applying for	Ages Served:	
		410-000-0430	health insurance	18 +	
			Health insurance	10 .	
<b>11</b> (111 141 / 14			0 111 7 1		
Mental Health/Addictions	Services Provide	ed:	Specialty Treatments:		
	✓ Medication	•	☑ Co-occurring Treatment/Dual		
Medication	✓ Outpatient I	Mental Health	Diagnosis		
☑ Addiction IOP	✓ Suboxone 1	reatment	☑ First Responders		
	✓ Vivitrol Trea	itment			
☑ Group Therapy	✓ Subutex Tree	eatment	☑ LGBTQ		
✓ Individual Therapy		Services			
Other Behavioral Health S	Services:				

	Perdue Art The	Perdue Art Therapy & Counseling					
Address:	Phone:	Hours of Operation:	Payment Type(s):				
107 W. Main St., 2 <sup>nd</sup> Floor, Unit 102	443-735-4114	Call to schedule appointment	Medicaid, Private				
Salisbury, MD 21801		Tues. 10:00am – 5:00pm	Insurance, Self-Pay				
147 1 14		Wed. 8:00 am – 4:00pm					
Website:		Thurs. 11:00am – 5:00pm	Ages Served:				
www.perduearttherapy.com		Fri. 8:00am -12:00pm	20-99				
Mental Health Services Provided:		Specialty Treatments:					
✓ Individual Therapy		✓ Art Therapy					
_ mamada merapi		☑ Early onset Alzheimer/Dementia					
Other Behavioral Health Services:							

ReEnvision Counseling & Reiki Healing, LLC					
Address:	Phone:	Hours of Operation:		Payment Type(s):	
313 West London Ave	410-610-1990	By appointn	nent	Medicaid, Private	
Salisbury, MD 21801				Insurance, Self Pay,	
	Language Services:				
Website:	N/A			Ages Served:	
www.reenvisioncounseling.com				18 - 65	
Mental Health / Substance Abuse Services	s Provided:		Specialty Treatment	s:	
✓ Individual Therapy			☑ LGBTQ		
☑ Telehealth Services					
Other Behavioral Health Services:					

Reeves, Talmadge C, MD					
Address: 233 West Main St.	Phone: 410-749-0124	Hours of Operation:		Payment Type(s): Self Pay	
Salisbury, MD 21801	410-749-0124	Call to schedule appointment Mon, Thurs, Fri 9am-5pm		(No credit cards)	
	<b>Fax:</b> 410-546-4872			Ages Served: 18+	
Mental Health Services Provided:	1	1	Specialty Treatments:		
✓ Ability to Prescribe Medication ✓ Individual Therapy			<ul><li>✓ Eating Disorde</li><li>✓ LGBTQ</li></ul>	ers 🗹 Geriatric	
☑ Psychiatric Evaluations			☑ Trauma - PTSI	D	
Other Behavioral Health Services:					

Safe Harbour Addiction Counseling					
Address:	Phone:	Hours of O	peration:	Payment Type(s):	
11022 Nicholas Lane	443-365-0699	Mon - Friday	У	Self Pay	
Ocean Pines South Unit #2					
Berlin, MD 21811	Language Services:	: Intakes and Counseling by		Ages Served:	
	N/A	appointmen	t	18+	
Website:					
safeharbouraddictioncounseling.com					
Substance Abuse Services Provided:			Specialty Treatment	s:	
✓ Individual Therapy			☑ Co-occurring Trea	tment / Dual Diagnosis	
☑ Group Therapy			☑ Gambling Treatment	ent	
			☑ Harm Reduction S	Services	
Other Deberieral Health Comisses, Transf	ara Dafarrala Dhana Can	a14			
Other Behavioral Health Services: Transf	ers, Referrals, Phone Con	Suit			

	Seaside Cor	unseling & W	ellness Center	
Address: 10776 Grays Corner Rd, Suite 2 Berlin, MD 21811	Phone: 410-973-2525 Fax: 410-973-2527	Schedules individual the Website:	Operation: edule appointment are flexible and based on nerapists availability.  decounselingandwellness.com	Payment Type(s): Medicaid, Medicare, Private Insurance, Self Pay, Sliding Fee Scale, Uninsured Ages Served: 4+
Mental Health/Addictions Set  ☑ Addiction Outpatient ☑ Family Therapy ☑ Individual Therapy ☑ Telehealth Services	rvices Provided:	Specialty Treatments:  ☑ Co-occurring Treatment/ Du ☑ First Responders ☑ LGBTQ ☑ Play Therapy ☑ Trauma		ral Diagnosis
Other Behavioral Health Servitherapy	rices: Trauma- Childhood a	and recent trauma	as and PTSD. Maternal mental h	nealth and mindfulness

Address:	Phone:	Hours of C	Hours of Operation:	
309 Newton St.	410-749-8038	Intake by a	ppointment based on	Medicaid, Self Pay
Salisbury, MD 21801		bed availab	oility.	
				Ages Served:
Website/Email:	Fax:	Office hour	Office hours are 10am-4pm	
www.secondwindinc.net	410-749-8040			
Addictions Services Provided:			Specialty Treatment	s:
☑ Addiction Outpatient	Peer Support		☑ Anger Manageme	nt Groups
		Housing	☑ Co-occurring Trea	tment/ Dual Diagnosis
☑ Group Therapy	•	ŭ		·
✓ Individual Therapy			☑ Harm Reduction	

Somerse	t County Health Departme	ent	
Address:	Hours of Operation:		Payment Type(s):
8928 Sign Post Rd.	Mon-Fri 8am-4:30pm		Uninsured
Suite 2			
Westover, MD 21871	Languate Services:		Ages Served:
Phone:	Website:		
443-523-1700	www.somersethealth.org		
Addictions Services Provided:		Specialty Treatm	ents:
☑ Peer Support		N/A	
Other Behavioral Health Services:		•	

Address:	Phone:	Hours of Opera	ation:	Payment Type(s):
11674 Somerset Ave,	410-621-5739	Mon-Fri		Uninsured
Princess Anne, MD 21853		8am-5pm		
	Fax:	·		Ages Served:
	410-621-5426	Language Serv	/ices:	18+
Website:		Interpreter Serv	ices – Spanish	
www.somersethealth.org			·	
Addictions Services Provided:		1	Specialty Treat	ments:
✓ Peer Support			☑ Anger Manager	gement Groups
			☑ Veterans	,
☑ State Care Coordination Services				
☑ Re-Entry Services				

	Stange, 0	Carol, LCSW	
Address: 106 Circle Ave. Salisbury, MD 21801	Phone: 410-430-0727	Hours of Operation: Call to schedule appointment Tues, Thurs, and Fri 1pm – 8pm	Payment Type(s): Medicaid, Medicare, Private Insurance, Self Pay Ages Served: 18+
Mental Health Services Provided:  ☑ Family Therapy ☑ Individual Therapy		Specialty Treatments:	
Other Behavioral Health Services:			

	The Personal We	Ilness Center		
Address: 6508 Deer Pointe Dr Suite 4C Salisbury, MD 21804 Website/Email: www.thepersonalwellnesscenter.com	Phone: 410-742-6016 Fax: 410-742-6014 Language Services: Spanish – Bilingual Staff onsite	Hours of Operation: Call to schedule appointment Mon-Thurs 8am-7pm Fri 8am-5pm		Payment Type(s): Medicaid, Medicare, Private Insurance, Self Pay, Sliding Fee Scale, Unisured Ages Served: 5+
Mental Health Services Provided:			Specialty Treatm	
☐ Family Therapy ☐ Telehealth☐ Group Therapy	Services		☐ Eating Disorde☐ ☐ Geriatric	rs
✓ Individual Therapy			✓ Play Therapy	
☑ PRP			☑ Trauma	
Other Behavioral Health Services: Certifie and Motivational Interviewing.	d Clinical Trauma Profess	ional. Cognitive Bo	ehavioral Therapy,	Dialectic Behavior Therapy

Tid	TidalHealth McCready Outpatient Behavioral Health Clinic				
Address:	Phone:	Hours of Operation:	Payment Type(s):		
201 Hall Highway	410-968-1801 -Ext. 3	Mon-Fri 8:00pm - 5pm	Medicaid, Medicare,		
Crisfield, MD 21817			Private Insurance, Self		
		Please call to schedule an	Pay, Uninsured		
Website/Email:	Fax:	appointment			
www.tidalhealth.org	410-968-9380		Ages Served:		
		Language Services:	5+		
		Language Line			
Mental Health and Addiction Serv	vices Provided:	Specialty Treatments:			
☑ Ability to Prescribe	✓ Medication Management	✓ Art Therapy	☑ LGBTQ		
Medication	✓ Peer Support	☑ Co-occurring Treatment / □	☑Music Therapy		
☑ Addiction IOP	☑ Psychiatric Evaluations	Dual Diagnosis	☑ Play Therapy		
Addiction Outpatient	☑ Telepsychiatry	☑ Eating Disorders	☑ Trauma		
		☑ Gambling			
		☑ Geriatric			
✓ Individual Therapy					
·					
Other Behavioral Health Services: Trauma-Focused Cognitive Behavioral Therapy, Trauma-Informed Care Approach					

TidalHealt	Adult Inpatient Acu	te Unit	
Address:	Phone:	Language Services:	Payment Type(s):
100 E. Carroll St.	410-543-7162	Language Line	Medicaid, Medicare, Private
Salisbury, MD 21801			Insurance, Self Pay, Uninsured
			Ages Served:
Website/Email:	Fax:	Hours of Operation:	18+
www.tidalhealth.org	410-543-7165	24/7	
Mental Health/Addictions Services Provid	ed:		Specialty Treatments
☑ Ability to Prescribe Medication		apy	✓ Music Therapy
		Acute Inpatient	
☑ Individual Therapy	☑ Psychiatric	Evaluations	
Other Dehavioral Health Comisses Traying	Informed Core Approach		
Other Behavioral Health Services: Trauma	i-iniornied Care Approach		

TidalHealth F	eninsula Reg	ional Pa	artial Hospitalization Prog	gran	1
Address:	Phone:		Hours of Operation:		Payment Type(s):
100 E. Carroll St.	410-543-4738		Mon-Fri 8:30am - 3pm		Medicaid, Medicare,
Salisbury, MD 21801			Self-Referral: Please call: 410-543-4738		Private Insurance, Self Pay, Uninsured
Website/Email:	Language Ser	vices:			Ages Served:
www.tidalhealth.org	Language Line		If linked with a provider have them fax clinical information directly to: 410-543-4738		18+
Mental Health and Addiction Services Pro	vided:	Special	ty Treatments:		
☑ Ability to Prescribe Medication		_	r Management Groups	$\checkmark$	LGBTQ
☑ Group Therapy		☑ Art T			Music Therapy
✓ Medication Management			er Management Groups		Play Therapy
☑ PHP			g Disorders	$\checkmark$	Trauma
▼ Telepsychiatry		☑ Geria	tric		
Other Behavioral Health Services: Recreational Therapy, DBT, Mindfulness, CI	BT. Trauma-Focu	sed Coar	nitive Behavioral Therapy. Traur	na-In	formed Care Approach

Tio	dalHealth Peninsula Regiona	al Outpatient Behavioral	Health Clinic
Address 1: 100 E. Carroll St. Salisbury, MD 21801  Phone:410-543-7119 Fax:410-677-6675  Hours of Operation: Mon – Fri 7:30am to 6:00pm Please call to make an appointment. No Intake required	Address 2: Woodbrook Primary Care-Behavioral Health Services 1639 Woodbrook Dr. Salisbury, MD 21801  Phone:410-912-5785  Hours of Operation: M-F 8am-4:30pm.	Address 3: Ocean Pines Primary Care Behavioral Health Services  Phone:410-912-6104  Hours of Operation: Friday's Only 8am-4:30pm.	Payment Type: Medicaid, Medicare, Self Pay  Ages Served: 5+  Language Services: Language Line  Website: www.tidalhealth.org
Mental Health Services Pro  ☑ Ability to Prescribe Medio ☑ Family Therapy ☑ Group Therapy ☑ Individual Therapy ☑ Transcranial Magnetic Stimulation (TMS)  Other Behavioral Health Services Pro ☑ Health Health Pro ☑ Health Health Health Health Pro ☑ Health He	Medication Manager  ✓ Vivitrol Treatment  ✓ Medication Manager  ✓ PRP  ✓ Psychiatric Evaluation  ✓ Telepsychiatry	nent	Specialty Treatments:  Play Therapy Eating Disorders Gambling Geriatric GERTQ Sand Tray Therapy Trauma

White Flint Recovery, Eastern Shore, Inc.					
Address 1:	Address 2:	Phone:	Language	Payment Type(s):	
130 E. Main St.	11089 Ocean Gateway, Unit 2	410-749-6422	Services:	Medicaid, Private	
Salisbury, MD 21801	Berlin, MD 21811		Spanish	Insurance, Self Pay,	
Hours of Operation:		Fax:		Sliding Fee Scale,	
Mon-Fri 10am-6pm	Hours of Operation:	410-749-7861		Uninsured	
Mon-i ii Toam-opin	Mon-Thurs. 9am-8pm			Ages Served: 16+	
	Saturday 8am-2pm				
Addictions Services Provided:		Specialty Treatments:			
✓ Addiction IOP			N/A		
✓ Addiction Outpatient					
✓ Individual Therapy					
✓ Vivitrol Treatment					
Other Behavioral Health Service	ces:				

Wicomico County Health Department - Behavioral Health					
Address: 108 E. Main St. Salisbury, MD 21801  Website/Email: www.wicomicohealth.org	Phone: Addictions: 410-742-3784 Mental Health: 410-334-3497  Language Services: ASL Interpreter, Spanish, Haitian Creole, French and/or Language Line for all others	Hours of Operation: Addictions: M, W, Th 8am-8pm,		Payment Type(s): Medicaid, Medicare, Private Insurance, Self Pay, Uninsured  Ages Served: Addictions: 12-adulthood  Mental Health: 4-18 and co-occurring adults	
Mental Health/Addictions  ☑ Ability to Prescribe Medication ☑ Addiction IOP ☑ Addiction Outpatient ☑ Family Therapy ☑ Telehealth Services  Other Repositoral Health	<ul><li>☑ Group Therapy</li><li>☑ Individual Therapy</li><li>☑ Medication</li><li>Management</li><li>☑ Methadone Treatment</li></ul>	✓ Naltrexone ✓ Suboxone Treatment ✓ Subutex Treatment ✓ Psychiatric Evaluations ✓ Vivitrol Treatment	☑ Forensics ☑ Harm Reduct	Treatment/Dual Diagnosis	
Other Behavioral Health Services: Substance use services at the Wicomico County Detention Center.					

	Wicomico (	County Health Department - PRP	
Address:	Phone:	Hours of Operation:	Payment Type(s):
Physical	410-543-6790	Mon – Friday 8am – 5pm	Medicaid
801 N. Salisbury Blvd			
Salisbury, MD 21801	Language Services: Language Line	Intakes and Counseling by appointment	Ages Served: All Ages
Mailing:		Website:	
108 E Main St		www.wicomicohealth.org/case-	
Salisbury, MD 21801		management/psychiatric-rehabilitation-program-prp/	
Meltal Health / Addiction	ns Services Provided:	Specialty Treatmen	ts:
☑ PRP		N/A	
		munity Visits, Individual Rehabilitation Planning, Caso Support Groups, 24 Hour on Call Availability	e Management, Health

Wicomico County Health Department – Targeted Case Management						
Address:	Phone:	Hours of O	peration:	Payment Type(s):		
Physical:	410-543-6790		ny 8am – 5pm	Medicaid, Uninsured		
801 N. Salisbury Blvd		After Hours	<ul><li>On Call</li></ul>			
Suite 102	Language Services:			Ages Served:		
Salisbury, MD 21801	Language Line, interpreter			18+		
	services					
Mailing:						
108 E Main St	Website:					
Salisbury, MD 21801	www.wicomicohealth.org					
			1			
Meltal Health / Addictions Service	es Provided:		Specialty Treatment	s:		
☑ Peer Support			☑ Harm Reduction			
☑ TCM for Adults						
011						
Other Behavioral Health Services	•					

Address:		Phone:	Hours of Operation:		Payment Type(s):
11827 Ocean Gateway Ocean City MD 21842		410-213-0202	Mon-Thurs 8am-6:30pm Fri 8am-4:30pm		Medicaid, Medicare, Private Insurance, Self Pay, Sliding Fee Scale
Website/Email: www.worcesterhealth.org		Language Services: Language Line			Uninsured Ages Served: 18+
Mental Health/Addictions	Services Provid	ed:	•	Specialty Tre	atments:
✓ Addiction IOP ✓ Addiction Outpatient ✓ Adolescent Addiction ✓ Group Therapy ✓ Family Therapy ✓ Individual Therapy ✓ Peer Support ✓ Telepsychiatry	✓ Suboxone ✓ Subutex Treation ✓ Vivitrol Treation			☑ Co-occurri	ng Treatment/Dual Diagnosis

	ester County Health	Dopartinont	
Address 2: 9730 Healthway Dr. Berlin, MD 21811 Phone: 410-629-0164 Fax: 410-629-0185	Address 3: 400 Walnut St. #A Pocomoke, MD 21851 Phone: 410-957-2005 Fax: 410-957-2417	Hours of Operation: Mon-Fri 8am-5pm By appointment only  *During Pandemic Walk-In Intakes are not currently available*  Language Services: Language Line Interpreter Services Spanish-Bilingual Staff ASL	Payment Type(s): Medicaid, Medicare, Private Insurance, Self Pay, Sliding Fee Scale Ages Served: All ages Website/Email: www.worcesterhealth.org
Services Provided:	l	Specialty Treatments:	
☑ Peer ☑ PRP ☑ Psyc	Support hiatric Evaluations	✓ Anger Management Group ✓ Co-occurring Treatment/ Dual Diagnosis ✓ School Based Therapy	os ☑ Truama
	9730 Healthway Dr. Berlin, MD 21811  Phone: 410-629-0164  Fax: 410-629-0185  Services Provided: ication	9730 Healthway Dr. Berlin, MD 21811 Phone: 410-629-0164 Fax: 410-629-0185  Services Provided: ication  Medication Management  Peer Support PRP Psychiatric Evaluations Telepsychatry	9730 Healthway Dr. Berlin, MD 21811 Phone: 410-629-0164 Fax: 410-629-0185  Services Provided: ication  Peer Support Per Support Per Support Per Support Per Support Pocomoke, MD 21851 Phone: 410-957-2005 Fax: 410-957-2417  Hours of Operation: Mon-Fri 8am-5pm By appointment only Puring Pandemic Walk-In Intakes are not currently available*  Language Services: Language Line Interpreter Services Spanish-Bilingual Staff ASL  Specialty Treatments:  Anger Management Group Co-occurring Treatment/ Dual Diagnosis Co-occurring Treatment/ Dual Diagnosis School Based Therapy

**Other Behavioral Health Services:** Early intervention for young children, State Care Coordination, Targeted Case Management, Crisis Response Team, Safe Stations, jail based addiction services, jail based case management/re-entry services.

Worcester Youth & Family Counseling Services, Inc					
Address:	Phone:	Hours of Operation:	Payment Type(s):		
124 North Main St. Suite C	410-641-4598	Mon-Thurs 8:30am - 7pm	Medicaid, Medicare,		
Berlin, MD 21811		Fri 9am -1pm	Private Insurance, Self Pay, Sliding Fee Scale,		
Website/Email:	Fax:		Uninsured		
www.gowoyo.org	410-641-4696		Gillioured		
37 3			Ages Served:		
			4+		
Mental Health Services Provide	led:	Specialty Treatments:			
		☑ Co-Occurring Treatment / Dual	☑ Co-Occurring Treatment / Dual Diagnosis		
✓ Individual Therapy		☑ Eating Disorders			
		✓ LGBTQ			
		✓ Trauma			
Other Behavioral Health Servi	ces: Individual therapy for	victims of crime, EMDR, Animal Assisted	d Therapy		

	Wraparou	ınd Maryland		
Address:	Phone:	Hours of Operation:		Payment Type(s):
1118 East Main Street	410-219-5070	Mon-Fri 8am-5pm		Medicaid, Uninsured
Salisbury, MD 21804				
Website/Email: www.wraparoundmd.com info@wraparoundmd.com	<b>Fax:</b> 410-219-5072	Language Services: Language Line		Ages Served: 4+
Mental Health and Addiction Service	ces Provided:		Specialty Treatments	s:
<ul><li>✓ CCO/1915i TCM for Youth</li><li>✓ TCM for Adults</li><li>✓ Telehealth Services</li></ul>			☑ LGBTQ – Safe Spa	aces, LGBTQ Informed

Worcester Counties. TCM Plus without Medicaid. Provides adult targeted case management services in Somerset County.

Youth Care Center Incorporated

	Youth	Care Center Incorpora	ated	
Address 1:	Address 2:	Hours of Operation:	Pa	ayment Type:
200 Main St., Ste B	307 Timmons Street,		M	edicaid, Self Pay, Sliding Fee Scale
Salisbury, MD 21801	Snow Hill, MD 21863	Monday – Friday		
		10:00am - 6:00pm.	A	ges Served:
Phone:443-914-2922	Phone:443-914-2922		5-	100
		Language Services:		
		Language Line	W	ebsite:
			Y	outh-care.org
Mental Health Services F	Provided:		<u> </u>	Specialty Treatments:
	Medication N	Management		☑ Anger Management Groups
☑ Group Therapy	☑ PRP			☑ Veterans
✓ Individual Therapy	☑ Psychiatric E	Evaluations		
	☑ Telehealth S	ervices		
Other Behavioral Health	Services: Equine Rehabilita	tion		

## Regional Behavioral Health Providers

	Avenues Recove	ry Center a	t Eastern Shore		
Address: 821 Fieldcrest Road Cambridge, MD 21613	<b>Phone:</b> 410-673-4600	coordinator	peration: n appointment with an i please email: smd@avenuesrecovery		Payment Type(s): Medicaid, Medicare, Private Insurance, Self Pay Ages Served: 18+
Mental Health Services Provided  ✓ Addiction IOP  ✓ Addiction Outpatient  ✓ Addiction Inpatient  ✓ Detox  ✓ Family Therapy  ✓ Group Therapy  ✓ Individual Therapy	I:  ☑ Medication Manag ☑ Mental Health IOP ☑ PHP ☑ Residential Tresate ☑ Suboxone Treatmen ☑ Subutex Treatment ☑ Vivitrol Treatment	ment Center ent t	☑ Telehealth Services	-	
Other Behavioral Health Service	s:				

Chesapeake Treatment Services					
Address 1: 12417 Ocean Gtwy, Suite 7, Ocean City, MD 21842 Phone: 410-651-2204	Address 2: 402 Marvel Ct, Easton, MD 21601 Phone: 410-822-7150	Hours of Operation: Call to schedule appointment  Website: www.chesapeaketreatmentservices.com	Payment Type(s): Medicaid, Private Insurance, Self Pay  Ages Served: 18+		
Addiction Services Provided  ✓ Addiction Outpatient  ✓ Methadone Treatment  ✓ Suboxone Treatment	l:	Specialty Treatments:			
Other Behavioral Health Ser	vices:				

	Community Behavioral Health							
Address 1: 821 Eastern Shore Dr. Salisbury, MD 21804	Address 2: 107 East Market Street Snow Hill, MD 21863		Hours of Operation Online  Language Service (Spanish)  Phone: 844 224-5	· ·	Payment Type(s): Medicaid, Medicare, Private Insurance, Sliding Fee Scale, Uninsured Ages Served: 4+			
Address 3: 142 Coursevall Dr., Centreville, MD 21617	Address 4: 426 Dorchester Ave. Cambridge, MD 21613		Fax: 888 509-0010 Website: www.communitybe					
Mental Health/Addiction	ns Services Provided:			Specialty Treatments:				
<ul> <li>✓ Ability to Prescribe Medication</li> <li>✓ Addiction IOP</li> <li>✓ Addiction Outpatient</li> <li>✓ Family Therapy</li> <li>✓ Group Therapy</li> <li>Other Behavioral Healt</li> </ul>	✓ Individual Therapy ✓ Medication Mngmt. ✓ Mental Health IOP ✓ Peer Support ✓ PRP ✓ Psychiatric Evaluation	☑ Su ☑ TC ☑ Tel	spite boxone Treatment butex Treatment M for Adults lepsychiatry itrol Treatment	<ul> <li>✓ Anger Mngmt.</li> <li>✓ Art Therapy</li> <li>✓ Co-occurring Treatm Dual Diagnosis</li> <li>✓ Eating Disorders</li> <li>✓ Play Therapy</li> </ul>	☑ Sex Offender ent /			
Other Denavioral Healt	iii Services:							

Dover Behavioral Health System							
Address 1:	Address 2:	General Phone:	Language Services:	Payment Type(s):			
725 Horsepond Rd.	405 S. Bedford St.	855-609-9711	Interpreter services	Medicaid, Medicare,			
Dover, DE 19901	Suite 5	Fax:	Hours of Operation:	Private Insurance,			
	Georgetown, DE 19947	302-588-5724	Dover Office walk-in 24hrs.	Self Pay			
Phone:	(PHP)	Website/Email:	Georgetown Office Mon-Fri,	Ages Served:			
302-747-1100	Phone:	www.doverbehavioral.com	8am-4pm	12+			
	302-747-1421						
Mental Health/Addict	ions Services Provided:		Specialty Treatments				
☑ Ability to Prescribe	Medication	☑ Group Therapy	☑ Anger Management Groups	✓ Art Therapy			
☑ Addiction Inpatient	v		☑ Co-occurring Treatment/ Dual Diagnosis				
☑ Addiction IOP	v	Z PHP	✓ Music Therapy				
☑ Addiction Outpatier	nt 🔽	☐ Psychiatric Acute Inpatient	☑ Telepsychiatry				
☑ Detox		(Dover Only)	☑ Veterans				
	v	☐ Psychiatric Evaluations					
Other Behavioral Hea	alth Services:		1				

Eastern Shore Hospital Center							
Address: 5262 Woods Rd. Cambridge, MD 21613 Website/Email: https://health.maryland.gov/ESHC	Hours of Operation: 24/7, intakes generally by appointment Phone: 410-221-2300 Fax: 410-221-2558		Language Services: Phone, written, visual, and on-site interpretation.		Ages Served: 18+		
Mental Health/Addictions Services Provided:  ☑ Psychiatric Acute Inpatient		Specialty Treatments  ☑ Anger Management Groups ☑ Trauma ☑ Art Therapy ☑ Forensic ☑ Co-occurring Treatment / Dual Diagnosis					
Other Behavioral Health Services: Treatment in association with trauma informed care							

	Eastern Shor	e Psycho	ological Services, LLC	
Address: 1113 Healthway Dr. Salisbury, MD 21804  Phone: 410-334-6961 Mon & Wed 8am – 8pm Tues & Thus 8am – 7pm	Address 2: 29520 Canvasback Dr. Easton, MD 21601 Phone: 410-822-5007	Hours of Operation: Please check with each site for walk in times.  Website: www.espsmd.com  Language Services:		Payment Type(s): Medicaid, Medicare, Private Insurance, Self Pay, Sliding Fee Scale, Uninsured  Ages Served: All ages
Friday 8am – 5pm  *New clients seen Mon- Thurs arriving before 8am			ge Services: nust bring an interpreter with	
Medication □  Addiction IOP □  Addiction Outpatient □  Family Therapy □	Services Provided:  ☐ Individual Therapy ☐ Medication Management ☐ PRP ☐ Psychiatric Evaluations ☐ Vivitrol Treatment ☐ Peer Support		Specialty Treatments:  ☑ Anger Management Groups ☑ Co-occurring Treatment/Du Diagnosis ☑ Forensic ☑ Sex Offender ☑ Trauma	
Other Behavioral Health S	ervices: PTSD, sexual assau	ult, domest	 ic violence, death, divorce, child	abuse, foster care

	Hudson Health Services							
Address: 1505 Emerson Ave Salisbury, MD 21801	<b>Phone:</b> 410-219-9000	Hours of Operation: Walk-in assessment hours Mon-Fri 8am – 11am Appointments can also be	Payment Type(s): Medicaid, Private Insurance, Self Pay, Uninsured, Delaware Medicaid					
Website: www.Hudson-Health.org	<b>Fax:</b> 410-742-7048	scheduled  Please visit hudson-health.org > Admissions Planning for more information	Ages Served: 18+					
Mental Health/Addictions S  ✓ Addiction Inpatient ✓ Addiction Transitional Hou ✓ Detox		Specialty Treatments: ☑ Co-occurring Treatment / Dual Diagnosis						
Other Behavioral Health Services: Hudson Health Services' Halfway and Transitional Houses are located in Salisbury, Maryland and in Georgetown, Delaware.								

	J. David Collins and Associates, LLC							
Address 1: 540 Riverside Dr., Suite 8, Salisbury, MD 21801 Phone: 410-548- 3333	Payment Type(s): Medicaid, Medicare, Private Insurance, Self Pay, Sliding Fee Scale, Uninsured  Ages Served: 6+ Mental Health 18+ Substance Abuse							
Mental Health/Addictions Services Provided:  ☑ Ability to Prescribe Medication ☑ Addiction IOP ☑ Addiction Outpatient ☑ Family Therapy ☑ Group Therapy ☑ Individual Therapy								
☑ Group Therapy								

	Life's	Energy Wellness	Center Inc.			
Address 1: 2324 West Zion Rd Suite 112 Salisbury, MD 21801 Phone: (800) 867-2395  Address 2: 514 Poplar St. Cambridge, MD 21613  Phone: (800) 867-2395	Address 3: 8737 Brooks Dr. Easton, MD 21601 Phone: (800) 867-2395	Language Services: Bilingual Staff: (Spanish, Haitian Creole) Interpreter Services on site: (Haitian Creole, Spanish) Language Line	Hours of Operation: Open Access Walk-In 10am-2pm Monday-Frida Online Telehealth Assessments 10am-2pm Monday-Friday.  Patient should bring if available ID, Insurance Card, Social Security Ca	1	Payment Type(s): Medicaid, Medicare, Private Insurance, Self Pay, Sliding Fee Scale, Uninsured  Ages Served: All ages  Website/Email: www.lewcinc.org	
Mental Health/Addictions Services Provided:         ☑ Ability to Prescribe Medication       ☑ Medication Management       ☑ Anger Management       ☑ Sex Offender         ☑ Addiction Outpatient       ☑ Peer Support       ☑ Co-occurring       ☑ Trauma Informend and         ☑ Family Therapy       ☑ Sublocade       Treatment/ Dual       Trauma Responsive         ☑ Group Therapy       ☑ Suboxone       ☑ Diagnosis       Treatment         ☑ Individual Therapy       ☑ Subutex       ☑ Art Therapy       ☑ Gambling Treatment         ☑ Psychiatric Evaluations       ☑ Vivitrol       ☑ Music Therapy       ☑ Harm Reduction Servi         ☑ Mental Health IOP       ☑ LGBTQ+         ☑ Telehealth Services       ☑ Eating Disorders						
	i <b>Services:</b> DUI Education os. LGBTQ+ specific therap		prevention. Trauma – Gende	er spe	citic trauma treatment	

Lower Shore Clinic Assertive Community Treatment (ACT) Team							
Address:	Phone:	Language Services:		Payment Type(s):			
828 Airpax Rd	410-341-3420	Language Line		Medicaid, Medicare,			
Cambridge, MD 21623				Uninsured			
-	Referrals:						
Website/Email:	443-859-7774 or			Ages Served:			
www.lowershoreclinic.org	referrals@lowershoreclinic.org			18+			
Live chat via website							
Mental Health Services Provided			Specialty Treatn	nents:			
✓ Ability to Prescribe Medication			☑ Co-occurring  ☐	Freatment/Dual Diagnosis			
✓ Individual Therapy	✓ SEP/MHVP						
✓ Medication Management							
☑ Mobile Treatment/ACT							
Other Behavioral Health Services							

		Rockford (	Center				
Address:		Phone:	Hours of Operation:			Payment Type(s):	
100 Rockford Dr.		302-996-5480	24/7, 36	65 days a year	Medic	caid, Medicare,	
Newark, DE 19713					Privat	te Insurance, Self	
			Langua	age Services:	Pay		
Website/Email:			Other languages upon request		Ages Served:		
www.rockfordcenter.com					4+		
Mental Health/Addictions Services Provided:				Specialty Treatments			
✓ Ability to Prescribe Medication		dication Management		✓ Anger Management G	rouns	☑ Music Therapy	
✓ Addiction Inpatient	✓ PHF	•		✓ Art Therapy	·oupo	✓ Veterans	
✓ Addiction IOP	✓ Psv	chiatric Acute Inpatient					
☑ Detox	•	chiatric Evaluations		Treatment/Dual Diagno	osis		
☑ Group Therapy	- 7			☑ Geriatric			
,							
011 5 1 1 111 111 0 1							
Other Behavioral Health Services	:						

	Sun Behavio	oral Health			
Address:	Phone:	Hours of O	peration:	Payment Type(s):	
21655 Biden Ave	302-604-5600			Medicare, Medicaid,	
Georgetown, DE 19947		Appointmer	nts and Walk-in 24/7	Private Insurance, Self	
	Language Services:			Pay	
Website:	Language Line				
Sundelaware.com				Ages Served:	
				12+	
Meltal Health / Addictions Serv	ices Provided:		Specialty Treatmen	l ts:	
✓ Addiction Inpatient	✓ Mental Health IOP		✓ Co-occurring Treatment / Dual Diagnosis		
✓ Addiction IOP	✓ Peer Support		✓ Music Therapy	atmont / Baar Blagnoolo	
✓ Detox	✓ PHP		✓ Veterans		
	✓ Psychiatric Acute Inp	natient	Votorano		
☐ Group Therapy	E i Syoniatric Acute inp	ation			
Other Behavioral Health Service	201				
Other Denavioral Realth Service	ts.				

University of Maryland Shore Behavioral Health Substance Disorders Program								
Address:	Phone: Hours of Op		tion:	Payment Type(s):				
219 South Washington St.,	410-822-1000 ext.5452	Call to schedule	appointment	Medicaid, Medicare,				
Easton, MD 21601		Mon - Fri		Private Insurance,				
	_							
	Fax:			Ages Served:				
	410-819-8736			18+				
Addiction Services Provided:			Specialty Treat	ments				
☐ Ability to Prescribe Medication ☐	Peer Support		☑ Co-occurring	Treatment/Dual Diagnosis				
	Psychiatric Evaluation							
☐ Addiction Outpatient ☐	Vivtrol Treatment							
☑ Group Therapy								
✓ Individual Therapy								
Other Behavioral Health Services: Acu	te inpatient hospitalization							

Warwick Manor Behavioral Health							
Address:		Phone: H		Hours of		Payment Type(s):	
3680 Warwick Rd.		410-943-	8108	Operation	n:	Medicaid, Private I	nsurance, Self Pay
East New Market, MD 21631		24/7					
Website/Email:		<b>Fax:</b> 410-943-	1063			Ages Served: 18+	
Mental Health/Addictions S	led:			Specia	Ity Treatments		
	☑ Family The	erapy	☑ PHP			er Management	Art Therapy
Medication	☑ Group The	erapy	☑ Psychiatri	С	Grou	ups	☑ Music Therapy
☑ Addiction IOP	☑ Medication	า	Evaluations		☑ Co-c	occurring	
✓ Detox	Management		☑ Vivitrol Tree	eatment	Trea	ntment/Dual	
					Diag	nosis	
Other Behavioral Health So	ervices:				I		

### **Affordable Health Care Assistance**

#### Maryland Children's Health Program (MCHP)

Provides enrollment assistance into the Maryland Medicaid Program. Medicaid offers free or low-cost health insurance to children, families, pregnant women and adults that meet certain eligibility requirements. To qualify for Medicaid, you must be a Maryland resident, be a U.S. Citizen or have a valid immigration status, and meet financial requirements. Individuals can apply online at MarylandHealthConnection.gov. For more assistance and information

**Somerset County Health Department:** 

Phone: 443-523-1740

**Wicomico County Health Department:** 

Phone: 410-543-6944

**Worcester County Health Department MCHP** 

**Eligibility Staff:** 

Phone: 410-629-0164 or 410-632-1100

# Administrative Care Coordination Program (ACC)/ Ombudsman

Provides outreach and education to the Medicaid Population. ACC staff help Medicaid recipients understand their benefits and how to access and appropriately use the health care services provided through their Managed Care Organization (MCO). The **ACCU Ombudsman** acts as an advocate for Medicaid recipients with complex medical needs and offers compliant resolution services.

**Somerset County Health Department:** 

Phone: 443-523-1700

Worcester County Health Department ACC/Ombudsman Eligibility Staff: Phone: 410-629-0164 or 410-632-1100

# Lower Shore Health Insurance Assistance Program (LSHIAP)

Provides outreach, education and enrollment assistance for the uninsured and underinsured residents of Somerset, Wicomico and Worcester counties. Certified Navigators within the program provide aid to the consumers by not only providing in-person assistance with the enrollment process through Maryland Health Connection (MHC), but also by working with the consumer pre and post enrollment to ensure linkage to appropriate health related resources and continuity of care. Please visit our website or call us to speak with a Certified Navigator to address questions and/or schedule an in-person appointment.

Phone: 1(855)445-5540 Website: lowershorehealth.org Facebook: @lowershorehealth Twitter: @LSConnector

Address: 424 W. Market Street, Suite A. Snow Hill, MD

21863

### **Low Cost Medical Providers**

### **Chesapeake Health Care**

Somerset:

Adult Medicine: Monday - 9:00 am - 7:00 pm; Tue-Th -

7:00 am - 7:00 pm; Friday - 7:00 am - 5:00 pm

**OB/GYN:** Mon-Fri - 8:30 am - 5:00 pm

**Pediatrics**: Mon-Th - 8:00 am - 6:00 pm; Friday - 8:30

am – 5:00 pm; Call for Saturday hours

Mental Health: Mon-Th - 7:30 am - 6:00 pm; Friday -

7:00 am - 5:30 pm

**Pharmacy**: Mon-Fri - 8:30 am - 5:00 pm

Phone: 410-651-1000

Address: 12145 Elm St., Princess Anne, MD 21853

**Dental:** Mon-Fri - 8:30 am - 5:00 pm

Phone: 410-651-5151

Address: 12165 Elm St., Princess Anne, MD 21853

**Wicomico:** 

Adult Medicine: Mon-Fri - 7:00 am - 7:00 pm

Phone: 410-546-6650

Address: 1665 Woodbrooke Dr., Salisbury, MD 21804

**Dental**: Mon-Fri – 8:30 am – 5:00 pm

Phone: 443-944-9600

Address: 1615 Tree Sap Court, Suite A, Salisbury, MD

21804

Mental Health Adults: Call for hours

Phone: 443-358-6193

Address: 560 Riverside Dr., Suite A-204, Salisbury, MD

21801

Mental Health Youth: Mon-Fri - 7:30 am – 6:00 pm

Phone: 410-219-5483

Address: 1813 Sweetbay Dr., Salisbury, MD 21804

**OB/GYN:** Mon-Fri - 8:30 am – 5:00 pm

**Maternal Fetal Medicine:** Tues-Fri - 7:30 am – 5:00 pm

Phone: 410-546-2424

Address: 1647 Woodbrooke Dr., Salisbury, MD 21804

Pediatrics: Mon and Tue - 8:00 am - 6:00 pm; Weds -

Fri - 8:00 am - 5:00 pm, Call for Saturday hours

Phone: 410-548-1747

Address: 223 Phillip Morris Dr., Salisbury, MD 21804

**Pharmacy:** Mon-Fri - 8:30 am – 6:00 pm, Saturday - 9:00

am - 4:00 pm

Phone: 410-677-0561

Address: 1615 Tree Sap Ct., Salisbury, MD 21804

Worcester:

Adult Medicine: Mon-Th - 7:00 am - 5:00 pm; Friday -

9:00 am - 5:00 pm

Mental Health: Mon-Fri - 8:00 am - 4:30 pm

**Pediatrics**: Monday and Friday - 8:00 am – 6:00 pm;

Tuesday and Thursday - 9:00 am - 7:00 pm

Phone: 410-957-1852

Address: 305 10th St., Suite 104, Pocomoke City, MD

21851

**Pediatrics**: Monday and Friday - 8:00 am - 6:00 pm;

Tuesday and Thursday - 9:00 am - 7:00 pm **Adult Medicine:** Wednesday - 7:00 am - 5:00 pm **Mental Health:** Mon - Fri - 8:30 am - 5:00 pm

Phone: 410-973-2820

Address: 9956 N. Main St., Suite 2, Berlin, MD 21811

## **Behavioral Health Resources / Support Groups**

#### **4STEPS Therapeutic Riding Program**

Teaming for Success veterans work with at-risk youths bringing hope, joy, and unlimited possibilities through the healing power of the horse! For facility hours and location call the number provided.

Phone: 410-835-8814

Address: 5367 Sixty Foot Rd., Parsonsburg, MD 21849

Website: www.4stepstrp.org

#### Al-Anon

Provides meetings for people who are affected by someone else's drinking. For meeting times and locations on the Eastern Shore please visit website below.

Phone: 888-425-2666

Website: http://www.easternshoremd-

alanon.org/#!meetings/cfvg

#### Celebrate Recovery (adult) and The Landing (youth)

A Christ-centered program designed to help people overcome any hurt, habit, or hang up. Held at Oak Ridge Baptist Church Friday nights from 7pm to 9pm.

Phone: 410-742-4424

Address: 361 Tilghman Road Salisbury, MD 21804

#### Celebrate Recovery (adult only)

A Christ-centered Bible based, twelve step program of recovery that was designed to help people reconnect with God and heal from past Hurt and/or addiction.

Meets at Sonrise Church. Fellowship at 6:00pm with the

meeting starting at 7:00 pm

Phone: 410-703-1793 (Pete Scanlon) Address: 10026 Main St., Berlin, MD 21811

#### **Lower Shore Friends**

Provides peer support and advocacy, links/referrals to community services, consumer outreach and consumer workshops. Trauma support group every Monday from 6:30 pm to 7:30 pm

Methadone support group every Friday from 10:00 am to

11:00 am.

Phone: 410-334-2173

Address: 207 Maryland Ave #5, Salisbury, MD 21801.

#### **Maryland Coalition of Families**

Our Trained staff, who themselves have cared for a loved one with mental health, substance use or gambling issues will work on -on-one to help you understand the services available in your community and how to access them.

Phone: 410-730-8267 (Mon – Fri 9:00am – 5:00pm)

Email: info@mdcoalition.org Website: mdcoalition.org

#### Maryland Center of Excellence on Problem Gambling

(The Center) a program of the University of Maryland School of Medicine and funded by the Maryland Department of Health Behavioral Health Administration, promotes healthy and informed choices regarding gambling and problem gambling.

Email: dgaspar@som.umaryland.edu

Office Phone: 667-214-2120

#### Mental Health Association on the Lower Shore

Mental Health Association on the Lower Shore is an education and advocacy group, and supports community events that promote both mental health well-being, and a quality array of services for those with behavioral health needs on the Lower Shore.

Phone: 410-632-4510

#### **Recovery Resource Center**

12 Step Support meetings are held 365 days/year for ages 15-adult. The following groups meet regularly at RRC: Alcoholics Anonymous, Narcotics Anonymous, Overeaters Anonymous, Gamblers Anonymous, Al-Anon, Nar-Anon, and Chemical Dependents Anonymous. See website for complete meeting list.

Phone: 410-749-9482

Address: 726 S. Salisbury Blvd., Salisbury, MD 21801

Website: www.rrcsby.org

#### **SHORE Center**

SHORE Center will provide all manner of Harm Reduction to individuals who are actively using drugs or seeking assistance with recovery. This is a safe, non-judgmental space for those in need in our community to access resources and peers in recovery for assistance. Harm Reduction services include but are not limited to Safer Injecting Education and Equipment, Safer Sex Equipment, Overdose Education and Narcan training and distribution, Safe Syringe Disposal, Wound Care referrals and education, linkage/referrals to treatment and services identified as needs, HIV/HepC testing and linkage to treatment.

#### **Somerset County Smoking Cessation**

Smoking Cessation offers free individual counseling virtually or by phone. Free Nicotine Replacement Therapy. For more information call or visit the Somerset County Health Department website.

Phone: 443-523-1700

Website: www.somersethealth.org

#### **Survivors of Suicide Group**

For those who have lost a loved one to suicide. Meetings the third Wednesday of every month 6pm-7:30pm. Location varies. For more information, contact Kim Klump.

Phone: 410-726-3090 (Kim Klump)

#### The Lower Shore LGBTQ Coalition, Inc.

The Lower Shore Lesbian, Gay, Bisexual, Transgender, Queer/Questioning Coalition seeks to improve and preserve the well-being of youth and young adults through support, education, and advocacy. They provide an array of educational trainings, workshops, and other events on the Lower Shore.

Crisis Line: 1-800-273-8255 Phone: 443-239-4185

Website: www.socialmedialgbtq.wix.com/lgbtq

# Wicomico County Health Department Smoking Cessation Program

Free Virtual/ over the phone Stop Smoking classes to individuals who work/live in Wicomico County, which includes education, support and nicotine replacement medication (lozenge, patch or Chantix). One on one education and support for pregnant women is also available.

Phone: 410-430-7384

Address: 801 N. Salisbury Blvd (Adkins Bldg), Salisbury,

MD 21801

Website: www.wicomicohealth.org

#### **Worcester County Smoking Cessation**

The Worcester County Health Department offers free smoking cessation classes. Worcester Health is committed to helping smokers establish new behavior patterns that lead to a tobacco free lifestyle. With the smoking cessation class, Chantix, gum, patch, lozenges and other aids to help individuals quit tobacco are available through a voucher program for individuals meeting specific requirements.

Professionally trained instructors can help participants break the smoking addiction. The smoking cessation course consists of sessions covering stress management, weight control, assertive communication, how to develop a quit plan, relapse prevention, and physical activity.

For more information or to register, call 410-632-1100 extension 1102.

website: www.worcesterhealth.org

## **Social Service Organizations**

#### **Department of Social Services (DSS)**

Provides child welfare, adult protective services, and child support enforcement assistance.

Somerset

Phone: 410-677-4200

Address: 30397 Mount Vernon Rd, Princess Anne, MD

21853

Wicomico

Phone: 410-713-3900

Address: 201 Baptist Street, Salisbury, MD 21801

Worcester

Phone: 410-677-6800

Address: 299 Commerce Street, Snow Hill, MD 21863

#### Diakonia, Inc.

Provides homeless services; homeless advocacy, emergency housing/shelter, emergency food assistance, case management, homeless prevention programs (rental & utility assistance), rapid rehousing, and support services for veterans and their families, thrift store with clothing and household needs, and homeless outreach.

Phone: 410-213-0923

Address: 12747 Old Bridge Road, Ocean City MD 21842

Call to complete an assessment and/or call for food

assistance. Website: www.diakoniaoc.org

#### Catholic Charities, Inc - Seton Center

Provides case management, referrals, food programs, health prevention advocacy, thrift shop, women's support group, referrals for immigration services, financial assistance for basic living expense.

Phone: 410-651-9608

Address: Call for assessment and location

#### Help & Outreach Point of Entry, Inc. (HOPE)

Provides guidance and financial assistance with health and dental related issues, assistance provided to obtain birth certificates and Maryland IDs, referrals to rehabilitation services, personal support and assistance

with obtaining medications. Phone: 410-677-0757

Address: 129 Broad St., Salisbury, MD 21801

#### **Joseph House Ministries**

Helps individuals and families who are in crisis situations. Financial assistance for basic necessities of life, such as helping with evictions, utility cut-offs and rent/security deposits, provides monthly bags of food to Wicomico County residents.

Phone: 410-749-4239

Address: 812 Boundary Street, Salisbury, MD 21801

Website: www.thejosephhouse.org

#### **Local Management Board (LMB)**

Local Management Boards are responsible for identifying priorities and targeting resources for the needs in their county. LMBs focus on community-based services to promote a safe, healthy, and stable environment for all families. They provide resources for families in order to link them with local agencies and organizations that serve children, youth and families.

Somerset County Local Management Board, Inc.

Phone: 410-651-2824

Address: 8928 Sign Post Road, Suite 1, Westover, MD

21871

Website: www.sclmb.org

Wicomico Partnership for Families and Children

Phone: 410-546-5400

Address: 125 N. Division St, Room 101, Salisbury, MD

21801

Website: www.wicomicocounty.org/140/Local-Management-Board-Wicomico-Partners

#### **Worcester County's Initiative to Preserve Families**

Phone: 410-632-3648

Address: 6040 Public Landing Road, PO Box 129, Snow

Hill, MD 21863

#### MAC, INC

MAC is the Area Agency on Aging (for ages 50 and up) for Dorchester, Somerset, Wicomico, and Worcester Counties. They provide senior centers and home delivered meals as well as education about long term services and supports.

Phone/Fax: 410-742-0505

Address: 909 Progress Circle, Salisbury, MD. 21804

Website: www.macinc.org

#### **Salisbury Urban Ministries**

Men's Welcome Center (for homeless men to do laundry, shower, and receive health referrals, Saturdays 10:15am - 2pm), prescription assistance, God's Kitchen (Saturdays 11am-1pm at Grace UMC located at 635 E. Church St. Salisbury, MD 21804), Kid's Café (after school program for at risk children attending East Salisbury School or Beaver Run School; must enroll), food pantry (Tuesdays and Thursdays 10am-2pm for Wicomico County residents only).

Phone: 410-749-1563

Address: 326 Barclay St., PO Box 1792, Salisbury, MD

21802

#### **Salvation Army**

Food and clothing assistance. Wicomico County housing assistance while funds are available (call for schedule). Most services are provided by appointment only.

Phone: 410-749-3077

Address: 407 Oak Street, Salisbury, MD 21804

#### The Samaritan Shelter

Wednesdays beginning at 10am. A navigator with Family Connections, through Worcester Youth and Family Counseling Services, is available to assist with connecting individuals to resources. Food bank on

**Worcester County GOLD (Giving Other Lives Dignity)** 

Improving the quality of life for Worcester County residents living in poverty by providing emergency financial aid and items to meet basic needs for infants and children, families in crisis, those who are homeless, and vulnerable adults. All requests come from our community partners consisting of caseworkers with local agencies such as the Department of Social Services or the Health Department. If you are in need of assistance call and ask for an intake.

Phone: 410-677-6906 (children in the home) 410-632-9915 (no children in the home)

Website: https://worcestergold.org

Tuesdays and Saturdays 1pm - 2pm. Soup kitchen Wednesdays and Fridays 11am - 1pm (free meal).

Phone: 410-957-4310

Address: 814 Fourth Street, Pocomoke City MD 21851

#### Shore Up! Inc.

Somerset - Energy assistance

Phone: 410-651-1805

Address: 12409 Loretta Road, Princess Anne, MD 21853

Wicomico – Energy assistance, financial assistance for

medications, weatherization, and housing.

Phone: 410-749-1142

Address: 520 Snow Hill Road, Salisbury, MD 21804

Worcester – Energy assistance

Phone: 410-632-2075

Address: 6352 Worcester Highway, Newark, MD 21841

#### **Local Shelters**

**Christian Shelter** 

Phone: 410-749-5673

Address: 334 Barclay Street, Salisbury MD 21804

Website: www.christianshelter.org

**Cold Weather Shelter in Wicomico County** 

(Men/CESP; available only during cold months, starting in

January.)

Phone: 410-677-0757

Address: Location changes weekly.

Diakonia, Inc.

Phone: 410-213-0923

Address: 12747 Old Bridge Road, Ocean City MD 21842

Website: www.diakoniaoc.org

Hope and Outreach Point of Entry, Inc. (HOPE)

Day Center and Shelter Phone: 410-543-9010 Address: 119 B South Boulevard, Salisbury MD 21804

Website: www.haloministry.org

**Lower Shore Shelter** 

Phone: 443-888-6160

Address: 12518 Somerset Ave, Princess Anne, MD

21853

The Samaritan Shelter

Phone: 410-957-4310

Address: 814 Fourth Street, Pocomoke City MD 21851

Website: http://thesamaritanshelter.org/

**Ocean City Cold Weather Shelter** 

Opening is weather dependent.

Daily pre-registration is suggested by calling 410-524-7474

between 8-9:30am.

Address: 10301 Coastal Hwy, Ocean City, MD 21842

## **Local Food Pantries and Soup Kitchens**

### **Wicomico County:**

#### **Joseph House Ministries**

Monthly bags of food to Wicomico county residents.

Phone: 410-749-4239

Address: 812 Boundary St., Salisbury, MD 21801

#### **Lower Shore Friends**

Available 5 days a week, Mon - Fri 10am-2pm

Phone: 410-334-2173

Address: 207 Maryland Ave. #5, Salisbury, MD 21801

#### **MD Food Bank**

Call or go online to find food pantry closest to you.

Phone: 410-742-0050

Website: https://mdfoodbank.org/need-food/

#### **Salisbury Urban Ministries**

God's Kitchen - Saturdays 11am-1pm at Grace UMC Address: 635 E. Church St. Salisbury, MD 21804

Kid's Café - after school program for at risk children attending East Salisbury School or Beaver Run School (must enroll)

Food Pantry - Tuesdays and Thursdays, 10am-2pm

(Wicomico County residents only)

Phone: 410-749-1563

Address: 326 Barclay St., Salisbury, MD 21802

#### Salvation Army

Most services are provided by appointment only.

Phone: 410-749-3077

Address: 407 Oak Street, Salisbury, MD 21804

#### St. Paul AME Zion Church

Food giveaway the 3rd Monday every month. Must bring

photo I.D.

Phone: 410-546-5661

Address: 410 Delaware Ave, Salisbury, MD 21801

### **Somerset County:**

#### **Catholic Charities, Inc – The Seton Center**

Phone: 410-651-9608

Address: Call for assessment and location

#### **Worcester County:**

#### Berlin First Baptist Church (serves Berlin area)

Tuesdays from 10 am to 12 pm.

Phone: 410-641-4306

Address: 613 William St, Berlin, MD 21811

#### **Community Church of Ocean Pines**

Food pantry Tue - Sat from 9am - 1pm. Must have a referral to receive food.

Panty Line: 410-641-8392

Serves Worcester residents or Veterans from any county.

Phone: 410-641-5433

Address: 11227 Racetrack Rd, Berlin, MD 21811

#### Diakonia, Inc.

Available 7 days a week 8am–4pm. Must bring I.D. and must be resident of Somerset, Wicomico, or Worcester County.

Phone: 410-213-0923

Address: 12747 Old Bridge Rd., Ocean City, MD 21842

#### The Samaritan Shelter

Soup kitchen Weds and Fri 11am–12:30pm Food distribution Tues and Sat 1pm–2pm

Phone: 410-957-4310

Address: 814 Fourth St., Pocomoke City, MD 21851

#### **SonRise Church**

Sharing the Harvest

Mobile food pantry that serves Maryland's Eastern Shore.

In conjunction with MD Food Bank.

410-629-1901

Food Distribution every Friday from 4:00pm to 5:30 pm

SonRise Church 10026 Main St. Building #4 Berlin, MD 21811

## **Transportation**

**Medical Assistance Transportation** 

Wicomico Phone: 410-548-5142 Worcester Phone: 410-632-0092 Somerset Phone: 443-523-1722 Shore Transit

Phone: 443-260-2300

## **Transitional Housing**

#### Diakonia, Inc.

Homeless advocacy, emergency and transitional shelter, case management, food pantry, homeless prevention programs (rental and utility assistance), housing search assistance, supportive services for veterans and their families, thrift shop, clothing and household necessities, parenting workshops, GED/Diploma workshops.

Phone: 410-213-0923

Address: 12747 Old Bridge Road, Ocean City, MD 21842

Website: www.diakoniaoc.org

#### Village of Hope

A not-for-profit, non-denominational organization which provides a transitional home for women ages 18-62 with or without children.

Phone: 410-860-5981

Address: 1001 Lake Street, Salisbury, MD 21801

Website: www.villageofhope.us

Remove All Hindrances to Success Ministries

Phone: 443-735-6305

#### **Second Wind**

Addiction transitional housing, family therapy, group therapy, individual therapy, and peer support. (Men only)

Phone: 410-749-8038

Address: 309 Newton Street, Salisbury, Maryland 21801

Website: www.secondwindinc.net

## **Veteran Support Services**

#### **Cambridge VA Outpatient Clinic**

Audiology, Coumadin clinic, hearing aid fitting, medication management, mental health, primary care, occupational therapy, optometry, post-traumatic stress, pulmonary, social work, tele-mental health, tele-retinal imaging,

urology, vet center, women's health.

Phone: 410-228-6243

Address: 830 Chesapeake Drive, Cambridge MD 21613

#### **Department of Veterans Affairs and Hotline Numbers**

Website: www.va.gov Benefits: 1-800-824-1000

Health Care: 1-877-222-VETS (8387) VA Inspector General: 1-800-488-8244

Combat Call Center: 1-877-WAR-VETS (877-927-8387) Homeless Veteran Services 1-877-AID-VET (877-424-

3838)

#### **Elkton Vet Center**

Jon Dansicker, Veteran Outreach Specialist

Work Cell: 410-703-5783 Website: www.vetcenter.va.gov

#### **Maryland's Commitment to Veterans**

Dina Karpf, Eastern Regional Resource Coordinator, Maryland Department of Health

Phone: 410-725-9996 (cell)

Maryland Army National Guard Family Assistance Center

Phone: 410-507-2202 (Jon Black)

Address: 28722 Ocean Gateway, Salisbury, MD 21801

#### Moose VFW Post 194

Phone: 410-543-8194

Address: 821 E. William St., Salisbury, MD 21804

#### National Association of Black Veterans, Inc.

(NABVETS) Walk Through the Valley Chapter #0093,

Cmdr.

Phone: 443.366.8534 (James Briddell Sr) Address: 127 Flower St., Berlin, MD 21811

#### **Operation We Care**

Phone: 410-713-8940 (Jeff Merritt)

Address: 829 E. William St., Salisbury, MD 21804

Website: www.operationwecare.org

#### **Perry Point VA Medical Center**

Inpatient, outpatient, and primary care services.

Phone: 410-642-2411

Website: www.maryland.va.gov

#### **Salisbury University**

Shannon Hardester, Veterans and Military Affiliated

Coordinator (Registrar's Office)

Phone: 410-543-6189

### **Veteran Education Services**

#### Salisbury University

Shannon Hardester, Veterans and Military Affiliated

Coordinator (Registar's Office)

Phone: 410-543-6189

#### **Veterans Upward Bound**

Wor-Wic Community College

Phone: 410-334-2882

Address: 32000 Campus Drive, Salisbury, MD 21804

## **Veteran Employment Services**

**Delmarva Veteran Builders** 

Phone: 443-736-1584 Chris Eccleston Address: 212 W. Main Street, Suite #305,

Salisbury, MD 21801

St. James AME Zion Church

Homeless Veteran's Reintegration Program

Phone: 410-742-1427

Address: 521 Mack Ave, Salisbury, MD 21801

## **Veteran Family Support Services**

Diakonia, Inc.

Supportive services for veterans and their families.

Phone: 410-213-0923

Address: 12747 Old Bridge Rd, Ocean City, MD 21842

St. James AME Zion Church

Supportive Services for veterans and their families

Phone: 410-742-1427

Address: 521 Mack Ave, Salisbury, MD 21801

**VA Maryland Health Care System** 

Community integration services, homeless outreach and

case management,

contract housing/emergency shelter Contact Name: Gregory Bisset

Phone: 443-326-4337

## **Veteran Transportation Services**

#### **DAV Eastern Shore Chapter #34**

Provides transportation for veterans to VA medical facilities.

Note: Not equipped with handicap accessibility. Mr. Cleveland Hicks, Transportation Coordinator

Phone: 410-883-0030/ 410-742-4181

## **Employment Organizations/ Education and Training Services**

Phone: 410-546-0381 ext. 151

AmeriCorps Program at Salisbury University Phone: 410-548-5119

**Deaf Independent Living Association (DILA)** Phone: 410-742-5052 (Voice/TTY)

**Division of Rehabilitation Services (DORS)**Phone: 410-546-1580

**Division of Workforce Development** Phone: 410-341-8533 and Adult Learning (Salisbury Office)

,

**Go-Getters/Shore Employment Services** 

Goodwill Career Development Phone: 410-219-9118

**Lower Shore Enterprises, Inc.** Phone: 410-749-6183

**Lower Shore Workforce Alliance** Phone: 410-341-6515 (One Stop Job Market)

**MAC INC, AAA** Phone: 410-742-0505

Maple Shade Youth & Family Services, Inc. Phone: 410-677-0202

Older Workers Training Program (Shore Up) Phone: 410-749-1142

One Stop Job Market Phone: 410-341-6515

Small Business Development Center Phone: 410-548-4419

**Telamon Corporation** Phone: 410-546-4604

Youth Employment Program (Shore Up! Inc.) Phone: 410-749-1142 ext. 360

Wor-Wic Community College Phone: 410-334-2800

### **Helpful Websites**

**American Association of Suicidology** 

www.suicidology.org

American Foundation for Suicide Prevention

www.afsp.org

**Camp Rehoboth** 

www.camprehoboth.com

Living Works Network – Safe Talk & ASIST training

www.livingworks.net

The Maryland Center of Excellence on

**Problem Gambling** 

www.mdproblemgambling.com

**Maryland Coalition of Families** 

www.mdcoalition.org

Mental Health "Signs of Suicide"

www.mentalhealthscreening.org

MentalHealth.Gov

www.mentalhealth.gov

**Network of Care** 

www.worcester.md.networkofcare.org

Ok2Talk

www.ok2talk.org

On Our Own of Maryland, Inc.

www.onourownmd.org

**Parents of Suicide** 

www.parentsofsuicide.com & www.pos-ffos.com

Society for the Prevention of Teen Suicide

www.sptsusa.org

Stop A Suicide Today

www.stopasuicide.org

Stop Bullying

http://www.stopbullying.gov/

**Substance Abuse and Mental Health Services** 

Administration (SAMHSA)

www.findtreatment.samhsa.gov

**Suicide Prevention Action Network** 

www.spanusa.org

**Suicide Prevention Resource Center** 

www.sprc.org

Yellow Ribbon International Suicide Prevention

**Program** 

www.yellowribbon.org

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Stange, Carol, LCSW	
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Wicomico County Health Department



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