

# Tri-County Behavioral Health Resource Guide

Published March 2022

# **Tri-County Behavioral Health Resource Guide**

## **Table of Contents**

### **Contents**

| Introduction to the Guide                                  | 2  |
|--|----|
| Maryland's Public Behavioral Health System (PBHS) Overview | 2  |
| Behavioral Health Glossary                                 | 3  |
| Crisis Information and 24-Hour Hotline                     | 6  |
| Community Behavioral Health Providers                      | 8  |
| Regional Behavioral Health Providers                       | 37 |
| Affordable Health Care Assistance                          | 44 |
| Low-Cost Medical Providers                                 | 45 |
| Behavioral Health Resources / Support Groups               | 46 |
| Social Service Organizations                               | 48 |
| Local Shelters   | 50 |
| Local Food Pantries and Soup Kitchens                      | 51 |
| Transportation   | 52 |
| Transitional Housing                                       | 52 |
| Veteran Education Services                                 | 53 |
| Veteran Employment Services                                | 53 |
| Veteran Family Support Services                            | 53 |
| Veteran Support Services                                   | 54 |
| Veteran Transportation Services                            | 54 |
| Employment Organizations/ Education and Training Services  | 55 |
| Helpful Websites   | 56 |
| Index of Behavioral Health Providers                       | 57 |
| Notes  | 62 |

#### Introduction to the Guide

Somerset Local Behavioral Health Authority (SLBHA), Wicomico Local Behavioral Health Authority (Wilbha), Worcester Local Behavioral Health Authority (Wolbha), and Worcester County's Initiative to Preserve Families/Worcester County Local Management Board (Wolmb) are pleased to present the 2022 edition of the TRI-COUNTY BEHAVIORAL HEALTH RESOURCE GUIDE for Somerset, Wicomico, and Worcester Counties in Maryland. This guide, while not inclusive of every service or behavioral health provider in the tri-county area, represents our effort to help the citizens of the region become more aware of the services that are available to them. SLBHA, Wilbha, Wolbha and Wolmb in no way endorse any one provider or service over another. We hope this guide is useful in your navigation of the Public Behavioral Health System in Somerset, Wicomico, and Worcester Counties. This information is also available online at www.somersethealth.org, www.wicomicohealth.org, www.worcesterhealth.org.

#### **Somerset Local Behavioral Health Authority**

8928 Sign Post Rd, Westover, MD 21871 443-523-1700 www.somersethealth.org

#### **Wicomico Behavioral Health Authority**

108 East Main St., Salisbury, MD 21801 410-543-6981 www.wicomicohealth.org

#### **Worcester Behavioral Health Authority**

6040 Public Landing Dr., Snow Hill, MD 21863 410-632-3366 www.worcesterhealth.org

#### **Worcester County's Initiative to Preserve Families**

6040 Public Landing Dr., Snow Hill, MD 21863 410-632-3648

## Maryland's Public Behavioral Health System (PBHS) Overview

The PBHS is jointly coordinated and administered by the Behavioral Health Administration (BHA), Local Behavioral Health Authority (LBHAs), and Optum (the contracted Administrative Service Organization). BHA has oversight authority of the PBHS, which includes policy development, state-wide planning, resource allocation, and continuous quality improvement responsibilities.

Optum, the administrative service organization for the PBHS, determines eligibility for services, approves authorizations for services, conducts utilization review of services, collects data, submits reports, processes billing claims, and remits payments to providers.

LBHAs are the local behavioral health authorities responsible for planning, managing, and monitoring public mental health services at the local level as stipulated by the Health General Article 10-10-1203, Annotated Code of Maryland.

## **Behavioral Health Glossary**

#### **Behavioral Health Professionals:**

Advanced Practice Psychiatric Nurses/Psychiatric Mental Health (APRN/PMH) – A registered nurse certified by the Maryland State Board of Nursing who is able to independently engage in the following activities:

- An APRN is able to diagnose individuals with mental health illnesses.
- "Nurse Psychotherapist" A registered nurse who practices psychotherapy in a structured relationship with the client.
- "Psychiatric Nurse Practitioner" An experienced registered nurse who possesses advanced training and education in the area of diagnosing and treating illness. Nurse practitioners are able to prescribe medication. Psychiatric nurse practitioners specialize in providing psychiatric care to individuals.

**Certified Addictions Counselor** – Alcohol and Drugs (CAC-AD) – Certified addictions counselors hold the second level of certification required for substance abuse counseling. They must have a Bachelor's degree in a counseling field, among other requirements.

Certified Peer Recovery Specialist (CPRS) – An individual that is in recovery from a substance use or co-occurring substance use and mental health disorder who provides support to others so that they can benefit from his or her experiences. To become certified, the peer recovery specialist must pass a standard exam.

Certified Registered Nurse Practitioner (CRNP) – A certified registered nurse practitioner is a licensed, advanced practice registered nurse (APRN) who has completed a prescribed educational program that includes advanced knowledge, skills, and abilities in assessment, diagnosis, treatment, and management.

Certified Supervised Counselor – Alcohol and Drugs (CSC-AD) – Certified supervised counselors hold the first level of certification required for substance abuse counseling. They must have an Associate's degree in a counseling field among other requirements.

Clinical Social Worker (LCSW, LCSW-C) – Clinical Social Workers hold a Master's degree in social work (MSW), and specialize in clinical practice. They must be licensed by the State of Maryland.

Licensed Clinical Alcohol and Drug Counselor (LCADC) – This is the next level certification after Licensed Graduate Alcohol and Drug Counselor

**Licensed Clinical Professional Counselor** (LCPC) – A Licensed Clinical Professional Counselor possesses a Master's degree in professional counseling. LCPCs must be certified by the State Board of Examiners.

Licensed Graduate Alcohol and Drug Counselor (LGADC) – A Licensed Graduate Alcohol and Drug Counselor certification is granted after the awarding of a Master's degree and passing the test for a license. During this time, the counselor is under supervision.

**Licensed Professional Counselor** (LPC) – A licensed professional counselor holds a Master's degree and is trained to work with individuals, families, and groups in treating mental, behavioral, and emotional problems and disorders.

**Psychiatrist** (MD) – A medical doctor possesses specialized training in the field of psychiatry. Psychiatrists must be licensed physicians in the state in which they practice and must also be certified by the American Board of Psychiatry.

**Psychologist** (PhD) – A psychologist possesses a doctoral degree in psychology and must be licensed by the Maryland State Board of Examiners of Psychologists. A psychologist can be a clinical or a counseling psychologist.

#### **Behavioral Health Terms:**

**1915i** – A state plan amendment that provides Intensive Behavioral Health Services for children, youth, and families.

Care Coordination Organization (CCO) – A provider offering a multi-level continuum of care to children and youth up to age 22 to support a transition back to the home environment, remain in their home or current living arrangement, move to lower intensity of services or restrictiveness of placement, or otherwise maintain and improve functioning and well-being.

**Case Management** – A process which plans, coordinates, and implements services required to meet an individual's needs.

**Crisis Intervention Team** (CIT) –A community effort joining law enforcement and the community for the common goals of safety, understanding, and service to the behavioral health population and their families.

**Dialectical Behavioral Therapy** (DBT) – A comprehensive cognitive-behavioral treatment for complex, difficult-to-treat mental disorders. It involves using two main components: individual weekly psychotherapy and weekly group therapy sessions.

**Dual Diagnosis Treatment/Co-occurring Treatment** – Treatment for an individual with substance abuse issues as well as a mental health diagnosis.

**Evidence-Based Practice** (EBP) – Making decisions about how to promote health or provide care by integrating the best available evidence with practitioner expertise and other resources, and with the characteristics, state, needs, values and preferences of those who will be affected.

Family Psycho Education – An EBP that provides education to individuals living with mental illness and their families with a goal of assisting the individual and their family to better understand and deal with his/her present illness, avoid relapse, and contribute to their own health and wellness on a long-term basis.

Intensive In-Home Intervention Program for Children (IHIP-C) – The state of Maryland's In-Home Intervention Program for Children aims to prevent out-of-home placement by providing families with access to full-time professional mental health resources.

**Intensive Outpatient Program** (IOP) – The highest level of outpatient treatment before inpatient care.

**LGBTQ** – Abbreviation for lesbian, gay, bisexual, transgender, and queer or questioning. It is an umbrella term that is used to refer to the community as a whole.

**Medication Evaluation** – A medication evaluation involves a psychiatrist or nurse practitioner monitoring and evaluating a client's medications to ensure the client is on the proper medications. Medication evaluations can be done at various intervals.

Mental Health Case Management Services/Targeted Case Management (TCM) – Services to assist individuals in gaining access to a full range of mental health services as well as to any additional needed medical, social, financial assistance, counseling, educational, housing, and other support services.

Mobile Treatment/Assertive Community Treatment (ACT) – Mobile Treatment is an intensive, community-based service which provides assertive outreach, treatment, rehabilitation, and support to individuals with severe and persistent mental illness (SPMI) who may be without a home or for whom more traditional forms of outpatient treatment have been ineffective.

**Outpatient** – Treatment that is given in the community and not in a hospital setting.

**Paraprofessionals** – Paraprofessionals work under a trained professional in clinical settings, i.e. Licensed Social Work Associates (Bachelor level social workers).

**Partial Hospitalization Program** (PHP) – A program for children, adolescents, and adults that offers a bridge between inpatient acute hospitalization and outpatient services. Its serves as an alternative to hospitalization and as a transition from inpatient care. The program is structured in a therapeutic setting and provides 24/7 supervision and care.

**Peer Support** – Individuals or family members of those living with behavioral health disorders coming together to provide self direction that works to enhance the behavioral health of other local consumers. Peer support members meet as equals to give each other support on a reciprocal basis.

**Psychiatric Evaluation** – A psychiatric evaluation performed by a psychiatrist or nurse practitioner that includes the history of the present illness, current symptoms the individual is experiencing, past history of

illness, family history, a review of medications, mental status examinations and a physical examination.

**Psychiatric Rehabilitation Program** (PRP) – A program that provides support and rehabilitation to individuals who Psychological tests are administered and interpreted by a psychologist.

**Residential Rehabilitation Program** (RRP) – RRP housing is for individuals with a chronic mental health diagnosis, who are unable to live independently in the community.

**Respite** – Respite services are provided to relieve the caregiver from the stress of care giving.

**Sliding Scale** – Fees are set according to the client's ability to pay (i.e., if the client has no income, the fee would be \$0).

**Social Service Organization** – A community organization that assists individuals with needs such as locating housing, financial assistance, and resources.

Supported Employment Program/Mental Health Vocational Program (SEP/MHVP) – SEP services provide job development and placement, job coaching, and ongoing employment support to individuals with serious mental illness or emotional disturbance for whom competitive employment has not occurred, has been interrupted, or has been intermittent.

**Telemedicine** – Medical information transferred through interactive audiovisual media for the purpose of consultation or the delivery of clinical care.

Therapeutic Behavioral Services (TBS) – A service provided in the home for children and adolescents under 21 years of age. The goal is to help children and families safely manage behavior at home and in the community to prevent a higher level of care.

**Uninsured** – If you do not currently have health insurance, you are uninsured. Individuals may only receive PMHS uninsured benefits if the provider has documented that the consumer is not eligible for MA, SSI, SSDI, or any other public benefit program and includes, in the individuals medical record, documentation from MA or Social Security stating the reason for ineligibility.

suffer from mental illness. PRP focuses on daily living skills through the use of the community environment.

**Psychological Testing** – Tests which are given to individuals to assess and evaluate information.

#### Crisis Information and 24-Hour Hotline

#### Affiliated Santé Group - Eastern Shore Crisis

Response Services (ESCRS) provides behavioral health emergent, urgent, information and referral crisis response programs. Mobile Response in 8 counties crisis teams located in Caroline, Cecil, Dorchester, Kent, Queen Anne's, Somerset, Talbot and Wicomico Counties. The hotline which is 24/7, 365 days a year, is available in all 9 counties to respond to mental health and substance use crises as defined by the caller.

Phone: 1-888-407-8018

Website: www.thesantegroup.org

#### Americans with Disabilities Act

U.S. Access Board 24 Hour Hotline: 1-800-872-2253 Americans with Disabilities Act Information Line: 800-514-0301 (Voice), 800-514-0383 (TTY)

#### The Retreat

Provides a safe harbor and sanctuary for adults (18+) experiencing acute psychiatric crisis. They are a voluntary alternative to or step down from hospitalization.

Team Cell Phone: 443-880-3010 Website: www.gogettersinc.org

#### **Community Outreach Addictions Team (C.O.A.T.)**

Peer support specialist partnered with local law enforcement assists people into treatment by offering phone and in-person support, connections to local resources, and follow up assistance.

Phone: 443-783-6875 /410-742-3784

#### **Life Crisis Center**

Provides a 24-hour crisis hotline. Services: Counseling for victims of domestic violence or sexual assault, suicide prevention, support groups, emergency safe home, shelter and medical care referral, and assistance.

24 Hour Hotline: 410-749-4357 Phone: 410-749-0632 / 410-749-0771 Website: www.lifecrisiscenter.org

#### Maryland Center of Excellence on Problem Gambling

1-800-GAMBLER (426-2537)

Website: http://www.mdproblemgambling.com/helpline/

#### **Maryland State AIDS Hotline**

Phone: 1-800-232-4636 TTY: 1-800-232-6348

# Maryland Youth Crisis Hotline Mobile Treatment/ACT – Lower Shore Clinic

Team treatment approach designed to assist the individual to achieve recovery, fully participate in community life, obtain stable permanent housing, and reduce the individual's unnecessary admissions to emergency rooms and inpatient psychiatric services. The program currently serves Wicomico, Worcester, Somerset, Dorchester, Talbot, and Caroline counties.

Phone: 410-341-3420

#### **Poison Control Center**

Phone: 1-800-222-1222

Website: www.mdpoison.com

#### Sexual Assault Resource Agency

Phone: 410-836-8430

#### **Suicide Prevention Lifeline**

English and Spanish speakers are available.

Phone: 1-800-273-8255 TTY: 1-800-799-4889

Website: www.suicidepreventionlifeline.org

#### **Trevor Lifeline** (LGBTQ community)

Phone: 1-866-488-7386

Website: www.thetrevorproject.org

## **Crisis Information and 24-Hour Hotline (Continued)**

#### **Safe Station**

The Safe Station is a place where individuals who are ready to seek treatment and recovery services from their addiction can go 24 hours a day, 7 days a week and 365 days per year. Individuals will be met by a caring and compassionate peer in recovery who will help link them to the treatment and recovery services of their choice.

#### **Wicomico County Safe Stations**

Phone: 443-783-6875 726 S Salisbury Blvd, Salisbury, MD 21804 (inside of the Recovery Resource Center)

#### **Worcester County Safe Stations and Peer Warm Line**

Phone: 1-844-ONE-PEER (663-7337)

Peer support specialists who offer phone support for individuals who are ready to take steps toward recovery

# The Worcester County Health Department's Crisis Response Team (CRT)

Provides 24-hour coverage 365 days a year to residents and visitors of Worcester County. CRT is activated by Law Enforcement, Atlantic General Hospital and various other agencies throughout the county. CRT provides an emergency mental health and substance use assessment on the scene and attempts to connect individuals to community resources as appropriate. Anyone in need of CRT in Worcester County can call 9-1-1 or local police departments in the county.

#### **Urgent Care Clinics**

Provides mental health assessment and consultation within 48 business hours to prevent the individual's condition from worsening. If psychiatric care is identified, an evaluation will be scheduled with a psychiatrist within a 30-day period.

Lower Shore Clinic (Wicomico): 410-341-3420 Call ESCRS after business hours: 1-888-407-8018

#### **Veterans Crisis Line**

Chat available on website.

Phone: 1-800-273-8255 (Press 1) Cell phone (For texting): 838255 Website: www.veteranscrisisline.net

#### 211 Maryland

Our mission is to connect Marylanders to the health and human services they need to achieve a more stable life for themselves and their families.

Call 211 Press 1

Text Zip Code to 898211

|  | Acadia Counseling   | and Wellness  |  |
|--|---|---|--|
| Address:<br>9954 N. Main St. Unit 1<br>Berlin, MD 21811  | Phone:<br>410-973-2567<br>Language Services<br>Bilingual Staff<br>(Spanish) | Hours of Operation: By Appointment  | Payment Type(s): Medicare,Private Insurance, Self-Pay  Ages Served: 5 – 75 |
| Mental Health/Addiction Services Provided:  ☑ Addiction Outpatient ☑ Individual Therapy ☑ Family Therapy ☑ Telehealth Services |   | Specialty Treatments:  ☑ Co-occurringTreatment/Dual I ☑ Play Therapy ☑ Trauma - EFT | Diagnosis  |
| Other Behavioral Health Services:  |   | ,   |  |

| Phone:       |  |                             | Payment Lyneigi.  |
|--------------|--|-----------------------------|---|
| 410-548-7883 | Hours of Operation: Call to schedule appointment |                             | Payment Type(s):<br>Medicare,Private<br>Insurance, Self-Pay |
|              |  |                             | Ages Served:<br>5+  |
|              | -  | Specialty Trea              | tments:   |
|              |  | N/A                         |   |
| -            | 410-548-7883                                     | 410-548-7883 Call to schedu | Specialty Treat   |

| Address:                          | Phone:       | Hours of O                   | Payment Type(s):      |                       |
|-----------------------------------|--------------|------------------------------|-----------------------|-----------------------|
| 116-118 W. Main St., Suite #100   | 410-677-0741 | Call to schedule appointment |                       | Medicaid, Self-Pay    |
| Salisbury, MD 21801               |              |                              |                       | Ages Served:          |
|                                   |              |                              | nd questions can also | Treatment Foster Care |
| Website:                          | Fax:         | be sent via                  |                       | (Infant to 21yrs)     |
| www.arrow.org                     | 410-677-0743 | prp@arrow.                   | .org                  | PRP (5 to 18yrs)      |
| Mental Health Services Provided:  |              | I                            | Specialty Treatment   | is:                   |
| ☑ PRP                             |              |                              | N/A                   |                       |
|                                   |              |                              |                       |                       |
| ☑ Respite                         |              |                              |                       |                       |
|                                   |              |                              |                       |                       |
|                                   |              |                              |                       |                       |
| Other Behavioral Health Services: |              |                              |                       |                       |

|                                    | Jonnanney 2011           | a v i o i a i i i o a i i i i i o | 714010         |                         |
|------------------------------------|--------------------------|-----------------------------------|----------------|-------------------------|
|                                    | Atlantic General F       | łospital – Telemental I           | Health         |                         |
| Address:                           | Phone:                   | Hours of Operation:               |                | Payment Type(s):        |
| 9741 Healthway Dr.                 | 410-641-3340             | Call for appointment              |                | Medicaid, Medicare,     |
| Berlin, MD 21811                   |                          |                                   |                | Private Insurance, Self |
|                                    |                          | Language Services:                |                | Pay, Sliding Fee Scale, |
| Website:                           |                          | Translation services up           | on request     | Financial assistance    |
| www.atlanticgeneral.org            |                          | Ages Served:                      |                | available to those who  |
|                                    |                          | Pediatrics to Adult               |                | qualify                 |
| Mental Health/Addiction Services P | rovided:                 |                                   | Specialty Trea | atments:                |
| ☑ Ability to Prescrive Medication  | ✓ Medication Mana        | gement                            |                |                         |
| ☑ Family Therapy                   | ✓ Psychiatric Evalu      | ations                            |                |                         |
| ☑ Group Therapy                    |                          |                                   |                |                         |
| ✓ Individual Therapy               |                          |                                   |                |                         |
|                                    |                          |                                   |                |                         |
| Other Behavioral Health Services:  | Behavioral Health Crisis | s Stabilization services.         |                |                         |
|                                    |                          |                                   |                |                         |

| Atlantic Psychological Practice, P.A.                               |                          |   |                |  |  |
|---|--------------------------|---|----------------|--|--|
| Address:<br>106 Milford St., Suite 104<br>Salisbury, Maryland 21804 | Phone:<br>410-543-8291   | Hours of Operation:<br>Mon 8:00am – 5:00pm<br>Tues 9:00am – 7:00pm<br>Wed 9:00am – 6:00pm |                | Payment Type(s): Medicare, Private Insurance, Self-Pay, Sliding Fee Scale Ages Served: |  |
| Website:<br>www.atlanticpsychological.com                           | <b>Fax:</b> 410-341-6275 | Thurs 9:00am – 7:00pm<br>Fri 8:00am – 5:00pm  |                | 2 – 99   |  |
| Mental Health Services Provide                                      | ed:                      | 1   | Specialty Trea | atments:   |  |
|   |                          |   |                | rders  |  |
| ✓ Individual Therapy  |                          |   | ☑ Trauma - C   | hild Abuse   |  |
| ☑ Cognitive-Behavioral Therapy                                      |                          |   |                |  |  |
| ☑ Telehealth Services   |                          |   |                |  |  |
| Other Behavioral Health Servic                                      | es:                      |   |                |  |  |
| Caron Donational Floatian Convio                                    |                          |   |                |  |  |

|  | B.N.J He  | alth Services, LLC                              |               |   |
|--|---|---|---------------|---|
| Address:<br>204 Newton St<br>Salisbury, MD 21801   | <b>Phone:</b> 443-978-7919  | Hours of Ope<br>Mon-Fri 5am -<br>Sat 6am - 9:30 | 11am          | Payment Type(s): Medicaid, Medicare, Self-Pay |
| ·  | <b>Fax:</b> 443-978-7930  |   |               | Ages Served:                                  |
| Addiction Services Provi   | ded:  |   | Specialty Tre | atments:                                      |
| <ul> <li>✓ Addiction Inpatient</li> <li>✓ Addiction IOP</li> <li>✓ Addiction Outpatient</li> <li>✓ Detox</li> <li>✓ Group Therapy</li> <li>✓ Individual Therapy</li> </ul> | <ul><li>✓ Medication Management</li><li>✓ Methadone Treatment</li><li>✓ Subutex Treatment</li></ul> |   | N/A           |   |
| Other Behavioral Health  | Services:   |   |               |   |

|                                 | Balanced Life Cour       | seling Services, LLC  |                          |
|---------------------------------|--------------------------|-----------------------|--------------------------|
| Address:                        | Phone:                   | Hours of Operation:   | Payment Type(s):         |
| 560 Riverside Dr.               | 443-978-8688             | Mon 8:00am – 5:00pm   | Medicaid, Medicare,      |
| Suite B101                      |                          | Tues 8:00am – 7:00pm  | Private Insurance, Self- |
| Salisbury, MD 21801             | Website:                 | Wed 8:00am - 7:00pm   | Pay                      |
|                                 | www.yourbalancedlife.net | Thurs 8:00am – 6:00pm |                          |
|                                 |                          | Fri 8:00am – 2:00pm   | Ages Served:             |
|                                 |                          | ·                     | 5 - 90                   |
| Mental Health Services Provided | :                        | Specialty Treatments: |                          |
|                                 | elehealth Services       | ☑ First Responders    |                          |
| ☑ Group Therapy                 |                          | ☑ Trauma - EDMR       |                          |
| ✓ Individual Therapy            |                          |                       |                          |
| Other Behavioral Health Service | s:                       |                       |                          |

|  | Balance Poi   | int W           | ellness, LLC   |   |
|--|---|-----------------|--|---|
| Address:<br>212 West Main St. #303<br>Salisbury, MD 21801  | <b>Phone:</b> 410-800-2169  |                 | Hours of Operation:<br>Mon – Fri 9:00am – 7:00pm   | Payment Type(s): Medicaid, Medicare, Private Insurance, Self- |
| Website:<br>www.bpointwellness.com   | Language Services:<br>Interpreter Services<br>Bilingual Staff (Spanish) |                 |  | Pay, Uninsured  Ages Served: 5 - 100                          |
| Mental Health Services Provided  ✓ Ability to PrescribMedication ✓ Individual Therapy ✓ Medication Management ✓ Psychiatric Evaluations ✓ Telepsychiatry |   | ✓ A ✓ C ✓ E ✓ F | cialty Treatments:  rt Therapy o-occurring Treatment/ Dual Diagnor ating Disorders irst Responders sambling larm Reduction | ✓ LGBTQ sis ✓ Play Therapy ✓ Sex Offender ✓ Trauma ✓ Veterans |
| Other Behavioral Health Service  | s:  |                 |  |   |

| E                                   | Slue Wave Couns | eling & Psychotherapy |                          |  |
|-------------------------------------|-----------------|-----------------------|--------------------------|--|
| Address:                            | Phone:          | Hours of Operation:   | Payment Type(s):         |  |
| 1519 Market Street.                 | 484-767-5216    | 9:00am – 5:00pm       | Medicaid, Medicare,      |  |
| Pocomoke City, MD 21851             |                 |                       | Private Insurance, Self- |  |
|                                     |                 |                       | Pay, Sliding Fee Scale,  |  |
| Website:                            |                 |                       |                          |  |
| bluewavecounselingpsychotherapy.com |                 |                       | Ages Served:             |  |
|                                     |                 |                       | 15 - 90                  |  |
|                                     |                 |                       |                          |  |
| Mental Health Services Provided:    |                 | Specialty Treatments: | <u> </u>                 |  |
|                                     |                 |                       |                          |  |
| ☑ Telehealth Services               |                 | ☑ Eating Disorders    | •                        |  |
|                                     |                 | ☑ First Responders    |                          |  |
|                                     |                 | ☑ Forensic            |                          |  |
|                                     |                 | ☑ Gambling            |                          |  |
|                                     |                 | ☑ Trauma              |                          |  |
|                                     |                 |                       |                          |  |
| Other Behavioral Health Services:   |                 | 1                     |                          |  |

| Care at New Transitions                                |                                |  |                       |  |
|--|--------------------------------|--|-----------------------|--|
| Address:   | Phone:                         | Language Services:                         | Payment Type(s):      |  |
| 1118 E. Main St  | 410-219-5070                   | Language Line                              | Uninsured             |  |
| Salisbury, MD 21804                                    | Option #2                      |  |                       |  |
| •  | ·                              | Hours of Operation:                        | Ages Served:          |  |
|  | Fax:                           | Mon – Fri 9:00am – 5:00pm                  | Birth – 18            |  |
| Website:   |                                | Appointments by phone or walk-             | 18-24 Disconnected or |  |
| www.wraparoundmd.com                                   |                                | in   | homeless youth        |  |
| Navigation Services Provided                           | I                              | Specialty Treatments:                      | .I.                   |  |
|  |                                | N/A  |                       |  |
| Other Behavioral Health Seminas                        | Coordinate comisses offer a    | upport refer 9 connect youth and familia   | to recourses in the   |  |
| Other Behavioral Health Services: community, advocacy. | : Coordinate services, offer s | upport, refer & connect youth and families | s to resources in the |  |

| Address:                         | Phone:       | Hours of Oper                | ation:         | Payment Type(s):         |
|----------------------------------|--------------|------------------------------|----------------|--------------------------|
| 30632 Hampden Ave.               | 410-651-9608 | Call to schedule appointment |                | Medicaid, Medicare,      |
| Princess Anne, MD 21853          |              |                              |                | Private Insurance, Self- |
|                                  | Fax:         |                              |                | Pay, Sliding Fee Scale,  |
| Website:                         | 410-651-1843 |                              |                | Uninsured                |
| www.ccwilm.org                   |              |                              |                |                          |
| Mental Health Services Provided: |              |                              | Specialty Trea | tments:                  |
|                                  |              |                              | N/A            |                          |
| ✓ Individual Therapy             |              |                              |                |                          |
|                                  |              |                              |                |                          |
|                                  |              |                              |                |                          |

| Се                         | nter 4 Clean    | ester County H  | lealth Departme | ent              |                  |                          |
|----------------------------|-----------------|-----------------|-----------------|------------------|------------------|--------------------------|
| Address:                   |                 | Phone:          |                 | Hours of Opera   |                  | Payment Type(s):         |
| 406 - A Walnut St.         |                 | 410-957-247     | 71              | Call to schedule | appointment      | Medicaid, Medicare,      |
| Pocomoke, MD 21851         |                 |                 |                 | Mon - Fri 8am -  | 4:30pm           | Private Insurance, Self- |
|                            |                 |                 |                 |                  |                  | Pay, Sliding Fee Scale,  |
| Website:                   |                 |                 |                 | Language Serv    | ices:            | Uninsured                |
| www.worcesterhealth.org    |                 |                 |                 | Language Line    |                  | Ages Served: 12+         |
| Mental Health/Addictions S | Services Provid | ed:             |                 |                  | Specialty Treatm | ents:                    |
|                            | ✓ Individual T  | herapy          | ✓ Suboxo        | one Treatment    | ☑ Co-occurring T | reatment/Dual Diagnosis  |
| Medication                 | ☑ Psychiatric   | Evaluations     | ✓ Subute        | x Treatment      | ☑ Gambling Trea  | atment                   |
| ✓ Addiction IOP            |                 | atry            | ✓ Vivitrol      | Treatment        | ☑ Harm Reduction | on Services              |
| ✓ Addiction Outpatient     |                 | 1               |                 |                  |                  |                          |
|                            | Management      |                 |                 |                  |                  |                          |
| ☑ Group Therapy            |                 | ort             |                 |                  |                  |                          |
| Other Behavioral Health So | ervices: Treatm | ent is for preg | gnant women     | and women with   | young children.  |                          |

|  |   | Chesapeake  | Health Care -   | Mental Health                               |  |
|--|---|---|---|---|--|
| Address 1:<br>1104 Healthway Dr<br>Salisbury, MD<br>21804  | Address 2:<br>12145 Elm St.<br>Princess Anne,<br>MD 21853 | Address 3:<br>305 10 <sup>th</sup> Street<br>Pocomoke City,<br>MD 21851 | Address 4:<br>9956 N. Main St<br>Suite 2<br>Berlin, MD 2181             | Address 5:<br>560 Riverside Dr<br>Ste A-204 | Hours of Operation: Children by appointment, Walk in Times: Tues. 11:30am, Wed 9:00am, Thurs 11:30am |
| <b>Phone:</b> 410-219-5483   | Phone:<br>410-651-2204                                    | Phone:<br>410-957-1852  | Phone:<br>410-973-2820  | Phone: 443-358-6193                         | Language Services: Interpreter by request  Website: chesapeakehc.org                                 |
| Mental Health Services Provided:  ☑ Ability to Prescribe Medication ☑ Family Therapy ☑ Group Therapy ☑ PRP |   | gement  | Payment Type(s): Medicaid, Medicare, P Fee Scale  Ages Served: All Ages | rivate Insurance, Self-Pay, Sliding         |  |
| Other Behavioral He  | ealth Services:   |   |   |   |  |

| Address:                        | Phone:       | Hours of Operation:          | ·               | Payment Type(s):        |
|---------------------------------|--------------|------------------------------|-----------------|-------------------------|
| 212 East Main St.,              | 443-523-4976 | Call to schedule appointme   | ent             | Self-Pay, Sliding Fee   |
| Suite 211                       | 140 020 4010 | Odii to soricadio appointino | Ont             | Scale, LISS, TCM PLUS   |
| Salisbury, MD 21801             |              | Email:                       |                 | Codio, 2100, 101111 200 |
| canceary, me 2 rec              |              | Chesapeakemusictherapy       | @gmail.com      | Ages Served:            |
|                                 |              |                              |                 | 0+                      |
| Mental Health Services Provided | <u> </u>     | S                            | pecialty Treatr | nents:                  |
|                                 |              | V                            | Music Therap    | /                       |
| ☑ Group Therapy                 |              |                              | •               | •                       |
| ✓ IndividualTherapy             |              |                              |                 |                         |

|  | Chesapea                             | ake Treatment Servic   | es                |                              |
|--|--------------------------------------|--|-------------------|------------------------------|
| Address 1:   | Address 2:                           | Hours of Operation:  |                   | Payment Type(s):             |
| 12417 Ocean Gtwy,<br>Suite 8   | 402 Marvel Ct,<br>Easton, MD 21601   | Mon  | 2:00pm            | Medicaid, Medicare, Self-Pay |
| Ocean City, MD 21842 Phone:  | Phone: 410-822-7150                  | Sat 5:30am - 9:30am  |                   | Ages Served:                 |
| 443-373-2113   | 110 022 7 100                        | Website:<br>www.chesapeaketreatme                                  | entservices.com   |                              |
| Addiction Services Provided  |                                      |  | Specialty Treatme | ents:                        |
| <ul> <li>✓ Addiction Outpatient</li> <li>✓ Ability to Prescribe Medicati</li> <li>✓ Group Therapy</li> <li>✓ Individual Therapy</li> </ul> | on ☑ Methad<br>☑ Suboxo<br>☑ Telehea | tion Management<br>one Treatment<br>one Treatment<br>alth Services | •                 |                              |
| Other Behavioral Health Serv   | ices:                                |  |                   |                              |

|  | Childre                    | n's Choice                                       |               |                              |
|--|----------------------------|--|---------------|------------------------------|
| Address:<br>1813 Sweetbay Dr., Suite 1A<br>Salisbury, MD 21804 | <b>Phone:</b> 410-546-6106 | Hours of Operation:<br>Mon - Fri 8:30am - 4:30pm |               | Payment Type(s):<br>Medicaid |
| Website:<br>www.childrenschoice.org                            | <b>Fax:</b> 410-219-2640   | Intakes by appo                                  | pintment      | Ages Served:<br>3-17         |
| Mental Health Services Provided:                               |                            |  | Specialty Tre | atments:                     |
| ✓ PRP ✓ Telel ✓ Respite ✓ Foster Care                          | nealth Services            |  | N/A           |                              |
| Other Behavioral Health Services:                              | Parent Advocacy Program    |  |               |                              |

|  | C   | Community                                       | Behavioral                               | Health   |   |
|--|---|---|--|--|---|
| Address 1:  821 Eastern Shore Dr. Salisbury, MD 21804  Phone: 844 224-5264 Ext. 12  Address 3:   | Address 2:  107 East Market Street Snow Hill, MD 21863  Address 4:  |   | Hours of Ope                             | ration:<br>am - 6:00pm Online<br>rvices:<br>rvices<br>(Spanish)  | Payment Type(s): Medicaid, Medicare, Private Insurance, Sliding Fee Scale, Uninsured  Ages Served: 3 – 99 |
| 142 Coursevall Dr.,<br>Centreville, MD 21617   | 426 Dorchester Ave.<br>Cambridge, MD 21613<br>Phone: 844 224-5264 Ex  | kt. 13  | Website:<br>www.commun                   | itybehavioralhealth.net  |   |
| Mental Health/Addiction  ✓ Ability to Prescribe Medication ✓ Addiction IOP ✓ Addiction Outpatient ✓ Detox ✓ Family Therapy ✓ Group Therapy ✓ Individual Therapy  Other Behavioral Health | <ul> <li>✓ Medication</li> <li>Management</li> <li>✓ Mental Health IOP</li> <li>✓ Peer Support</li> <li>✓ PRP</li> <li>✓ Psychiatric</li> <li>Evaluation</li> </ul> | ✓ Subute.<br>✓ TCM fo<br>✓ Telepsy<br>✓ Telehea | one Treatment<br>x Treatment<br>r Adults | Specialty Treatments:  ☑ Anger Management ☑ Art Therapy ☑ Co-occurring Treatment / Dual Diagnosis ☑ Eating Disorders ☑ Forensic ☑ Gambling ☑ Geriatric | ☑ LBGTQ<br>☑ Play Therapy<br>☑ Sex Offender<br>☑ Veterans   |

|  |                    | Compass   | <b>Health</b>  | Services                    |  |
|--|--------------------|---|--|-----------------------------|--|
| Address 1:<br>2326 Goddard Parkway,<br>Suite A<br>Salisbury, MD 21801<br>Phone:<br>443-978-7803  | 100<br>Suit<br>Bro | lress 2: East Patapsco Ave, te E oklyn, MD 21225 one: -239-3144 | Hours of Operation: Mon - Fri 9am - 5pm Intakes by appointment only Website/Email: Compasshealthservices.com |                             | Payment Type(s): Medicaid, Medicare, Private Insurance, Self-Pay, Sliding Fee Scale Ages Served: Children, Adolescents, Adults |
| Mental Health/Addictions S   | ervice             | s Provided:   | <u> </u>   | Specialty Treatments        | s:   |
| ✓ Ability to Prescribe Medication ✓ Family Therapy ✓ Group Therapy ✓ Individual Therapy ✓ Telehealth Services ✓ Medication ✓ Management ✓ Suboxone Treatment ✓ Psychiatric Evaluatio ✓ Mental Health IOP ✓ PRP |                    |   | ✓ Anger Managemen ✓ Co-occurring Treatr ✓ Eating Disorders ✓ Trauma- Please so                               | ment/ Dual Diagnosis        |  |
| Other Behavioral Health Se<br>Traumatic Loss, Natural Disa   |                    | : PTSD due to Domestic V  | iolence, C   | l<br>hild Maltreatment, War | Related Trauma, Medical Trauma.  |

|                           | Delmarva (                        | Counseling Center LLC        |   |
|---------------------------|-----------------------------------|------------------------------|---|
| Address:                  | Phone:                            | Hours of Operation:          | Payment Type(s):                        |
| 28 East State St.         | 410-896-3995                      | Mon - Fri 8:00am - 6:00pm    | Medicaid, Private Insurance, Self-Pay   |
| Delmar, MD 21875          |                                   |                              |   |
|                           |                                   | Language Services:           | Ages Served:                            |
|                           | Fax:                              | Spanish                      | 6+                                      |
|                           | 410-896-2825                      |                              |   |
| Mental Health/Addictions  | Services Provided:                | <b>Specialty Treatments:</b> |   |
| ☑ Addiction IOP           | ✓ Mental Health IOP               | ☑ Eating Disorders           | ☑ Co-occurring Treatment/Dual Diagnosis |
| Addiction Outpatient      | ☑ Psychiatric Evaluations         | ☑ Gambling                   | ☑ Anger Management Groups               |
|                           | ✓ Telepsychiatry                  | ☑ Therapy for LGBTQ          |   |
| ☑ Group Therapy           |                                   | ☑ Sex Offender               | ✓ Trauma                                |
| ✓ Individual Therapy      |                                   |                              | ✓ Veterans                              |
|                           |                                   |                              |   |
|                           |                                   |                              |   |
| Other Rehavioral Health S | arvices: Military Family Life Cou | Insoling Convices            |   |
| Other Behavioral Health S | ervices: Military Family Life Cou | unselling Services           |   |

| Address 4:                 |                            | , Leslie, PhD                  | wa4!a.a.   | Decement Tomo(e):               |
|----------------------------|----------------------------|--------------------------------|--|---------------------------------|
| Address 1:                 | Address 2:                 | Hours of Ope                   |  | Payment Type(s):                |
| 212 W. Main St.,           | 5 Chestnut Way             |                                | ıle appointment  | Medicaid, Self-Pay,             |
| Salisbury, MD 21801        | Berlin, MD 21811           | Tues - Fri 9:30                | 0am - 5:30pm   | Sliding Fee Scale,<br>Uninsured |
| Phone: 410-742-7160        | <b>Phone:</b> 410-742-7160 | Website: Dr.LeslieDonnelly.com |  |                                 |
| Fax: 410-630-7389          | <b>Fax</b> : 410-630-7389  |                                |  | Ages Served:<br>16+             |
| Mental Health Services Pro | vided:                     | <u>.</u>                       | Specialty Treatm                                       | ents:                           |
| ☑ Individual Therapy       |                            |                                | <ul><li>✓ Co-occuring Tr</li><li>✓ Geriatric</li></ul> | eatment / Dual Diagnosis        |

| Address:  | Address 2:  |   | logical Services, LLC  | Payment Type(s):   |
|---|---|---|--|--|
| 1113 Healthway Dr.<br>Salisbury, MD 21804   | 29520 Canvasback Dr.<br>Easton, MD 21601  | Please check with each site for walk in times. Mon & Wed 8:00am – 8:00pm Tues & Thurs 8:00am – 7:00pm Fri 8:00am – 5:00pm |  | Medicaid, Medicare, Private Insurance, Self-Pay, Sliding Fee Scale, Uninsured  |
| <b>Phone:</b> 410-334-6961  | Phone: 410-822-5007   |   |  | Ages Served:<br>All ages   |
| Mental Health/Addictions  | Services Provided:  |   | Specialty Treatments:  |  |
| <ul> <li>☑ Ability to Prescribe         Medication</li> <li>☑ Addiction IOP</li> <li>☑ Addiction Outpatient</li> <li>☑ Family Therapy</li> <li>☑ Group Therapy</li> </ul> | <ul> <li>✓ Individual Therapy</li> <li>✓ Medication Managem</li> <li>✓ PRP</li> <li>✓ Psychiatric Evaluation</li> <li>✓ Vivitrol Treatment</li> <li>✓ Peer Support</li> </ul> |   | <ul> <li>✓ Anger Management Groups</li> <li>✓ Co-occurring Treatment/Dual Diagnosis</li> <li>✓ Forensic</li> <li>✓ Sex Offender</li> <li>✓ Trauma</li> </ul> | <ul><li>✓ Veterans</li><li>✓ Art Therapy</li><li>✓ Play Therapy</li><li>✓ LGBTQ</li><li>✓ Eating Disorders</li></ul> |

|  | Family Tree T             | herapy, LLC  |                |
|--|---------------------------|--|----------------|
| Address:<br>11022 Nicholas Lane<br>Suite 2 | Phone:<br>443-735-4812    | Hours of Operation: Call to schedule appointme Mon -Thur 11:00am - 7:00p | -              |
| Ocean Pines, MD 21811                      |                           | ·  |                |
|  | Website:                  |  | Ages Served:   |
|  | FamiltyTreeTherapyLLC.com |  | 2-19           |
| Mental Health Services Prov                | vided:                    | Specialty  | Treatments:    |
|  |                           | ☑ Play T   | nerapy         |
| ✓ Individual Therapy                       |                           |  | -Child Therapy |

|                               | Focus Point E               | Behavioral                         | Health                                   |                      |
|-------------------------------|-----------------------------|------------------------------------|--|----------------------|
| Address:                      | Address:                    | Hours of                           | f Operation:                             | Payment Type(s):     |
| 11672 Somerset Ave            | 803 N. Salisbury Blvd       | Intake by appointment and walk-in. |  | Medicaid, Private    |
| Princess Anne, MD 21853       | Suite 2200                  | Mon -Thi                           | ur: 9:00am-7:00pm                        | Insurance, Self-Pay, |
|                               | Salisbury, MD 21804         | Fri 9:00a                          | m – 5:00pm                               | Uninsured            |
| Phone: 410-621-5858           | <b>Phone:</b> 443-978-7838  | Sat 9:00am -1:00pm                 |  | Ages Served:         |
| Fax: 410-621-5799             | <b>Fax:</b> 410-621-5799    |                                    |  | Adolescent – Adult   |
|                               |                             | Website                            |  |                      |
|                               |                             | www.foci                           | uspointbh.com                            |                      |
| Mental Health / Addictions Se | vices Provided:             |                                    | Specialty Treatments:                    |                      |
| ☑ Addiction IOP               | ☑ PRP                       |                                    | ☑ Co-occurring Treatment/ Dual Diagnosis |                      |
| ☑ Addiction Outpatient        | ☑ Suboxone Treatment        |                                    | · ·                                      | · ·                  |
| ✓ Individual Therapy          | ✓ Vivitrol Treatment        |                                    |  |                      |
| ✓ Medication Management       |                             |                                    |  |                      |
| Other Behavioral Health Servi | ces: Supportive Employment. |                                    |  |                      |

|  | Garne  | r, Doris C.,  | PhD  |  |
|--|--|---------------|--|--|
| Address 1: 8420 Follow Ditch Rd. Westover, MD 21871  Phone: 410-957-3105 Fax: 410-952-3148 | Address 2:<br>10031 Old Ocean City Blvd,<br>Berlin, MD 21811<br>Phone:<br>410-957-3105<br>Fax:<br>410-952-3148 |               | Office Hours: Call to schedule appointment Mon -Thurs 9:00am - 6:30pm Fri 9:00am - 5:00pm Sat 8:00am - 12:00pm *Intake by appointment only | Payment Type(s): Medicare, Private Insurance, Self-Pay  Ages Served: 3 – 100 |
| Mental Health Provided:  ☑ Family Therapy ☑ Individual Therapy                             |  | ✓ Lesbian/0   |  | 1  |
| Other Behavioral Health Services: Te   | sting for ADD and AD   | HD for Adults | and Children   |  |

|                          |                        | Go-Getters, Inc     | ).         |                       |                  |
|--------------------------|------------------------|---------------------|------------|-----------------------|------------------|
| Address 1:               | Address 2:             | Address 3:          | Hours of   | Operation:            | Payment Type(s): |
| 431 E Main St.           | 7033 Worcester Hwy.    | 11559 Somerset Ave. | Mon – Fr   | ri 8:00am - 4:00pm    | Medicaid         |
| Salisbury, MD 21801      | Newark, MD 21841       | Princess Anne, MD   |            |                       |                  |
|                          |                        | 21853               | Phone:     |                       |                  |
|                          |                        |                     | 410-341-   | 3420                  | Ages Served:     |
| Website:                 |                        |                     |            |                       | 18+              |
| www.lowershoreclinic.org |                        |                     | Referrals  | · <del>-</del>        |                  |
| Live Chat via website    |                        |                     | 443-859-   |                       |                  |
|                          |                        |                     | referrals@ | plowershoreclinic.org |                  |
| Mental Health/Addictions | Services Provided:     |                     | 1          | Specialty Treatments: | -                |
| ✓Peer Support            | ✓ RRP                  |                     |            | ☑ Forensic            |                  |
| ☑ PRP                    | ✓ Resident             | tial Crisis Beds    |            | ☑ Geriatric           |                  |
|                          |                        |                     |            |                       |                  |
| Other Behavioral Health  | Services: Supported Em | ployment Services   |            |                       |                  |

| Address:                     | Go-Getters, Inc. – Fri         | Hours of Operation: | Payment Type(s):   |
|------------------------------|--------------------------------|---------------------|--------------------|
| 403 E. Main St.              | 410-341-3420                   | Mon - Fri           | Medicaid, Medicare |
| Salisbury, MD 21801          | 1.001.0120                     | 8:00am - 3:00pm     | moulouia, mouloui  |
| <b>,</b> ,                   | Referrals:                     |                     |                    |
| Website:                     | 443-859-7774 or                |                     | Ages Served:       |
| www.lowershoreclinic.org     | referrals@lowershoreclinic.org |                     | 55+                |
| Mental Health Services Provi | ded:                           | Special             | ty Treatments:     |
| ☑ PRP                        | ☑ RRP                          | N/A                 |                    |

**Other Behavioral Health Services:** provide a high-quality mental health rehabilitation services to people over the age of 55 living in Somerset, Wicomico, and Worcester counties. Our goals are to advocate for and encourage seniors to develop self-sufficiency, interdependence, and maximized potential while maintaining good physical and mental health.

|   | Go-Getters, Inc.       | - Peer Connectio  | ns                          |  |  |
|---|------------------------|---|-----------------------------|--|--|
| Address:<br>108 W. Lehigh Ave<br>Salisbury, MD 21801  | Phone:<br>410-341-3420 | Hours of Opera<br>Referral Progra<br>8:00am - 4:00pr      | m                           | Payment Type(s):<br>Medicaid, Medicare |  |
| Website:<br>www.lowershoreclinic.org<br>Live Chat via website   |                        | Referrals: 443-859-7774 or referrals@lowershoreclinic.org |                             | Ages Served:<br>18+                    |  |
| Mental Health/ Addiction Services   | Provided:              | <b>-</b>  | Specialty Treatr            | ments:                                 |  |
| <ul><li>☑ Peer Support</li><li>☑ PRP</li><li>☑ Residential Treatment Center</li></ul>                     |                        |   | ✓ Co-occurring<br>Diagnosis | Treatment/ Dual                        |  |
| Other Behavioral Health Services: problems and cope with mental healt and educational/vocational success. |                        |   |                             |  |  |

|   | <u> </u>  |                     |                       |                         |
|---|---|---------------------|-----------------------|-------------------------|
| Go  | -Getters, IncTransitional                                       | Aged Youth (\       | Nulff PAK)            |                         |
| Address:  | Phone:  | Hours of Operat     | tion:                 | Payment Type(s):        |
| 108 W. Lehigh Ave.                                      | 410-341-3420  | Mon - Fri           |                       | Medicaid, Uninsured     |
| Salisbury, MD 21801                                     |   | 8:00am -4:00pm      |                       |                         |
| Website: www.lowershoreclinic.org Live Chat via website | Referrals:<br>443-859-7774 or<br>referrals@lowershoreclinic.org |                     |                       | Ages Served:<br>18-29   |
| Mental Health Services Provided:                        |   |                     | Specialty Treatm      | nents:                  |
| ✓ Medication Management ✓ F                             | RRP   |                     | ☑ Anger Manage        | ment Groups             |
|   | PRP   |                     |                       | reatment / Dual         |
|   |   |                     | Diagnosis             |                         |
|   |   |                     |                       |                         |
| Other Behavioral Health Services:                       | A group model that uses positive                                | peer support to bu  | ild self esteem, lea  | arn strategies to solve |
| problems and cope with mental healt                     | h symptoms, improve daily living,                               | build natural suppo | orts with a goal of i | increased independence  |
| and educational/vocational success.                     |   |                     |                       |                         |

|   | Hands of Hope Coun        | seling Services, LLC   |   |
|---|---------------------------|--|---|
| Address:<br>111 W. Main St., Ste E<br>Salisbury, MD 21801                             | Phone:<br>443-944-0794    | Hours of Operation: Appointments required Mon – Fri 9:00am – 7:00pm  Sat 9:00am – 1:00pm | Payment Type(s): Medicaid, Medicare, Private Insurance, Self- Pay Ages Served: 6-99 |
| Mental Health Services Provide  ☑ Family Therapy ☑ Individual Therapy ☑ Group Therapy | ed: ☑ Telehealth Services | Specialty Treatments:  ☑ Anger Management Gro ☑ Veterans                                 | pups  |
| Other Behavioral Health Service   | ces:                      | ,  |   |

| Address:  | Phone:                                      | Hours of Operation:                                     | Payment Type(s):                         |
|---|---|---|--|
| 1300 S. Division St., #A<br>Salisbury, MD 21804                                     | 410-219-3488<br><b>Fax:</b><br>410-219-5900 | Call to schedule appointment<br>Mon - Fri 1:00pm-4:00pm | Medicare, Private Insurance Ages Served: |
|   |   |   | 18+                                      |
| Mental Health Services Provide  | d:  | Specialty Trea  | tments:                                  |
| <ul><li>☑ Ability to Prescribe Medication</li><li>☑ Medication Management</li></ul> | (except ADHD)                               |   |  |
| ☑ Psychiatric Evaluations   |   |   |  |
| - 1 by or liatile Evaluations   |   |   |  |

|   | Harmony Cour          | seling Services, LLC                         |                     |
|---|-----------------------|--|---------------------|
| Address:                                | Phone:                | Hours of Operation:                          | Payment Type(s):    |
| 1201 Pemberton Dr, Suite 1D             | 410-632-6688          | Mon - Fri                                    | Medicaid, Private   |
| Salisbury, MD 21801                     |                       | Call or email to schedule appointment        | Insurance, Self-Pay |
| Website:                                |                       | Email:                                       | Ages Served:        |
| Harmonycounselingsby.com                |                       | hoffman@harmonycounselingsby.com             | 18 - 100            |
| Mental Health Services Provided:        |                       | Specialty Treatments:                        |                     |
| ✓ Individual Therapy                    |                       | ☑ BIPOC Ally                                 |                     |
| ☑ Telehealth Services                   |                       | ☑ LGBTQIA+ Ally                              |                     |
|   |                       |  |                     |
|   |                       |  |                     |
| Other Behavioral Health Services: Anxie | ety, Depression, Job/ | Nork Stress, Life Transitions, Women's Issue | es                  |

|   | Hudson Health Services          |                                |   |  |  |  |  |
|---|---------------------------------|--------------------------------|---|--|--|--|--|
| Address:  | Phone:                          | Hours of Operation:            | Payment Type(s):                              |  |  |  |  |
| 1505 Emerson Ave                                  | 410-219-9000                    | Walk-in assessment hours       | Medicaid, Private Insurance, Self-Pay,        |  |  |  |  |
| Salisbury, MD 21801                               |                                 | Mon - Fri                      | Sliding Fee Scale                             |  |  |  |  |
|   | Fax:                            | 8:00am – 2:00pm                | _   |  |  |  |  |
| Website:  | 410-742-7048                    | _                              | Ages Served:                                  |  |  |  |  |
| www.Hudson-Health.org                             |                                 | Appointments taken 24/7        | 18 – End of Life                              |  |  |  |  |
|   | Interpreter Services:           |                                |   |  |  |  |  |
|   | Interpreter on site (Spanish)   |                                |   |  |  |  |  |
|   | Interpreter services            |                                |   |  |  |  |  |
|   |                                 |                                |   |  |  |  |  |
| Mental Health/Addictions                          |                                 |                                | Specialty Treatments:                         |  |  |  |  |
| ☑ Ability to Prescribe Med                        |                                 |                                | ☑ Anger Management Groups                     |  |  |  |  |
|   | ☑ Psychiatric E                 |                                | ☑ Art Therapy                                 |  |  |  |  |
|   | lousing   ☑ Residedntial        | Treatment Center               | ☑ Co-occurring Treatment/ Dual Diagnosis      |  |  |  |  |
| ✓ Detox   | ✓ Vivitrol Treat                | ment                           | ☑ Harm Reduction                              |  |  |  |  |
|   |                                 |                                | ✓ Music Therapy                               |  |  |  |  |
| ✓ Individual Therapy                              |                                 |                                | ✓ Pet and Equine Therapy                      |  |  |  |  |
| ☑ Medication Managemen                            | nt                              |                                |   |  |  |  |  |
| ✓ Peer Support                                    |                                 |                                |   |  |  |  |  |
| Other Behavioral Health Sin Georgetown, Delaware. | Services: Hudson Health Service | es' Halfway and Transitional H | Houses are located in Salisbury, Maryland and |  |  |  |  |

|   |       | Island Care                | Me | ntal Health  |  |
|---|-------|----------------------------|----|--|--|
| Address:<br>11022 Nicholas Lane., Unit 2 Suite 1<br>Berlin, MD 21811                                      |       | <b>Phone:</b> 410-641-5190 |    | Hours of Operation: Call to schedule appointment           | Payment Type(s): Medicaid, Medicare, Private Insurance Ages Served: 5+   |
| Mental Health Services Provided:  |       |                            |    | ecialty Treatments:  |  |
| <ul><li>☑ Ability to Prescribe Medication</li><li>☑ Family Therapy</li><li>☑ Individual Therapy</li></ul> | Manag | edication gement           |    | Anger Management Groups Co-occuring Treatment/Dual agnosis | <ul><li>✓ Play Therapy</li><li>✓ First Responders</li><li>✓ Geriatric Psychiatry</li><li>✓ LGBTQ</li><li>✓ PTSD Trauma</li></ul> |
| Other Behavioral Health Services:<br>Depression, Anxiety, Panic Disorder,<br>health disorders.            |       |                            |    |  |  |

|  |   | J. [                | David Collins and Ass  | sociates                           | , LLC   |  |
|--|---|---------------------|--|------------------------------------|---|--|
| Address 1:<br>540 Riverside Dr.,<br>Suite 8,<br>Salisbury, MD 21801<br>Phone: 410-548-<br>3333                     | Address 2:<br>828 Airpax Ro<br>Building B Sui<br>Cambridge, M<br>Phone: 410-5 | te 300<br>ID 21613  | Address 3:<br>30256 Mt. Vernon Road<br>Unit H<br>Princess Anne, MD<br>21853<br>Phone: 410-548-3333 | Appoint intake Mon - F Please Card | of Operation: tments and walk-ins for Fri 9:00am - 5:00pm bring ID and Insurance  | Payment Type(s): Medicaid, Medicare, Private Insurance, Self-Pay, Sliding Fee Scale, Uninsured  Ages Served: |
|  |   |                     |  | www.jd                             | avidcollins.com   | 6+ Mental Health<br>18+ Substance  |
| Mental Health/Addict   | ions Services   | Provided:           |  | 1                                  | Specialty Treatments:   |  |
| ✓ Ability to Prescribe ✓ Addiction IOP ✓ Addiction Outpatiel ✓ Family Therapy ✓ Group Therapy ✓ Individual Therapy | nt  | ✓ Teleps<br>✓ Subox | ation Management<br>syhciatry<br>cone Treatment<br>ol Treatment                                    |                                    | <ul> <li>☑ Geriatric</li> <li>☑ Co-occurring Treatmen</li> <li>☑ Anger Management Gr</li> <li>☑ LGBTQ</li> <li>☑ Trauma Informed Thera</li> </ul> | oups   |
| Other Behavioral Hea   | alth Services:  |                     |  |                                    |   |  |

|                              | Lead                                    | 4Life, Inc                              |                     |
|------------------------------|---|---|---------------------|
| Address:                     | Phone:                                  | Hours of Operation:                     | Payment Type(s):    |
| 225 N. Division St           | 443-978-7864                            | Mon – Thurs - 8:00am – 5:00pm           | Medicaid, Self-Pay, |
| Salisbury, MD 21801          |   | Fri 8:00am – 3:00 pm                    | Grants              |
|                              |   | Sat 9:00am – 12:00pm                    |                     |
| Website:                     | Language Services:                      |   | Ages Served:        |
| www.lead4lifeinc.org         | Bilingual Staff (Spanish)               | Intakes by appointment only             | 5 - 65              |
|                              | Interpreter Services (Haitian Creole,   | Please call to schedule                 |                     |
|                              | Spanish)                                |   |                     |
|                              | Language Line                           |   |                     |
|                              |   |   |                     |
| <b>Mental Health Service</b> | s Provided:                             | Specialty Treatments:                   |                     |
|                              | ☑ PRP                                   | ☑ Anger Management Groups               |                     |
|                              | ☑ Housing Support                       | ✓ Art Therapy                           |                     |
| ✓ Individual Therapy         | ☑ Telehealth Services                   | ☑ Co-occurring Treatment/ Dual Dia      | gnosis              |
| .,                           |   | ☑ Trauma                                | •                   |
|                              |   |   |                     |
|                              |   |   |                     |
| Other Behavioral Heal        | th Services: Trauma – cognitive behavio | ral, exposure, psychotherapy, Mind-Body | medicine approach.  |
|                              | and workforce developments.             | - , - , - , , - , - , - , - , - , -     |                     |

|                             | Life (                           | Crisis Center, Inc   |             |
|-----------------------------|----------------------------------|--|-------------|
| Address:                    | Phone:                           | Business Office Hours                                      | Payment     |
| P.O. Box 387                | 410-749-4357 or 211              | 9:00AM – 5:00PM  | Type(s):    |
| Salisbury, MD 21803         | (Crisis Line – 24/7)             | Counseling services for victims of child abuse, adults     | Free        |
|                             |                                  | molested as children, child witnesses of domestic          | Counseling  |
| Language:                   | Domestic Violence Shelter        | violence, sexual assault and intimate partner violence are | Services    |
| F/F Services offered in     | (24/7)                           | upon appointment only at 410-749-4357.                     |             |
| English and Spanish.        | Available upon screening         |  |             |
| Crisis lines utilize the    | and approval. Please call        | Legal services include 24/7 advocacy and legal             | Ages        |
| Language Line.              | number above for screening       | representation for victims of intimate partner violence if | Served:     |
| Language Line.              |                                  | determined to be eligible.                                 | All ages    |
| Mental Health Services Pr   | ovided:                          | Specialty Treatments:                                      |             |
|                             |                                  | ☑ Anger Management Groups                                  |             |
| ✓ Individual Therapy        |                                  | ☑ Art Therapy  |             |
|                             |                                  | ☑ Play Therapy   |             |
| ,                           |                                  |  |             |
|                             |                                  | Sexual), Child witnesses to Domestic violence, Adults      |             |
|                             |                                  | molested as children, sexual assault, intimate partner     |             |
|                             |                                  | violence.  |             |
|                             |                                  |  |             |
|                             |                                  | ctims of DV and Sexual Assault/Rape, Abuser's Intervention | Program for |
| domestic violence offenders | s, Community Training and Outrea | ach, Lower Shore Visitation Center.                        |             |

|   | Life   | 's Energy Wellne  | ss Center Inc.   |   |
|---|--|---|--|---|
| Address 1: 2324 West Zion Rd Suite 112 Salisbury, MD 21801 Phone: (800) 867-2395  Address 2: 514 Poplar St. Cambridge, MD 21613  Phone: (800) 867-2395  | Address 3:<br>8737 Brooks Dr.<br>Easton, MD 21601<br>Phone: (800) 867-2395 | Language Services: Bilingual Staff: (Spanish, Haitian Creole) Interpreter Services on site: (Haitian Creole, Spanish) Language Line | Hours of Operation: Open Access Walk-In Mon – Fri 10:00am - 2:00pm, Online Telehealth Assessments Mon – Fri 10:00am - 2:00pm  Patient should bring if available ID, Insurance Card, Social Security Card | Uninsured   |
| Mental Health/Addiction  ☑ Ability to Prescribe Me ☑ Addiction Outpatient ☑ Addiction Transitional ☑ Family Therapy ☑ Group Therapy ☑ Individual Therapy ☑ Psychiatric Evaluation ☑ Mental Health IOP ☑ Telehealth Services | edication  ☑ Medicati ☑ Peer Sup ☐ Sublocac ☑ Suboxor ☑ Subutex ☑ Vivitrol | le<br>e   | Groups  ☑ Co-occurring Treatment/ Dual Diagnosis ☑ Art Therapy ☑ Music Therapy ☑ Play Therapy ☑ LGBTQ+ ☑ Eating Disorders  | ✓ Sex Offender ✓ Forensic ✓ Trauma Informend and Trauma Responsive Treatment ✓ Gambling Treatment ✓ Harm Reduction Services |
| Other Behavioral Health<br>and trauma support group   |  |   | ınd prevention. Trauma – Gender<br>os  | specific trauma treatment   |

LifeMark Inc. Address: Hours of Operation: Phone: Payment Type(s): By Appointment Only 116 W. Main St., Suite 204 443-859-8584 Medicaid, Private Salisbury, MD 21801 Insurance, Self-Pay Fax: Ages Served: Website/Email: 443-859-8496 www.lifemark.pro 3 - 99 Mental Health/ Addiction Services Provided: **Specialty Treatments:** ✓ Individual Therapy ☑ Group Therapy ✓ Telehealth Services Other Behavioral Health Services:

| Ligh   | thouse Counseling &         | Consulting S   | ervices   |  |
|--|-----------------------------|--|---|--|
| Address:<br>1504 Market St.<br>Pocomoke City, MD 21851     | Phone:<br>410-957-4200      | Hours of Operation: Mon -Thurs 11:00am - 8:00pm Weekends available by appointment only |   | Payment Type(s): Medicaid, Private Insurance, Self-Pay, Sliding Fee Scale. |
| PO Box 281, Pocomoke City, MD 21851                        | <b>Fax:</b> 410-957-6842    |  | •   |  |
| Mental Health Services Provided:                           |                             |  | Specialty Treatm  | nents:   |
| <ul><li>✓ Family Therapy</li><li>✓ Group Therapy</li></ul> |                             |  | <ul><li>✓ Sex Offender</li><li>✓ Certified Clinic</li></ul> | al Trauma Professional   |
| ✓ Individual Therapy                                       |                             |  |   |  |
| Other Behavioral Health Services: Couple                   | s therapy specializes in co | gnitive behavioral   | therapy for depres  | sion and anxiety. Trauma   |

response, mediation, and distance counseling services are available.

Marriage/Couples Counseling

**Lighthouse Counseling Christian Ministry** Address 1: Address 2: **Hours of Operation:** Payment Type(s): 10026 Main St. Bldg 1 120 B Arlington Rd Mon - Fri 8:00am - 8:00pm Medicaid, Medicare, Private Berlin, MD 21811 Salisbury, MD 21801 Appointment Only Insurance, Self-Pay, Sliding Website: Fee Scale, Uninsured Phone: Phone: www.lighthousecounselingcm.com 410-973-2211 410-973-2211 Ages Served: 4+ Mental Health/Addictions Services Provided: **Specialty Treatments:** ☑ Anger Management Groups ☑ Addiction Outpatient ☑ Eating Disorders ✓ Individual Therapy ✓ LGBTQ ☑ Mental Health IOP ✓ Play Therapy ✓ Veterans Other Behavioral Health Services: Youth and Adolescent Counseling, Addictions Counseling (substance use, gambling, sex, etc.)

| Lower                             | nent (ACT) Tear                | m                  |                  |                          |
|-----------------------------------|--------------------------------|--------------------|------------------|--------------------------|
| Address:                          | Phone:                         | Language Services: |                  | Payment Type(s):         |
| 431 E. Main St                    | 410-341-3420                   | Language Line      |                  | Medicaid, Medicare,      |
| Salisbury, MD 21801               |                                |                    |                  | Uninsured                |
|                                   | Referrals:                     |                    |                  |                          |
| Website/Email:                    | 443-859-7774 or                |                    |                  | Ages Served:             |
| www.lowershoreclinic.org          | referrals@lowershoreclinic.org |                    |                  | 18+                      |
| Live chat via website             |                                |                    |                  |                          |
|                                   |                                |                    |                  |                          |
| Mental Health Services Provided:  |                                | I                  | Specialty Treatm | nents:                   |
| ☑ Ability to Prescribe Medication | ☑ Peer Support                 |                    | ☑ Co-occurring 1 | Freatment/Dual Diagnosis |
| ✓ Individual Therapy              | ☑ SEP/MHVP                     |                    |                  | v                        |
| ☑ Medication Management           |                                |                    |                  |                          |
| ☑ Mobile Treatment/ACT            |                                |                    |                  |                          |
|                                   |                                |                    |                  |                          |
|                                   |                                |                    |                  |                          |
| Other Behavioral Health Services  | :                              |                    | •                |                          |

|  | Lower Shore C            | linic, Inc.       |                     |                            |  |
|--|--------------------------|-------------------|---------------------|----------------------------|--|
| Address:                                   | Phone:                   | Hours of Opera    | ition:              | Payment Type(s):           |  |
| 505 E Main St.                             | 410-341-3420             | Intake by walk-ir | ٦,                  | Medicaid, Medicare,        |  |
| Salisbury, MD 21804                        |                          | Mon-Thurs 12:0    | 0 pm                | Private Insurance, Sliding |  |
|  | Referrals:               |                   |                     | Fee Scale, Self-Pay,       |  |
|  | 443-859-7774 or          |                   |                     | Uninsured                  |  |
| Website/Email:                             | referrals@lowershorecl   | Please bring pho  | oto identification, |                            |  |
| www.lowershoreclinic.org                   | inic.org                 | •                 |                     | Ages Served:               |  |
| Live chat via website                      |                          | secondary ident   | ification           | 18+                        |  |
|  | Language Services:       |                   |                     |                            |  |
|  | Language Line            |                   |                     |                            |  |
|  | ASL Interpreter          |                   |                     |                            |  |
|  |                          |                   |                     |                            |  |
|  |                          |                   |                     |                            |  |
| Mental Health Services Provided:           |                          |                   | Specialty Treatm    | nents:                     |  |
| ☐ Ability to Perscribe Medication          |                          |                   | ☑ Co-occuring T     | reatment / Dual            |  |
| ,    | ☑ Mobile Treatment / ACT |                   | Diagnosis           |                            |  |
| ☑ Group Therapy                            |                          |                   |                     | atment                     |  |
| ✓ Individual Therapy                       |                          |                   |                     |                            |  |
|  |                          |                   |                     | on                         |  |
|  |                          |                   |                     | ase see below              |  |
|  |                          |                   |                     |                            |  |
| Other Behavioral Health Services: Provides | s EMDR, CPT and Neuro-f  | eedback services  |                     |                            |  |

|  | Maple Shade Yo  | outh & Family Service                  | es, LLC           |                    |                      |
|--|---|--|-------------------|--------------------|----------------------|
| Address 1:   | Address 2:  | Address 3:                             | Hours o           | f Operation:       | Payment              |
| 23704 Ocean Gateway                                  | 11760 Somerset Ave,                                   | 382 West Main St.,                     | Mon – F           | -ri                | Type:                |
| Mardela Springs, MD 21837                            | Princess Anne, MD 21853                               | Crisfield, MD 21817                    | 9:00am            | – 5:00pm           | Medicaid             |
| <b>Phone</b> : 410-726-4910 <b>Fax</b> :410-677-0303 | Phone:410-621-5177<br>Fax:410-621-5050                | Phone:410-968-3547<br>Fax:410-968-1078 | Intake by         | appointment only   | Ages Served:<br>5-17 |
|  |   |  | Website<br>www.ma | :<br>ple-shade.org |                      |
| Mental Health Services Prov                          | rided:  |  |                   | Specialty Treatme  | ents:                |
| ☑ Ability to Prescribe Medica                        | _   | gement                                 |                   | ✓ Anger Managen    | nent Groups          |
| ☐ Family Therapy                                     | ✓ PRP   | t'                                     |                   | ☑ Play Therapy     |                      |
| ☐ Group Therapy                                      | ☑ Psychiatric Evalu                                   | ations                                 |                   |                    |                      |
| ☑ Individual Therapy                                 | <ul><li>✓ Respite*</li><li>✓ Telepsychiatry</li></ul> |  |                   |                    |                      |
| Other Behavioral Health Ser                          | vicas: *Day Pasnita Overnig                           | ht Rosnita School hasad                | therany           |                    |                      |
| Ciliei Bellaviolai Healtii Sei                       | vices. Day Nespite, Overling                          | iii ivespiie, odilooi baseu            | шыару             |                    |                      |

|                                   |        | MATCli               | nics                             |                      |                         |
|-----------------------------------|--------|----------------------|----------------------------------|----------------------|-------------------------|
| Address:                          |        | Phone:               | Hours of C                       | Operation:           | Payment Type(s):        |
| 659 S Salisbury Blvd, Suite 4     |        | 410-220-0720         | 10-220-0720 Tues 2:00pm - 7:00pm |                      | Medicaid, Private       |
| Salisbury, MD 21801               |        |                      | Thurs & Sat                      | t: 9:00am - 3:00pm   | Insurance, Self-Pay     |
|                                   |        | Language Services:   |                                  |                      |                         |
| Website:                          |        | Bilingual Staff      | Intake by ap                     | ppointment           | Ages Served:            |
| www.MATClinics.com                |        | (Spanish)            |                                  |                      | 18+                     |
|                                   |        |                      |                                  |                      |                         |
|                                   |        |                      |                                  |                      |                         |
|                                   |        |                      |                                  |                      |                         |
|                                   |        |                      |                                  |                      |                         |
| Meltal Health Services Provided:  |        |                      | 1                                | Specialty Treatmen   | ts:                     |
| ☑ Ability to Prescribe Medication | ✓ Met  | hadone Treatment     |                                  | ☑ Co-occurring Treat | atment / Dual Diagnosis |
| ☑ Addiction IOP                   | ✓ Psy  | chiatric Evaluations |                                  | ☑ Harm Reduction :   | Services                |
| ☑ Addiction Outpatient            | •      | oxone Treatment      |                                  |                      |                         |
| ☑ Campril Treatment               | ✓ Sub  | utex Treatment       |                                  |                      |                         |
| ☑ Group Therapy                   | ✓ Sub  | locade Treatment     |                                  |                      |                         |
| ✓ Individual Therapy              | ☑ Tele | epsychiatry          |                                  |                      |                         |
| ☑ Mental Health IOP               |        | trol Treatment       |                                  |                      |                         |
| ✓ Medication Management           |        | solv Treatment       |                                  |                      |                         |
| 1                                 |        |                      |                                  |                      |                         |
| Other Behavioral Health Services  |        |                      |                                  |                      |                         |

|                                   | Mosaic Counseling  | & Wellness             | , LLC             |                     |
|-----------------------------------|--------------------|------------------------|-------------------|---------------------|
| Address:                          | Phone:             | Hours of Operation:    |                   | Payment Type(s):    |
| 207 W Main St                     | 443-614-2348       | Mon 8:00am - 6:00pm    |                   | Medicaid, Private   |
| Suite #2                          |                    | Tues 8:00ar            | m - 2:00pm        | Insurance, Self-Pay |
| Salisbury, MD 21801               | Language Services: | Wed 9:00an             | n - 7:00pm        |                     |
|                                   | English            | Thurs 11:00am - 8:00pm |                   | Ages Served:        |
| Website:                          |                    |                        | •                 | 5+                  |
| Mosaiccounselingandwellness.com   |                    | Intake by ap           | ppointment.       |                     |
|                                   |                    | Call (443) 6           | 14-2348           |                     |
|                                   |                    |                        |                   |                     |
|                                   |                    |                        |                   |                     |
| Meltal Health Services Provided:  | <b>-</b>           | I                      | Specialty Treatme | nts:                |
|                                   |                    |                        | ✓ Play Therapy    |                     |
| ☑ Group Therapy                   |                    |                        |                   |                     |
| ✓ Individual Therapy              |                    |                        |                   |                     |
|                                   |                    |                        |                   |                     |
| 00 51 : 111 10 :                  |                    |                        |                   |                     |
| Other Behavioral Health Services: |                    |                        |                   |                     |

|                                   | Open Arms & Hea                                     | ırts Health Servi                                    | ces, LLC            |  |  |
|-----------------------------------|---|--|---------------------|--|--|
| Address:                          | Phone:  | Hours of Operation                                   |                     | Payment Type(s):                             |  |
| 1532 Ocean Highway, Suite 102     | 443-437-7128  | Mon – Thurs 5:00am – 11:00am<br>Fri 5:00am – 10:00am |                     | Medicaid, Medicare, Self-                    |  |
| Pocomoke City, MD 21851           | Languago Camiloogi                                  | Sat 6:00am - 10:0                                    |                     | Pay, Uninsured                               |  |
| Website:<br>Openarmshearts.com    | Language Services:<br>Interpreter Services<br>(ASL) | Intakes:   |                     | Ages Served:<br>18+                          |  |
|                                   | Bilingual Staff (Spanish)                           | Mon, Tues, Wed<br>Thurs 5:00am – 9                   |                     |  |  |
| Mental Health / Substance Abuse   | Services Provided:                                  |  | Specialty Treatment | ts:  |  |
| ☑ Ability to Prescribe Medication | ☑ Medication Manageme                               | nt   | ☑ Anger Manageme    | •  |  |
| ✓ Addiction IOP                   | ☑ Telepsyhciatry                                    |  | ☑ Co-occurrig / Dua | I Diagnosis                                  |  |
| ✓ Addiction Outpatient            | ☑ Methadone Treatment                               |  |                     |  |  |
| ☑ Group Therapy                   | ☑ Subutex Treatment                                 |  | ☑ Harm Reduction    |  |  |
| ✓ Individual Therapy              | ☑ Suboxone Treatment                                |  | ☑ LGBTQ             |  |  |
|                                   | ☑ Vivitrol Treatment                                |  | ✓ Veterans          |  |  |
|                                   |   |  |                     |  |  |
|                                   |   |  |                     |  |  |
| Other Behavioral Health Services  | :<br>:  | <u>.</u>   |                     | <u>.                                    </u> |  |

| Per                       | ninsula Menta    | l Health Servic | es and Peninsula Addictions Servi   | ces                  |
|---------------------------|------------------|-----------------|---|----------------------|
| Address:                  |                  | Phone:          | Hours of Operation:   | Payment Type(s):     |
| 102 West Market St.       |                  | 410-860-2673    | Mon – Fri 8:00am – 8:00pm   | Medicaid, Private    |
| Salisbury, MD 21801       |                  |                 |   | Insurance, Self-Pay, |
|                           |                  | Fax:            | Intakes can be scheduled or walk-in; patients should bring identification and | Uninsured            |
|                           |                  | 410-860-0450    | insurance card or proof of applying for                                       | Ages Served:         |
|                           |                  |                 | health insurance  | 18 +                 |
|                           |                  |                 |   |                      |
| Mental Health/Addictions  | Services Provide | ed:             | Specialty Treatments:   |                      |
| ☑ Ability to Prescribe    | ✓ Medication     | Management      | ☑ Co-occurring Treatment/Dual Diagno  | sis                  |
| Medication                | Outpatient I     | Mental Health   |   |                      |
| ☑ Addiction IOP           |                  | reatment        | ☑ Forensic  |                      |
|                           | ✓ Vivitrol Trea  | ıtment          | ☑ LGBTQ   |                      |
| ☑ Group Therapy           | ✓ Subutex Tree   | eatment         | ☑ Trauma - Veterans   |                      |
| ☑ Individual Therapy      |                  | Services        |   |                      |
|                           |                  |                 |   |                      |
| Other Behavioral Health S | ervices:         |                 |   |                      |

|   | Perdue Art The           | erapy & Counseling                           |                       |
|---|--------------------------|--|-----------------------|
| Address:                                | Phone:                   | Hours of Operation:                          | Payment Type(s):      |
| 1147 S. Salisbury Blvd. Ste 8<br>#381   | 443-735-4114             | Intakes by appointment only                  | Self-Pay              |
| Salisbury, MD 21801                     | <b>Fax:</b> 443-440-5640 |  | Ages Served:<br>20-99 |
| Website:                                |                          |  |                       |
| www.perduearttherapy.com                |                          |  |                       |
| Mental Health Services Provided:        |                          | Specialty Treatments:                        |                       |
| ✓ Individual Therapy                    |                          | ✓ Art Therapy                                |                       |
| ☑ Telehealth Services                   |                          | ☑ Early onset Alzheimer/Dementia             |                       |
|   |                          |  |                       |
| Other Behavioral Health Services: Demen | tia, family/caregiver    | support, support groups, creative aging con- | sulting               |

| Address:                            | Phone:             | Hours of Operation:      |               | Payment Type(s):        |
|-------------------------------------|--------------------|--------------------------|---------------|-------------------------|
| 313 West London Ave                 | 410-618-1990       | Tues - Fri 9:00am-5:00pm |               | Medicaid, Private       |
| Salisbury, MD 21801                 |                    | Intakes by appoint       | ment only     | Insurance, Self-Pay,    |
|                                     | Language Services: |                          |               |                         |
| Website:                            | N/A                |                          |               | Ages Served:            |
| www.reenvisioncounseling.com        |                    |                          |               | 18 - 64                 |
| Mental Health / Substance Abuse Ser | vices Provided:    | Spec                     | ialty Treatme | nts:                    |
| ✓ Individual Therapy                |                    | •                        | •             | eament / Dual Diagnosis |
| ✓ Telehealth Services               |                    |                          | GBTQ          | Jan. 2                  |
|                                     |                    |                          | rauma (Sexual | Trauma)                 |
|                                     |                    |                          | (             | ,                       |

| Reeves, Talmadge C, MD   |                            |   |  |   |  |
|--|----------------------------|---|--|---|--|
| Address:<br>233 West Main St.<br>Salisbury, MD 21801   | <b>Phone:</b> 410-749-0124 | Hours of Operation: Payment Type( Call to schedule appointment Self-Pay |  | Payment Type(s): Self-Pay (No credit cards) |  |
|  | <b>Fax:</b> 410-546-4872   |   |  | Ages Served:<br>18+                         |  |
| Mental Health Services Provided:   |                            |   | Specialty Treatm                               | nents:                                      |  |
| <ul><li>☑ Ability to Prescribe Medication</li><li>☑ Individual Therapy</li><li>☑ Psychiatric Evaluations</li></ul> |                            |   | ☑ Eating Disorde<br>☑ LGBTQ<br>☑ Trauma - PTSI |   |  |
| Other Behavioral Health Services:  |                            |   |  |   |  |

| Safe Harbour Addiction Counseling        |                             |            |                   |                  |  |
|--|-----------------------------|------------|-------------------|------------------|--|
| Address:                                 | Phone:                      | Hours of O | peration:         | Payment Type(s): |  |
| 11022 Nicholas Lane                      | 443-365-0699                | Mon - Fri  |                   | Self-Pay         |  |
| Ocean Pines South Unit #2                |                             |            |                   |                  |  |
| Berlin, MD 21811                         | Language Services:          |            | Counseling by     | Ages Served:     |  |
|  | N/A                         | appointmen | t                 | 18+              |  |
| Website:                                 |                             |            |                   |                  |  |
| safeharbouraddictioncounseling.com       |                             |            |                   |                  |  |
| Substance Abuse Services Provided:       |                             |            | Specialty Treatme | nts:             |  |
| ✓ Individual Therapy                     |                             |            |                   |                  |  |
| ☑ Group Therapy                          |                             |            |                   |                  |  |
|  |                             |            |                   |                  |  |
| Other Behavioral Health Consider Transf  | Comp. Defermede Discuss Occ | 14         |                   |                  |  |
| Other Behavioral Health Services: Transf | ers, Referrals, Phone Con   | ISUIT      |                   |                  |  |
|  |                             |            |                   |                  |  |

| Address:                   | Phone:            | Hours of Operation:                   | Payment Type(s):         |
|----------------------------|-------------------|---------------------------------------|--------------------------|
| 314 Franklin Ave,          | 410-973-2525      | Intakes by appointment only. Hours of | Medicaid, Medicare,      |
| Suite 306                  |                   | operation vary by practitioner        | Private Insurance, Self- |
| Berlin, MD 21811           | Fax:              | Website:                              | Pay, Sliding Fee Scale   |
|                            | 410-973-2527      | www.seasidecounselingandwellness.com  | Ages Served: 4+          |
| Mental Health/Addictions S | ervices Provided: | Specialty Treatments:                 |                          |
|                            |                   |                                       |                          |
| ✓ Individual Therapy       |                   |                                       |                          |
|                            |                   |                                       |                          |
|                            |                   |                                       |                          |
|                            |                   |                                       |                          |

|                               | Second Wind           |            |                      | T =                   |
|-------------------------------|-----------------------|------------|----------------------|-----------------------|
| Address:                      | Phone:                | Hours of   | Operation:           | Payment Type(s):      |
| 309 Newton St.                | 410-749-8038          | Intake by  | appointment based on | Medicaid, Self-Pay    |
| Salisbury, MD 21801           |                       | bed availa | ability.             |                       |
| •                             |                       |            | ·                    | Ages Served:          |
| Website/Email:                | Fax:                  | Office hou | Office hours:        |                       |
| www.secondwindinc.net         | 410-749-8040          | 10:00am -  | – 4:00pm             |                       |
| Addictions Services Provided: |                       |            | Specialty Treatment  | s:                    |
| ✓ Addiction Outpatient        | Peer Support          |            | ☑ Anger Managemer    | nt Groups             |
|                               | ✓ Level III.1 Halfway | Housing    | ☑ Co-occurring Trea  | tment/ Dual Diagnosis |
| ☑ Group Therapy               | ,                     | 3          | ☑ Gambling           | · ·                   |
| ✓ Individual Therapy          |                       |            | ☑ Harm Reduction     |                       |

| Somerse                           | et County Health Departme | ent              |              |
|-----------------------------------|---------------------------|------------------|--------------|
| Address:                          | Hours of Operation:       | Payment Type(s): |              |
| 8928 Sign Post Rd. Suite 2        | Mon - Fri 8:00am - 4:30pm |                  | Uninsured    |
| Westover, MD 21871                | Languate Services:        |                  | Ages Served: |
| Phone:                            | Website:                  |                  |              |
| 443-523-1722                      | www.somersethealth.org    |                  |              |
|                                   |                           |                  |              |
| Addictions Services Provided:     |                           | Specialty Treatm | ents:        |
| ☑ Peer Support                    |                           | N/A              |              |
| Other Behavioral Health Services: |                           | •                |              |
|                                   |                           |                  |              |

| Somerset County Wellness and Recovery Center   |                            |  |                             |                            |  |
|--|----------------------------|--|-----------------------------|----------------------------|--|
| Address:<br>11674 Somerset Ave,<br>Princess Anne, MD 21853   | <b>Phone:</b> 410-621-5739 | Hours of Opera<br>Mon - Fri<br>8:00am - 4:30pi |                             | Payment Type(s): Uninsured |  |
| Website:<br>www.somersethealth.org   | <b>Fax:</b> 410-621-5426   | Language Serv<br>Interpreter Serv              |                             | Ages Served:<br>18+        |  |
| Addictions Services Provided:  |                            | •  | Specialty Treatr            | nents:                     |  |
| <ul> <li>✓ Peer Support</li> <li>✓ Group Support Meetings</li> <li>✓ State Care Coordination Services</li> <li>✓ Re-Entry Services</li> <li>✓ Telehealth Services</li> </ul> |                            |  | ☑ Anger Manag<br>☑ Veterans | ement Groups               |  |
|  | oking cessation and re-e   | ntry services                                  |                             |                            |  |

| A dalue a a .   |                            | Carol, LCSW   | Doument Time(s):   |
|---|----------------------------|---|--|
| Address:<br>106 Circle Ave.<br>Salisbury, MD 21801                      | <b>Phone:</b> 410-430-0727 | Hours of Operation: Call to schedule appointment Tues, Thurs, and Fri 1:00pm – 8:00pm | Payment Type(s): Medicaid, Medicare, Private Insurance, Self- Pay Ages Served: 18+ |
| Mental Health Services Provided:  ☑ Family Therapy ☑ Individual Therapy |                            | Specialty Treatments:   |  |
| Other Behavioral Health Services:                                       |                            |   |  |

| The Personal Wellness Center  |   |  |   |  |  |
|---|---|--|---|--|--|
| Address:<br>6508 Deer Pointe Dr<br>Suite 4C<br>Salisbury, MD 21804                                    | Phone:<br>410-742-6016<br>Fax:<br>410-742-6014            | Hours of Operation: Call to schedule appointment Mon - Thurs 8:00am - 7:00pm Fri 8:00am - 5:00pm F |   | Payment Type(s): Medicaid, Medicare, Private Insurance, Self- Pay, Sliding Fee Scale, Unisured |  |
| Website/Email:<br>www.thepersonalwellnesscenter.com   | Language Services:<br>Spanish – Bilingual<br>Staff onsite |  |   | Ages Served: 5+  |  |
| Mental Health Services Provided:  |   |  | Specialty Treatn  | nents:   |  |
| <ul><li>✓ Family Therapy</li><li>✓ Group Therapy</li><li>✓ Individual Therapy</li><li>✓ PRP</li></ul> | th Services   | [  | ☑ Eating Disorde<br>☑ Geriatric<br>☑ Play Therapy<br>☑ Trauma | ers  |  |
| Other Behavioral Health Services: Certifiand Motivational Interviewing.                               | fied Clinical Trauma Profess                              | ional. Cognitive Beh   | avioral Therapy,  | Dialectic Behavior Therapy   |  |

| Address:   | Phone:   | Hours of Operation:   | Payment Type(s):                                  |
|--|--|---|---|
| 201 Hall Highway<br>Crisfield, MD 21817  | 410-968-1801 -Ext. 3   | Mon - Fri 8:00pm - 5pm  | Medicaid, Medicare,<br>Private Insurance, Self-   |
| ,  |  | Please call to schedule an  | Pay, Uninsured                                    |
| Website/Email:<br>www.tidalhealth.org  | <b>Fax:</b> 410-968-9380   | appointment   | Ages Served:<br>18+                               |
| v  |  | Language Services:<br>Language Line   |   |
| Mental Health and Addiction  | n Services Provided:   | Specialty Treatments:   |   |
| ☑ Ability to Prescribe Medication  | <ul><li>✓ Medication Management</li><li>✓ Peer Support</li></ul> | <ul><li>✓ Art Therapy</li><li>✓ Co-occurring Treatment /</li></ul>          | <ul><li>✓ LGBTQ</li><li>✓ Music Therapy</li></ul> |
| ✓ Addiction IOP  | <ul><li>☑ Psychiatric Evaluations</li></ul>                      | Dual Diagnosis  | ✓ Play Therapy                                    |
| <ul><li>✓ Addiction Outpatient</li><li>✓ Family Therapy</li><li>✓ Group Therapy</li><li>✓ Individual Therapy</li></ul> | ☑ Telepsychiatry   | <ul><li>✓ Eating Disorders</li><li>✓ Gambling</li><li>✓ Geriatric</li></ul> | ☑ Trauma  |

| TidalHealth Peninsula Regional Adult Inpatient Acute Unit |                          |                         |                                |  |  |
|---|--------------------------|-------------------------|--------------------------------|--|--|
| Address:  | Phone:                   | Language Services:      | Payment Type(s):               |  |  |
| 100 E. Carroll St.  | 410-543-7162             | Language Line           | Medicaid, Medicare, Private    |  |  |
| Salisbury, MD 21801                                       |                          |                         | Insurance, Self-Pay, Uninsured |  |  |
| ·   |                          |                         | Ages Served:                   |  |  |
| Website/Email:  | Fax:                     | Hours of Operation:     | 18+                            |  |  |
| www.tidalhealth.org                                       | 410-543-7165             | 24/7                    |                                |  |  |
|   |                          |                         |                                |  |  |
| Mental Health/Addictions Services                         | s Provided:              | L                       | Specialty Treatments           |  |  |
| ☑ Ability to Prescribe Medication                         |                          | Therapy                 | ✓ Music Therapy                |  |  |
| ☑ Addiction Inpatient                                     |                          | ation Management        | ,                              |  |  |
|   |                          | niatric Acute Inpatient |                                |  |  |
| ✓ Individual Therapy                                      |                          | niatric Evaluations     |                                |  |  |
| .,  | ·                        |                         |                                |  |  |
| Other Behavioral Health Comission                         | T                        | l.                      |                                |  |  |
| Other Behavioral Health Services:                         | Trauma-Informed Care App | roacn                   |                                |  |  |
|   |                          |                         |                                |  |  |

| TidalHealth P  | TidalHealth Peninsula Regional Partial Hospitalization Program |                    |  |                |  |  |
|--|--|--------------------|--|----------------|--|--|
| Address:   | Phone:   |                    | Hours of Operation:  |                | Payment Type(s):                           |  |
| 100 E. Carroll St.   | 410-543-4738   |                    | Mon - Fri 8:30am – 3:00pm  |                | Medicaid, Medicare,                        |  |
| Salisbury, MD 21801  |  |                    | Self-Referral: Please call: 410-543-4738   |                | Private Insurance, Self-<br>Pay, Uninsured |  |
| Website/Email:   | Language Ser   | vices:             |  |                | Ages Served:                               |  |
| www.tidalhealth.org  | Language Line  |                    | If linked with a provider have them fax clinical information directly to: 410-543-4738 |                | 18+  |  |
| Mandal Harith and Addition Comban Do   |  | 0                  | to Too also and a  |                |  |  |
| Mental Health and Addiction Services Pro                                     | vided:   |                    | ty Treatments:   |                |  |  |
|  |  | _                  | r Management Groups  |                | LGBTQ                                      |  |
|  |  | ☑ Art Therapy      |  | $ \mathbf{V} $ | Music Therapy                              |  |
|  |  | ✓ Ange             | ✓ Anger Management Groups  |                | Play Therapy                               |  |
| ☑ PHP  |  | ☑ Eating Disorders |  | $\checkmark$   | Trauma                                     |  |
|  |  | ☑ Geria            | atric  |                |  |  |
| Other Behavioral Health Services: Recreational Therapy, DBT, Mindfulness, CE | BT, Trauma-Focu  | sed Cogr           | nitive Behavioral Therapy, Traun   | na-In          | formed Care Approach                       |  |

| Т   | idalHealth Peninsula Regiona   | al Outpatient Behavioral   | Health Clinic   |
|---|--|--|---|
| Address 1: 100 E. Carroll St. Salisbury, MD 21801  Phone:410-543-7119 Fax:410-677-6675  Hours of Operation: Mon – Fri 7:30am to 6:00pm Please call to make an appointment. No Intake required | Address 2: Woodbrook Primary Care- Behavioral Health Services 1639 Woodbrook Dr. Salisbury, MD 21801  Phone:410-912-5785  Hours of Operation: Mon - Fri 8:00am - 4:30pm. | Address 3: Ocean Pines Primary Care Behavioral Health Services  Phone:410-912-6104  Hours of Operation: Friday's Only 8:00am - 4:30pm. | Payment Type: Medicaid, Medicare, Self-Pay  Ages Served: 5+  Language Services: Language Line  Website: www.tidalhealth.org |
| Mental Health Services Por Ability to Prescribe Med   ✓ Family Therapy   ✓ Group Therapy   ✓ Individual Therapy   ✓ Transcranial Magnetic   Stimulation (TMS)                                 | Ication  ✓ Medication Manager ✓ Vivitrol Treatment ✓ Medication Manager ✓ PRP ✓ Psychiatric Evaluatio ✓ Telepsychiatry   | ment   | Specialty Treatments:  ☑ Play Therapy ☑ Eating Disorders ☑ Gambling ☑ Geriatric ☑ LGBTQ ☑ Sand Tray Therapy ☑ Trauma        |
| Other Behavioral Health Scare approach  | Services: Trauma-Focused Cognitiv  | e Behavioral Therapy, Dialectic  | al Behavioral Therapy, Trauma-Informed  |

|   | White Flint Recovery,   | Eastern Shore            | , Inc.                |   |
|---|---|--------------------------|-----------------------|---|
| Address 1:                                    | Address 2:  | Phone:                   | Language              | Payment Type(s):                                    |
| 130 E. Main St.                               | 11089 Ocean Gateway, Unit 2   | 410-749-6422             | Services:             | Medicaid, Private                                   |
| Salisbury, MD 21801                           | Berlin, MD 21811  |                          | Spanish               | Insurance, Self-Pay,                                |
| Hours of Operation:<br>Mon-Fri 10:00am-6:00pm | Hours of Operation:<br>Mon - Thurs 9:00am - 8:00pm<br>Sat 8:00am - 2:00pm | <b>Fax:</b> 410-749-7861 |                       | Sliding Fee Scale,<br>Uninsured<br>Ages Served: 16+ |
| Addictions Services Provided:                 |   |                          | Specialty Treatments: |   |
| ✓ Addiction IOP                               |   |                          | N/A                   |   |
| ☑ Addiction Outpatient                        |   |                          |                       |   |
| ☑ Group Therapy                               |   |                          |                       |   |
| ✓ Individual Therapy                          |   |                          |                       |   |
| ✓ Vivitrol Treatment                          |   |                          |                       |   |
|   |   |                          |                       |   |
| Other Behavioral Health Service               | es:   |                          |                       |   |

|                             | Wicomi         | co County H     | aalth Danartmar     | nt - Behavioral H                     | -lealth                        |
|-----------------------------|----------------|-----------------|---------------------|---------------------------------------|--------------------------------|
| A dalace a c                |                | CO County In    |                     |                                       |                                |
| Address:                    | Phone:         |                 | Hours of Operation  | on:                                   | Payment Type(s):               |
| 108 E. Main St.             | Addictions:    |                 | Addictions:         |                                       | Medicaid, Medicare, Private    |
| Salisbury, MD 21801         | 410-742-37     | '84             | Mon, Wed, Thurs     | 8:00am – 8:00pm                       | Insurance, Self-Pay, Uninsured |
|                             |                |                 | Tues, Fri 8:00pm -  | •                                     |                                |
| Website/Email:              | Mental Heal    | lth:            |                     |                                       | Ages Served:                   |
| www.wicomicohealth.org      | 410-334-349    | 97              | Mental Health:      |                                       | Addictions:                    |
| g                           |                |                 | Mon, Wed 8:00am     | 8:00nm                                | 12-adulthood                   |
|                             | Language S     | Services:       |                     |                                       | 12 dadia100d                   |
|                             | Language L     |                 | Tues, Thurs, Fri 8  | •                                     | Mental Health:                 |
|                             | Language L     | III IC          |                     | duled via phone or                    | 4-17                           |
|                             | latamanatan a  | !4              | walk-in.            |                                       | 4-17                           |
|                             | Interpreter of |                 |                     |                                       |                                |
|                             |                | n Creole and    | Language Servic     | es:                                   | Co-occurring Program:          |
|                             | Spanish        |                 | Language Line       |                                       | 18 +                           |
|                             |                |                 | Interpreter Service | es:                                   |                                |
|                             |                |                 |                     |                                       |                                |
|                             |                |                 |                     |                                       |                                |
| Mental Health/Addictions    | Services Pro   | vided:          |                     | Specialty Treatme                     | ents:                          |
| ☑ Ability to Prescribe Medi | cation         | ✓ Medication I  | Management          | Co-occurring Tr                       | eatment/Dual Diagnosis         |
| ✓ Addiction IOP             |                | ✓ Methadone     | •                   |                                       |                                |
| ✓ Addiction Outpatient      |                | ✓ Suboxone T    |                     |                                       | า                              |
|                             |                | ✓ Telehealth 9  |                     | i i i i i i i i i i i i i i i i i i i | I                              |
| ✓ Family Therapy            |                |                 |                     |                                       |                                |
|                             |                | ✓ Vivitrol Trea | itment              |                                       |                                |
| ✓ Individual Therapy        |                |                 |                     |                                       |                                |
|                             |                |                 |                     |                                       |                                |
|                             |                |                 |                     |                                       |                                |
|                             |                |                 |                     |                                       |                                |
| Other Behavioral Health S   | ervices:       |                 |                     |                                       |                                |

|                            | Wicomico (                  | County Health Department - PRP                          |                      |
|----------------------------|-----------------------------|---|----------------------|
| Address:                   | Phone:                      | Hours of Operation:                                     | Payment Type(s):     |
| Physical                   | 410-543-6790                | Mon – Fri 8:00am – 5:00pm                               | Medicaid             |
| 801 N. Salisbury Blvd      |                             |   |                      |
| Salisbury, MD 21801        | Language Services:          | Intakes and Counseling by appointment                   | Ages Served:         |
|                            | Language Line               |   | All Ages             |
| Mailing:                   |                             | Website:  |                      |
| 108 E Main St              |                             | www.wicomicohealth.org/case-                            |                      |
| Salisbury, MD 21801        |                             | management/psychiatric-rehabilitation-program-          |                      |
|                            |                             | prp/  |                      |
| Meltal Health / Addiction  | s Services Provided:        | Specialty Treatmen                                      | ts:                  |
| ☑ PRP                      |                             | N/A   |                      |
|                            |                             |   |                      |
| Other Behavioral Health    | Services: Home and Comr     | nunity Visits, Individual Rehabilitation Planning, Case | e Management, Health |
| Promotion, On-Site Service | es, Educational, Social and | Support Groups, 24 Hour on Call Availability            | -                    |

| Wicomic   | o County Health Departmer                                  | nt – Targete | d Case Manageme     | ent                                     |
|---|--|--------------|---------------------|---|
| Address:  | Phone:   | Hours of O   | peration:           | Payment Type(s):                        |
| Physical:   | 410-543-6790   | Mon – Fri 8: | 00am – 5:00pm       | Medicaid, Uninsured                     |
| 801 N. Salisbury Blvd   |  |              |                     |   |
| Suite 102   | Language Services:   |              |                     | Ages Served:                            |
| Salisbury, MD 21801   | Language Line  |              |                     | 18+                                     |
| Mailing: 108 E Main St Salisbury, MD 21801  Website: www.wicomicohealth.org | Interpreter on site:<br>ASL, Haitian Creole and<br>Spanish |              |                     |   |
| Meltal Health / Addictions Service  | s Provided:  |              | Specialty Treatment | s:                                      |
| ✓ Peer Support  | ✓ Telehealth Services                                      |              | ✓ Harm Reduction    |   |
| ✓ TCM for Adults  |  |              |                     | nt to Specific Popluations              |
|   |  |              | 1 101               | , ,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,, |
| Other Behavioral Health Services  | :  |              |                     |   |

| Address:<br>11827 Ocean Gateway   |   | Phone: 410-213-0202                 | Hours of Operation:<br>Mon-Thurs 8:00am - 6:30pm |                       | Payment Type(s): Medicaid, Medicare,  |
|---|---|-------------------------------------|--|-----------------------|---|
| Ocean City MD 21842  Website/Email: www.worcesterhealth.org   |   | Language Services:<br>Language Line | Fri 8:00am - 4:3                                 |                       | Private Insurance, Self-<br>Pay, Sliding Fee Scale,<br>Uninsured<br>Ages Served:<br>18+ |
| Mental Health/Addictions Services Provided:   |   |                                     |  | Specialty Treatments: |   |
| ✓ Addiction IOP ✓ Addiction Outpatient ✓ Adolescent Addiction ✓ Group Therapy ✓ Family Therapy ✓ Individual Therapy ✓ Peer Support ✓ Telepsychiatry | ✓ Ability to Prescribe Medication ✓ Suboxone Treatment ✓ Vivitrol Treatment ✓ Medication Management ✓ Psychiatric Evaluations |                                     |  | ☑ Co-occurring        | g Treatment/Dual Diagnosis  |

|  | Worcester County Health Department   |   |  |   |  |
|--|--|---|--|---|--|
| Address 1: 6040 Public Landing Rd. Snow Hill, MD 21863 Phone: 410-632-1100 Fax: 410-632-0906   | Address 2:<br>9730 Healthway Dr.<br>Berlin, MD 21811<br>Phone:<br>410-629-0164<br>Fax:<br>410-629-0185 | Address 3:<br>400-A Walnut St.<br>Pocomoke, MD<br>21851<br>Phone:<br>410-957-2005<br>Fax:<br>410-957-2417 | Hours of Operation: Mon-Fri 8:00am – 5:00pm  Language Services: Language Line  | Payment Type(s): Medicaid, Medicare, Private Insurance, Self- Pay, Sliding Fee Scale  Ages Served: All ages  Website/Email: www.worcesterhealth.org |  |
| Mental Health/Addictions  ☑ Ability to Prescribe Med ☑ Addiction IOP ☑ Addiction Outpatient ☑ Adolescent Addiction ☑ Family Therapy ☑ Group Therapy ☑ Individual Therapy | dication ☑ Medicat ☑ Peer Su ☑ PRP ☑ Psychia ☑ Telepsy   | tric Evaluations<br>chiatry   | Specialty Treatments:  ☑ Anger Management Groups ☑ Co-occurring Treatment/ Dual Diagnosis ☑ Eating Disorders ☑ First Responders ☑ Gambling ☑ Harm Reduction ☑ LGBTQ en, State Care Coordination, Targete | ✓ Music Therapy ✓ Play Therapy ✓ School Based Therapy ✓ Trauma (TF -CBT) ✓ Veterans   |  |

**Other Behavioral Health Services:** Early intervention for young children, State Care Coordination, Targeted Case Management for Adults, Crisis Response Team, Safe Stations, jail based addication services, jail based case management/re-entry services.

| Address:                     | Phone:       | Hours of Operation:               | Payment Type(s):                          |  |  |
|------------------------------|--------------|-----------------------------------|---|--|--|
| 124 North Main St. Suite C   | 410-641-4598 | Mon - Thurs 8:30am - 7:00pm       | Medicaid, Medicare,                       |  |  |
| Berlin, MD 21811             |              | Fri 9:00am -1:00pm                | Private Insurance, Self-                  |  |  |
|                              | _            |                                   | Pay, Sliding Fee Scale,                   |  |  |
| Website/Email:               | Fax:         |                                   | Uninsured                                 |  |  |
| www.gowoyo.org               | 410-641-4696 |                                   |   |  |  |
|                              |              |                                   | Ages Served:                              |  |  |
|                              |              |                                   | <b>4</b> **                               |  |  |
| Mental Health Services Provi | ded:         | Specialty Treatments:             |   |  |  |
|                              |              | ☑ Co-Occurring Treatment / Dual D | ☑ Co-Occurring Treatment / Dual Diagnosis |  |  |
| ✓ Individual Therapy         |              | ☑ Eating Disorders                |   |  |  |
| ☑ Group Therapy              |              | ☑ LGBTQ                           |   |  |  |
| ☑ Telehealth Services        |              | ✓ Trauma                          |   |  |  |
|                              |              |                                   |   |  |  |

# **Community Behavioral Health Providers**

|  | Wraparou                     | ınd Maryland        |                        |                      |
|--|------------------------------|---------------------|------------------------|----------------------|
| Address:   | Phone:                       | Hours of Operation: |                        | Payment Type(s):     |
| 1118 East Main Street  | 410-219-5070                 | Mon - Fri 8         | :00am – 5:00pm         | Medicaid, Uninsured  |
| Salisbury, MD 21804  |                              |                     |                        |                      |
|  |                              | Language            | Services:              |                      |
| Website/Email:   | Fax:                         | Language            | Line                   | Ages Served:         |
| www.wraparoundmd.com   | 410-219-5072                 |                     |                        | 4+                   |
| info@wraparoundmd.com  |                              |                     |                        |                      |
| Mental Health and Addiction Service  | s Provided:                  |                     | Specialty Treatmen     | ts:                  |
| ☑ CCO/1915i TCM for Youth  |                              |                     | ☑ LGBTQ – Safe Sp      | aces, LGBTQ Informed |
| ☑ TCM for Adults   |                              |                     |                        | •                    |
| ☑ Telehealth Services  |                              |                     |                        |                      |
| Other Rehavioral Health Services Dr  | ovides mental health sees    | management to       | hildren and vouth in C | omerant Winomine and |
| Other Behavioral Health Services: Pr<br>Worcester Counties. TCM Plus without |                              | -                   |                        |                      |
| I MOLCESIEL COULLIES. I CIVI FIUS WILLIOUL                                   | IVIEUICAIU. FIOVIUES AUUIL L | argeteu case mar    | iagement services in S | onerset County.      |

|                            | Youth C                        | Care Center Incorpora | ted |                                      |
|----------------------------|--------------------------------|-----------------------|-----|--------------------------------------|
| Address 1:                 | Address 2:                     | Hours of Operation:   | Pa  | ayment Type:                         |
| 200 Main St., Ste B        | 307 Timmons Street,            | Mon – Fri             | M   | edicaid, Self-Pay, Sliding Fee Scale |
| Salisbury, MD 21801        | Snow Hill, MD 21863            | 10:00am - 6:00pm.     |     |                                      |
|                            |                                |                       | Αį  | ges Served:                          |
| Phone:443-914-2922         | Phone:443-914-2922             |                       | 5-  | 100                                  |
|                            |                                | Language Services:    |     |                                      |
|                            |                                | Language Line         |     |                                      |
|                            |                                |                       |     | ebsite:                              |
|                            |                                |                       | Y   | outh-care.org                        |
| Mental Health Services Pro | vided:                         | <u> </u>              |     | Specialty Treatments:                |
|                            | ✓ Medication Ma                | anagement             |     | ☑ Anger Management Groups            |
|                            | ✓ PRP                          | v                     |     | ☑ Veterans                           |
| ✓ Individual Therapy       | ✓ Psychiatric Ev               | aluations             |     |                                      |
| .,                         |                                | rvices                |     |                                      |
| Other Behavioral Health Se | ervices: Equine Rehabilitation | on                    |     |                                      |

|  | Avenues Recove             | ery Center at Eas  | tern Shore             |  |
|--|----------------------------|--------------------|------------------------|--|
| Address:<br>821 Fieldcrest Road<br>Cambridge, MD 21613 | <b>Phone:</b> 410-673-4600 | coordinator please | intment with an intake | Payment Type(s): Medicaid, Medicare, Private Insurance, Self- Pay Ages Served: |
| Mental Health / Addictions Servi                       | ces Provided               |                    | Specialty Treatments   | 18+  |
| Addiction IOP  | ✓ Medication Manag         | iement             | ✓ Co-occurring Treatr  |  |
| ✓ Addiction Outpatient                                 | ✓ Mental Health IOP        | <i>*</i>           | ☐ CO-occurring Freati  | nent/Duai Diagnosis  |
| ✓ Addiction Inpatient                                  | ✓ PHP                      |                    | LDOTQ                  |  |
| ✓ Detox  | ☑ Residential Tresat       | mont Contor        |                        |  |
| ☐ Family Therapy                                       | ✓ Residential Tresat       |                    |                        |  |
|  |                            |                    |                        |  |
| ☐ Group Therapy  | ✓ Subutex Treatmen         | -                  |                        |  |
| ✓ Individual Therapy                                   | ✓ Telehealth Service       |                    |                        |  |
|  | ✓ Vivitrol Treatment       |                    |                        |  |
|  |                            |                    |                        |  |
| Other Behavioral Health Service                        | s:                         |                    | I                      |  |

|   | Chesapea   | ke Treatment Services  |  |
|---|--|--|--|
| Address 1:<br>12417 Ocean Gtwy,<br>Suite 7,<br>Ocean City, MD 21842<br>Phone:<br>410-651-2204   | Address 2:<br>402 Marvel Ct,<br>Easton, MD 21601<br>Phone:<br>410-822-7150 | Hours of Operation: Call to schedule appointment  Website: www.chesapeaketreatmentservices.com | Payment Type(s): Medicaid, Private Insurance, Self-Pay  Ages Served: 18+ |
| Addiction Services Provided:  ✓ Addiction Outpatient ✓ Methadone Treatment ✓ Suboxone Treatment |  | Specialty Treatments:  |  |
| Other Behavioral Health Servi   | ces:   |  |  |

# Regional Behavioral Health Providers Community Behavioral Health

|   | 00   | 1111111  | inity Denavioral ne   | aitii   |  |
|---|--|--|---|---|--|
| Address 1:<br>821 Eastern Shore Dr.<br>Salisbury, MD 21804  | Address 2:<br>107 East Market Street<br>Snow Hill, MD 21863  | Mon - Fri 8:00am - 6:00p<br>Snow Hill, MD 21863  Language Services: Bil<br>(Spanish) Phone: 844 224-5264 |   | 00pm Online<br>Bilingual Staff  | Payment Type(s): Medicaid, Medicare, Private Insurance, Sliding Fee Scale, Uninsured Ages Served: 4+ |
| Address 3:  | Address 4:   |  | Fax: 888 509-0010   |   |  |
| 142 Coursevall Dr.,   | 426 Dorchester Ave.  |  | Website:  |   |  |
| Centreville, MD 21617   | Cambridge, MD 21613  |  | www.communitybeha   | vioralhealth.net  |  |
| ,   |  |  | ,   |   |  |
| Mental Health / Addiction   | s Services Provided:   |  |   | Specialty Treatmen  | ts:  |
| ✓ Ability to Prescribe Medication ✓ Addiction IOP ✓ Addiction Outpatient ✓ Family Therapy ✓ Group Therapy | <ul> <li>✓ Individual Therapy</li> <li>✓ Medication Mngmt.</li> <li>✓ Mental Health IOP</li> <li>✓ Peer Support</li> <li>✓ PRP</li> <li>✓ Psychiatric</li> <li>Evaluation</li> </ul> | \(\frac{1}{2}\);   | Respite Suboxone Treatment Subutex Treatment TCM for Adults Telepsychiatry Vivitrol Treatment | ✓ Anger Mngmt. ✓ Art Therapy ✓ Co-occurring Trea ✓ Eating Disorders ✓ Play Therapy ✓ Sex Offender | atment / Dual Diagnosis  |
| Other Behavioral Health   | Services:  |  |   |   |  |

|                        |                                 | Dover Behavioral Health     | System                       |                     |
|------------------------|---------------------------------|-----------------------------|------------------------------|---------------------|
| Address 1:             | Address 2:                      | General Phone:              | Language Services:           | Payment Type(s):    |
| 725 Horsepond Rd.      | 405 S. Bedford St. 855-609-9711 |                             | Interpreter services         | Medicaid, Medicare, |
| Dover, DE 19901        | Suite 5                         | Fax:                        |                              | Private Insurance,  |
|                        | Georgetown, DE 199              | 17 302-588-5724             | Hours of Operation:          | Self-Pay            |
| Phone:                 | (PHP)                           |                             | Dover Office walk-in 24hrs.  | ·                   |
| 302-747-1100           | Phone:                          | Website/Email:              | Georgetown Office Mon-Fri,   | Ages Served:        |
|                        | 302-747-1421                    | www.doverbehavioral.com     | 8am-4pm                      | 12+                 |
|                        |                                 |                             |                              |                     |
| Mental Health / Addid  | ctions Services Provi           | led:                        | Specialty Treatments         | ·                   |
| ☑ Ability to Prescribe | Medication   ✓                  | Group Therapy               | ☑ Anger Management Groups    | 3                   |
| ☑ Addiction Inpatient  |                                 | Medication management       | ✓ Art Therapy                |                     |
| ✓ Addiction IOP        | $\checkmark$                    | PHP                         | ☑ Co-occurring Treatment/ Du | ıal Diagnosis       |
| ☑ Addiction Outpatier  | nt 🗹                            | Psychiatric Acute Inpatient | ✓ Music Therapy              | ŭ                   |
| ✓ Detox                |                                 | Dover Only)                 | ☑ Telepsychiatry             |                     |
|                        | $\checkmark$                    | Psychiatric Évaluations     | ☑ Veterans                   |                     |
|                        |                                 |                             |                              |                     |
| Other Behavioral Hea   | alth Services:                  |                             |                              |                     |

| Eastern Shore Hospital Center             |                          |          |                             |              |              |
|---|--------------------------|----------|-----------------------------|--------------|--------------|
| Address:                                  | Hours of Operation:      |          | Language Services:          |              | Ages Served: |
| 5262 Woods Rd.                            | 24/7, intakes gener      | ally     | Phone, written, visual, and |              | 18+          |
| Cambridge, MD 21613                       | by appointment           |          | on-site interpretation.     |              |              |
| Website/Email:                            | Phone: 410-221-23        | 800      |                             |              |              |
| https://health.maryland.gov/ESHC          | <b>Fax:</b> 410-221-2558 |          |                             |              |              |
|   |                          |          |                             |              |              |
| Mental Health / Addictions Services Provi | ded:                     | Specia   | Ity Treatments              |              |              |
| ☑ Psychiatric Acute Inpatient             |                          | ☑ Ang    | er Management Groups        | $\checkmark$ | Trauma       |
|   |                          | ☑ Art    | Therapy                     | $\checkmark$ | Forensic     |
|   |                          | ☑ Co-c   | occurring Treatment / Dual  |              |              |
|   |                          | Diag     | nosis                       |              |              |
| Other Behavioral Health Services: Treatm  | ent in association with  | n trauma | informed care               |              |              |

| Address:   | Address 2:   |                               | ological Services, LLC of Operation:  | Payment Type(s):   |
|--|--|-------------------------------|---|--|
| 1113 Healthway Dr. Salisbury, MD 21804  Phone: 410-334-6961  Mon & Wed 8:00am – 8:00pm Tues & Thus 8:00am – 7:00pm Friday 8:00am – 5:00pm  *New clients seen Mon-Thurs arriving before 8am | 29520 Canvasback Dr.<br>Easton, MD 21601<br>Phone: 410-822-5007                | Please times.  Website www.es | check with each site for walk in  | Medicaid, Medicare, Private Insurance, Self-Pay, Sliding Fee Scale, Uninsured  Ages Served: All ages |
|  | <br>Services Provided:<br>☑ Individual Therapy<br>☑ Medication                 |                               | Specialty Treatments:  ☑ Anger Management Groups ☑ Co-occurring Treatment/Dua |  |
| <ul><li>✓ Addiction IOP</li><li>✓ Addiction Outpatient</li><li>✓ Family Therapy</li><li>✓ Group Therapy</li></ul>  | Management ☑ PRP ☑ Psychiatric Evaluations ☑ Vivitrol Treatment ☑ Peer Support |                               | Diagnosis  ☑ Forensic ☑ Sex Offender ☑ Trauma                                 | ☑ Play Therapy ☑ LGBTQ ☑ Eating Disorders  |

|                            |                 | Hud             | son Health Services             |   |
|----------------------------|-----------------|-----------------|---------------------------------|---|
| Address:                   | Phone:          |                 | Hours of Operation:             | Payment Type(s):                              |
| 1505 Emerson Ave           | 410-219-9000    |                 | Walk-in assessment hours        | Medicaid, Private Insurance, Self-Pay,        |
| Salisbury, MD 21801        |                 |                 | Mon - Fri 8:00am – 2:00pm       | Sliding Fee Scale                             |
|                            | Fax:            |                 |                                 |   |
| Website:                   | 410-742-7048    |                 | Appointments taken 24/7         | Ages Served:                                  |
| www.Hudson-Health.org      |                 |                 |                                 | 18 – End of Life                              |
|                            | Interpreter Se  |                 |                                 |   |
|                            | -               | site (Spanish)  |                                 |   |
|                            | Interpreter ser | vices           |                                 |   |
|                            |                 |                 |                                 |   |
| Mental Health/Addictions   | Services Prov   | iqeq.           |                                 | Specialty Treatments:                         |
| ✓ Ability to Prescribe Med |                 | ☑ PHP           |                                 | ✓ Anger Management Groups                     |
| ✓ Addiction IOP            |                 | ✓ Psychiatric   | Evaluations                     | ✓ Art Therapy                                 |
| ☑ Addiction Transitional I | Housing         |                 | ll Treatment Center             | ☑ Co-occurring Treatment/ Dual Diagnosis      |
| ✓ Detox                    | J               | ✓ Vivitrol Trea | atment                          | ✓ Harm Reduction                              |
| ☑ Group Therapy            |                 |                 |                                 | ✓ Music Therapy                               |
| ✓ Individual Therapy       |                 |                 |                                 | ✓ Pet and Equine Therapy                      |
| ☑ Medication Manageme      | nt              |                 |                                 | , , , ,                                       |
| ☑ Peer Support             |                 |                 |                                 |   |
| Other Delegation 111 19    | 0               | 1114- 0 '       |                                 | Lavara and lavatadia Oalishum Man I           |
|                            | Services: Huds  | on Health Servi | ces' Haitway and Transitional F | Houses are located in Salisbury, Maryland and |
| in Georgetown, Delaware.   |                 |                 |                                 |   |

|  |   | • • · · · · · · · · ·  | , LLC   |  |
|--|---|--|---|--|
| ddress 2:<br>8 Airpax Rd.,<br>uilding B Suite 300<br>ambridge, MD 21613<br>none:<br>0-548-3333 | Address 3:<br>30256 Mt. Vernon Road<br>Unit H<br>Princess Anne, MD<br>21853<br>Phone:<br>410-548-3333 | Appoint intake Mon - F Please I Card   | of Operation: ments and walk-ins for iri 9:00am - 5:00pm bring ID and Insurance   | Payment Type(s): Medicaid, Medicare, Private Insurance, Self-Pay, Sliding Fee Scale, Uninsured  Ages Served: 6+ Mental Health 18+ Substance Abuse  |
| ☑ Teleps<br>☑ Suboxo<br>☑ Vivitrol   | yhciatry<br>one Treatment   |  | <ul><li>☑ Co-occurring Treatmer</li><li>☑ Geriatric</li><li>☑ LGBTQ</li></ul>   | t/ Dual Diagnosis  |
| an<br>no<br>o  | ding B Suite 300 nbridge, MD 21613 ne: -548-3333  Services Provided: cation                           | ding B Suite 300 nbridge, MD 21613 ne: -548-3333  Phone: 410-548-3333  Services Provided: cation | ding B Suite 300 nbridge, MD 21613  ne: -548-3333  Phone: 410-548-3333  Services Provided: cation  ✓ Medication Management ✓ Telepsyhciatry ✓ Suboxone Treatment ✓ Vivitrol Treatment | ding B Suite 300 nbridge, MD 21613 ne: -548-3333  Phone: 410-548-3333  Phone: Grait Treatment Substance Suite 300 Phone: 410-548-3333  Phone: 410-548-3333 |

| Address 1: 2324 West Zion Rd Suite 112 Salisbury, MD 21801 Phone: (800) 867-2395 Phone: (800) 867-2395  Address 2: 514 Poplar St. Cambridge, MD 21613 Phone: (800) 867-2395 Phone: (800) 867-2395  Address 2: 514 Poplar St. Cambridge, MD 21613 Phone: (800) 867-2395  Address 2: 514 Poplar St. Cambridge, MD 21613 Phone: (800) 867-2395  Address 3: Services: Spanish, Haitian Creole)  Ages Served: All ages Website/Email: www.lewcinc.org  Website/Email: www.lewcinc.org  Medicaid, Medicare, Private Insurance, Self- Pay, Sliding Fee Scale, Uninsured  Ages Served: All ages  Website/Email: www.lewcinc.org  Website/Email: www.lewcinc.org  Website/Email: www.lewcinc.org  Forensic Addiction Outpatient Addiction Outpatient Addiction Transitional Housing Family Therapy Sublocade Treatment Addiction Transitional Housing Family Therapy Sublocade Treatment Addiction Treatment Addiction Treatment Addiction Cambridge Addiction Addiction Cutpatient Addiction Transitional Housing Family Therapy Sublocade Treatment Addiction Transitional Housing Family Therapy Sublocade Treatment Addiction Cambridge Addiction Transitional Housing Family Therapy Sublocade Treatment Addiction Transitional Housing Family Therapy Sublocade Treatment Addiction Transitional Housing Family Therapy Sublocade Treatment Addiction Treatment Addiction Transitional Housing Family Therapy Sublocade Treatment Addiction Treatment Addiction Transitional Housing Family Therapy Sublocade Treatment Addiction Transitional Foreit Addiction Transitional Housing Family Therapy Sublocade Treatment Addiction Treatment Addiction Transitional Foreit Addiction Transitional Housing Foreit Addiction Transitiona |   | Life's   | s Energy Wellness  | Center Inc.  |   |  |
|--|---|--|--|--|---|--|
| ✓ Ability to Prescribe Medication       ✓ Medication Management       ✓ Anger Management       ✓ Sex Offender         ✓ Addiction Outpatient       ✓ Peer Support       ✓ Co-occurring       ✓ Trauma Informend and         ✓ Family Therapy       ✓ Sublocade Treatment       Treatment/ Dual       Trauma Responsive         ✓ Group Therapy       ✓ Suboxone Treatment       Diagnosis       Treatment         ✓ Individual Therapy       ✓ Subutex Treatment       ✓ Art Therapy       ✓ Gambling Treatment         ✓ Psychiatric Evaluations       ✓ Vivitrol Treatment       ✓ Music Therapy       ✓ Harm Reduction Services         ✓ Mental Health IOP       ✓ Play Therapy         ✓ Telehealth Services       ✓ LGBTQ+   | 2324 West Zion Rd<br>Suite 112<br>Salisbury, MD 21801<br>Phone: (800) 867-2395<br>Address 2:<br>514 Poplar St.<br>Cambridge, MD 21613   | 8737 Brooks Dr.<br>Easton, MD 21601  | Services: Bilingual Staff: (Spanish, Haitian Creole) Interpreter Services on site: (Haitian Creole, Spanish) | Open Access Walk-In<br>10:00am-2:00pm<br>Mon -Fri<br>Online Telehealth<br>Assessments<br>10:00am-2:00pm<br>Mon-Fri<br>Patient should bring if<br>available ID, Insurance | Medic<br>Private<br>Pay, S<br>Unins<br>Ages<br>All age<br>Webs<br>www.l | aid, Medicare,<br>e Insurance, Self-<br>Selding Fee Scale,<br>ured  Served: es  ite/Email: |
| ✓ Eating Disorders   | <ul> <li>☑ Ability to Prescribe Me</li> <li>☑ Addiction Outpatient</li> <li>☑ Addiction Transitional</li> <li>☑ Family Therapy</li> <li>☑ Group Therapy</li> <li>☑ Individual Therapy</li> <li>☑ Psychiatric Evaluation</li> <li>☑ Mental Health IOP</li> </ul> | edication ☑ Medication ☑ Peer Supp<br>Housing ☑ PRP ☑ Sublocade ☑ Suboxone ☑ Subutex T | oort  Treatment Treatment Treatment  | ✓ Anger Management Groups ✓ Co-occurring Treatment/ Dual Diagnosis ✓ Art Therapy ✓ Music Therapy ✓ Play Therapy  | ✓ Forensic ✓ Trauma  Trauma Res  Treatment ✓ Gambling                   | Informend and sponsive   |

| Address:                          | Phone: Language Services:      |               | ices:                   | Payment Type(s):         |
|-----------------------------------|--------------------------------|---------------|-------------------------|--------------------------|
| 828 Airpax Rd                     | 410-341-3420                   | Language Line |                         | Medicaid, Medicare,      |
| Cambridge, MD 21623               |                                |               |                         | Uninsured                |
|                                   | Referrals:                     |               |                         |                          |
| Website/Email:                    | 443-859-7774 or                |               |                         | Ages Served:             |
| www.lowershoreclinic.org          | referrals@lowershoreclinic.org |               |                         | 18+                      |
| Live chat via website             |                                |               |                         |                          |
|                                   |                                |               |                         |                          |
| Mental Health Services Provided   |                                |               | <b>Specialty Treatn</b> | nents:                   |
| ☑ Ability to Prescribe Medication | Peer Support                   |               | ☑ Co-occurring  ☐       | Freatment/Dual Diagnosis |
| ✓ Individual Therapy              | ☑ SEP/MHVP                     |               | -                       | •                        |
| ✓ Medication Management           |                                |               |                         |                          |
| ✓ Mobile Treatment/ACT            |                                |               |                         |                          |
|                                   |                                |               |                         |                          |

| 1        |                       |  |  |
|----------|-----------------------|--|--|
| Hours    | of Operation:         | Payment Type(s):   |  |
| 24/7, 30 | 65 days a year        | Medicaid, Medicare,  |  |
|          |                       | Private Insurance, Self-   |  |
| Langua   | age Services:         | Pay  |  |
| Other la | anguages upon request | Ages Served:   |  |
|          |                       | 4+   |  |
|          | Specialty Treatments  |  |  |
| it       | Anger Management G    | roups  Music Therapy   |  |
|          | ☑ Art Therapy         | ✓ Veterans   |  |
| ent      |                       |  |  |
|          | Treatment/Dual Diagno | osis   |  |
|          | ☑ Geriatric           |  |  |
|          |                       |  |  |
|          |                       |  |  |
|          | ,                     |  |  |
|          | Other la              | Other languages upon request  Specialty Treatments  ✓ Anger Management G  ✓ Art Therapy  ✓ Co-occurring  Treatment/Dual Diagno |  |

|                                    | Sun Behavio           | ral Health |                      |                          |
|------------------------------------|-----------------------|------------|----------------------|--------------------------|
| Address:                           | Phone:                | Hours of O | peration:            | Payment Type(s):         |
| 21655 Biden Ave                    | 302-604-5600          |            |                      | Medicare, Medicaid,      |
| Georgetown, DE 19947               |                       | Appointmen | its and Walk-in 24/7 | Private Insurance, Self- |
|                                    | Language Services:    |            |                      | Pay                      |
| Website:                           | Language Line         |            |                      |                          |
| Sundelaware.com                    |                       |            |                      | Ages Served:<br>12+      |
| Meltal Health / Addictions Service | es Provided:          |            | Specialty Treatmen   | ts:                      |
| ☑ Addiction Inpatient              | ☑ Mental Health IOP   |            | ☑ Co-occurring Trea  | atment / Dual Diagnosis  |
| ✓ Addiction IOP                    | Peer Support          |            | ✓ Music Therapy      | · ·                      |
| ✓ Detox                            | ☑ PHP                 |            | ✓ Veterans           |                          |
|                                    | Psychiatric Acute Inp | atient     |                      |                          |
| ☑ Group Therapy                    | ,                     |            |                      |                          |
| Other Behavioral Health Services   | S:                    |            | 1                    |                          |

| University of Maryland Shore Behavioral Health Substance Disorders Program |                        |                     |                         |                          |  |  |
|--|------------------------|---------------------|-------------------------|--------------------------|--|--|
| Address:   | Phone:                 | Hours of Operation  | on:                     | Payment Type(s):         |  |  |
| 219 South Washington St.,  | 410-822-1000 ext.5452  | Call to schedule ap | ppointment              | Medicaid, Medicare,      |  |  |
| Easton, MD 21601   |                        | Mon - Fri           |                         | Private Insurance,       |  |  |
|  |                        |                     |                         |                          |  |  |
|  | Fax:                   |                     |                         | Ages Served:             |  |  |
|  | 410-819-8736           |                     |                         | 18+                      |  |  |
| Addiction Services Provided:   |                        |                     | <b>Specialty Treatr</b> | nents                    |  |  |
| ☑ Ability to Prescribe Medication ☑  | Peer Support           |                     |                         | Treatment/Dual Diagnosis |  |  |
| ✓ Addiction IOP ✓  | Psychiatric Evaluation |                     | -                       | -                        |  |  |
| ✓ Addiction Outpatient ✓   | Vivtrol Treatment      |                     |                         |                          |  |  |
|  |                        |                     |                         |                          |  |  |
| ✓ Individual Therapy   |                        |                     |                         |                          |  |  |
| Other Behavioral Health Services: Acute inpatient hospitalization          |                        |                     |                         |                          |  |  |

|   | Wa                | rwick Manor B | ehaviora  | al Healt | h                   |                    |
|---|-------------------|---------------|-----------|----------|---------------------|--------------------|
| Address:                                    | Phor              | -             | Hours o   | -        | Payment Type(s):    |                    |
| 3680 Warwick Rd.                            | -                 | 943-8108      | Operation | on:      | Medicaid, Private I | nsurance, Self-Pay |
| East New Market, MD 2163                    | 31                |               | 24/7      |          |                     |                    |
| Website/Email:                              | <b>Fax:</b> 410-9 | 943-1063      |           |          | Ages Served:<br>18+ |                    |
| Mental Health/Addictions Services Provided: |                   |               | 1         | Specia   | Ity Treatments      |                    |
|   |                   | ☑ PHP         |           |          | er Management       | Art Therapy        |
| Medication                                  | ☑ Group Therapy   | Psychiatr     | ic        | Gro      | ups                 | ☑ Music Therapy    |
| ☑ Addiction IOP                             | Medication        | n Evaluations |           | ☑ Co-    | occurring           |                    |
| ✓ Detox                                     | Management        | ✓ Vivitrol Tr | eatment   | Trea     | ntment/Dual         |                    |
|   |                   |               |           | Diag     | ınosis              |                    |
| Other Behavioral Health                     | Services:         |               |           | 1        |                     |                    |

#### Affordable Health Care Assistance

#### Maryland Children's Health Program (MCHP)

Provides enrollment assistance into the Maryland Medicaid Program. Medicaid offers free or low-cost health insurance to children, families, pregnant women, and adults that meet certain eligibility requirements. To qualify for Medicaid, you must be a Maryland resident, be a U.S. Citizen or have a valid immigration status and meet financial requirements. Individuals can apply online at MarylandHealthConnection.gov. For more assistance and information

**Somerset County Health Department:** 

Phone: 443-523-1740

**Wicomico County Health Department:** 

Phone: 410-543-6944

**Worcester County Health Department MCHP** 

**Eligibility Staff:** 

Phone: 410-629-0164 or 410-632-1100

# Administrative Care Coordination Program (ACC)/ Ombudsman

Provides outreach and education to the Medicaid Population. ACC staff help Medicaid recipients understand their benefits and how to access and appropriately use the health care services provided through their Managed Care Organization (MCO). The **ACCU Ombudsman** acts as an advocate for Medicaid recipients with complex medical needs and offers compliant resolution services.

**Somerset County Health Department:** 

Phone: 443-523-1700

Worcester County Health Department ACC/Ombudsman Eligibility Staff: Phone: 410-629-0164 or 410-632-1100

# Lower Shore Health Insurance Assistance Program (LSHIAP)

Provides outreach, education, and enrollment assistance for the uninsured and underinsured residents of Somerset, Wicomico, and Worcester counties. Certified Navigators within the program provide aid to the consumers by not only providing in-person assistance with the enrollment process through Maryland Health Connection (MHC), but also by working with the consumer pre and post enrollment to ensure linkage to appropriate health related resources and continuity of care. Please visit our website or call us to speak with a Certified Navigator to address questions and/or schedule an in-person appointment.

Phone: 1(855)445-5540 Website: lowershorehealth.org Facebook: @lowershorehealth Twitter: @LSConnector

Address: 424 W. Market Street, Suite A. Snow Hill, MD

21863

#### **Low-Cost Medical Providers**

### **Chesapeake Health Care**

**Somerset:** 

Adult Medicine: Mon-Thurs - 7:00 am - 6:00 pm;

Friday - 8:30 am - 5:00 pm

**OB/GYN:** Mon-Fri - 8:30 am - 5:00 pm **Pediatrics:** Mon-Th - 8:00 am - 6:00 pm;

Friday - 8:30 am – 5:00 pm; Call for Saturday hours **Mental Health:** Mon-Th - 7:30 am – 6:00 pm;

Friday - 7:00 am - 5:00 pm

**Lab:** Mon-Fri - 8:30 am - 4:00 pm;

Phone: 410-651-1000

Address: 12145 Elm St., Princess Anne, MD 21853

**Dental:** Mon-Fri - 8:30am – 5:00pm

Phone: 410-651-5151

Address: 12165 Elm St., Princess Anne, MD 21853

**Pharmacy**: Mon-Fri - 8:30 am - 6:00 pm

Saturday - 9:00 am - 4:00 pm

Phone: 410-651-5555

Address: 12137 Elm St., Princess Anne, MD 21853

Wicomico:

Adult Medicine: Mon–Fri - 7:00am – 7:00pm

Phone: 410-546-6650

Address: 1665 Woodbrooke Dr., Salisbury, MD 21804

**Dental**: Mon-Fri – 8:30am – 5:00pm

Phone: 443-944-9600

Address: 1615 Tree Sap Court, Suite A, Salisbury, MD

21804

Mental Health Adults: Call for hours

Phone: 443-358-6193

Address: 560 Riverside Dr., Suite A-204, Salisbury, MD

21801

Mental Health Youth: Mon-Fri - 7:30am – 6:00pm

Phone: 410-219-1100

Address: 1104 Healthway Dr., Salisbury, MD 21801

**OB/GYN:** Mon-Fri - 8:30am - 5:00pm

**Maternal Fetal Medicine:** Tues-Fri - 7:30 am - 5:00 pm

Phone: 410-546-2424

Address: 1647 Woodbrooke Dr., Salisbury, MD 21804

Pediatrics: Mon and Tue - 8:00 am - 6:00 pm;

Weds - Fri - 8:00 am - 5:00 pm,

Call for Saturday hours Phone: 410-548-1747

Address: 223 Phillip Morris Dr., Salisbury, MD 21804

**Pharmacy:** Mon-Fri - 8:30 am - 6:00 pm,

Saturday - 9:00 am - 4:00 pm

Phone: 410-677-0561

Address: 1615 Tree Sap Ct., Salisbury, MD 21804

Worcester:

Adult Medicine: Mon-Th - 7:00 am - 5:00 pm; Friday -

9:00 am - 5:00 pm

Mental Health: Mon-Fri - 8:00 am - 4:30 pm

Pediatrics: Monday and Friday - 8:00 am - 6:00 pm;

Tuesday and Thursday - 9:00 am - 7:00 pm

Phone: 410-957-1852

Address: 305 10th St., Suite 104, Pocomoke City, MD

21851

**Pediatrics**: Monday and Friday - 8:00 am - 6:00 pm;

Tuesday and Thursday - 9:00 am - 7:00 pm **Adult Medicine:** Wednesday - 7:00 am - 5:00 pm **Mental Health:** Mon - Fri - 8:30 am - 5:00 pm

Phone: 410-973-2820

Address: 9956 N. Main St., Suite 2, Berlin, MD 21811

### **Behavioral Health Resources / Support Groups**

#### **4STEPS Therapeutic Riding Program**

Teaming for Success veterans work with at-risk youths bringing hope, joy, and unlimited possibilities through the healing power of the horse! For facility hours and location call the number provided.

Phone: 410-835-8814

Address: 5367 Sixty Foot Rd., Parsonsburg, MD 21849

Website: www.4stepstrp.org

#### Al-Anon

Provides meetings for people who are affected by someone else's drinking. For meeting times and locations on the Eastern Shore please visit website below.

Phone: 888-425-2666

Website: http://www.easternshoremd-

alanon.org/#!meetings/cfvg

#### Celebrate Recovery (adult) and The Landing (youth)

A Christ-centered program designed to help people overcome any hurt, habit, or hang up. Held at Oak Ridge Baptist Church Friday nights from 7pm to 9pm.

Phone: 410-742-4424

Address: 361 Tilghman Road Salisbury, MD 21804

#### Celebrate Recovery (adult only)

A Christ-centered Bible based, twelve step program of recovery that was designed to help people reconnect with God and heal from past Hurt and/or addiction.

Meets at Sonrise Church. Fellowship at 6:00pm with the

meeting starting at 7:00 pm

Phone: 410-703-1793 (Pete Scanlon) Address: 10026 Main St., Berlin, MD 21811

#### Fenix Youth Project, Inc – Drop-In Center

Drop-In is a resource for youth ages 13-24 experiencing a housing crisis, homelessness, or who just need basic resources, people to love, and accept them as they are, and a place to belong.

Phone: 443-736-8028

Address: 239 Florida Ave., Salisbury, MD 21801

#### Lower Shore Friends

Provides peer support and advocacy, links/referrals to community services, consumer outreach and consumer workshops. Trauma support group every Monday from 6:30 pm to 7:30 pm

Methadone support group every Friday from 10:00 am to

11:00 am.

Phone: 410-334-2173

Address: 207 Maryland Ave #5, Salisbury, MD 21801.

#### **Maryland Coalition of Families**

Our Trained staff, who themselves have cared for a loved one with mental health, substance use or gambling issues will work one-on-one to help you understand the services available in your community and how to access them.

Phone: 410-730-8267 (Mon – Fri 9:00am – 5:00pm)

Email: info@mdcoalition.org Website: mdcoalition.org

#### Maryland Center of Excellence on Problem Gambling

(The Center) a program of the University of Maryland School of Medicine and funded by the Maryland Department of Health Behavioral Health Administration, promotes healthy and informed choices regarding gambling and problem gambling.

Email: <a href="mailto:dgaspar@som.umaryland.edu">dgaspar@som.umaryland.edu</a>

Office Phone: 667-214-2120

#### Mental Health Association on the Lower Shore

Mental Health Association on the Lower Shore is an education and advocacy group and supports community events that promote both mental health well-being, and a quality array of services for those with behavioral health needs on the Lower Shore.

Phone: 410-632-4510

#### **Recovery Resource Center**

12 Step Support meetings are held 365 days/year for ages 15-adult. The following groups meet regularly at RRC: Alcoholics Anonymous, Narcotics Anonymous, Overeaters Anonymous, Gamblers Anonymous, Al-Anon, Nar-Anon, and Chemical Dependents Anonymous. See website for complete meeting list.

Phone: 410-749-9482

Address: 726 S. Salisbury Blvd., Salisbury, MD 21801

Website: www.rrcsby.org

#### **SHORE Center**

SHORE Center will provide all manner of Harm Reduction to individuals who are actively using drugs or seeking assistance with recovery. This is a safe, non-judgmental space for those in need in our community to access resources and peers in recovery for assistance. Harm Reduction services include but are not limited to Safer Injecting Education and Equipment, Safer Sex Equipment, Overdose Education and Narcan training and distribution, Safe Syringe Disposal, Wound Care referrals and education, linkage/referrals to treatment and services identified as needs, HIV/HepC testing and linkage to treatment.

#### **Somerset County Smoking Cessation**

Smoking Cessation offers free individual counseling virtually or by phone. Free Nicotine Replacement Therapy. For more information call or visit the Somerset County Health Department website.

Phone: 443-523-1700

Website: www.somersethealth.org

#### **Survivors of Suicide Group**

For those who have lost a loved one to suicide. Meetings the third Wednesday of every month 6pm-7:30pm. Location varies. For more information, contact Kim Klump.

Phone: 410-726-3090 (Kim Klump)

#### The Lower Shore LGBTQ Coalition. Inc.

The Lower Shore Lesbian, Gay, Bisexual, Transgender, Queer/Questioning Coalition seeks to improve and preserve the well-being of youth and young adults through support, education, and advocacy. They provide an array of educational trainings, workshops, and other events on the Lower Shore.

Crisis Line: 1-800-273-8255 Phone: 443-239-4185

Website: www.socialmedialgbtq.wix.com/lgbtq

# Wicomico County Health Department Smoking Cessation Program

Free Virtual/ over the phone Stop Smoking classes to individuals who work/live in Wicomico County, which includes education, support and nicotine replacement medication (lozenge, patch or Chantix). One on one education and support for pregnant women is also available.

Phone: 410-430-7384

Address: 801 N. Salisbury Blvd (Adkins Bldg), Salisbury,

MD 21801

Website: www.wicomicohealth.org

#### **Worcester County Smoking Cessation**

The Worcester County Health Department offers free smoking cessation classes. Worcester Health is committed to helping smokers establish new behavior patterns that lead to a tobacco free lifestyle. With the smoking cessation class, Chantix, gum, patch, lozenges and other aids to help individuals quit tobacco are available through a voucher program for individuals meeting specific requirements.

Professionally trained instructors can help participants break the smoking addiction. The smoking cessation course consists of sessions covering stress management, weight control, assertive communication, how to develop a quit plan, relapse prevention, and physical activity.

For more information or to register, call 410-632-1100 extension 1102.

website: www.worcesterhealth.org

### **Social Service Organizations**

#### **Department of Social Services (DSS)**

Provides child welfare, adult protective services, and child support enforcement assistance.

Somerset

Phone: 410-677-4200

Address: 30397 Mount Vernon Rd, Princess Anne, MD

21853

Wicomico

Phone: 410-713-3900

Address: 201 Baptist Street, Salisbury, MD 21801

Worcester

Phone: 410-677-6800

Address: 299 Commerce Street, Snow Hill, MD 21863

#### Diakonia, Inc.

Provides homeless services; homeless advocacy, emergency housing/shelter, emergency food assistance, case management, homeless prevention programs (rental & utility assistance), rapid rehousing, and support services for veterans and their families, thrift store with clothing and household needs, and homeless outreach.

Phone: 410-213-0923

Address: 12747 Old Bridge Road, Ocean City MD 21842

Call to complete an assessment and/or call for food

assistance. Website: www.diakoniaoc.org

#### Catholic Charities, Inc - Seton Center

Provides case management, referrals, food programs, health prevention advocacy, thrift shop, women's support group, referrals for immigration services, financial assistance for basic living expense.

Phone: 410-651-9608

Address: Call for assessment and location

#### Help & Outreach Point of Entry, Inc. (HOPE)

Provides guidance and financial assistance with health and dental related issues, assistance provided to obtain birth certificates and Maryland IDs, referrals to rehabilitation services, personal support and assistance with obtaining medications.

Phone: 410-677-0757

Address: 129 Broad St., Salisbury, MD 21801

#### **Joseph House Ministries**

Helps individuals and families who are in crisis situations. Financial assistance for basic necessities of life, such as helping with evictions, utility cut-offs and rent/security deposits, provides monthly bags of food to Wicomico County residents.

Phone: 410-749-4239

Address: 812 Boundary Street, Salisbury, MD 21801

Website: www.thejosephhouse.org

#### **Local Management Board (LMB)**

Local Management Boards are responsible for identifying priorities and targeting resources for the needs in their county. LMBs focus on community-based services to promote a safe, healthy, and stable environment for all families. They provide resources for families to link them with local agencies and organizations that serve children, youth and families.

#### Somerset County Local Management Board, Inc.

Phone: 410-651-2963

Address: 8928 Sign Post Road, Suite 1, Westover, MD

21871

Website: www.sclmb.org

#### Wicomico Partnership for Families and Children

Phone: 410-546-5400

Address: 125 N. Division St, Room 101, Salisbury, MD

21801

Website: www.wicomicocounty.org/140/Local-Management-Board-Wicomico-Partners

#### Worcester County's Initiative to Preserve Families

Phone: 410-632-3648

Address: 6040 Public Landing Road, PO Box 129, Snow

Hill, MD 21863

### **Social Service Organizations (Continued)**

#### MAC, INC

MAC is the Area Agency on Aging (for ages 50 and up) for Dorchester, Somerset, Wicomico, and Worcester Counties. They provide senior centers and home delivered meals as well as education about long term services and supports.

Phone/Fax: 410-742-0505

Address: 909 Progress Circle, Salisbury, MD. 21804

Website: www.macinc.org

#### **Salisbury Urban Ministries**

Men's Welcome Center (for homeless men to do laundry, shower, and receive health referrals, Saturdays 10:15am - 2pm), prescription assistance, God's Kitchen (Saturdays 11am-1pm at Grace UMC located at 635 E. Church St. Salisbury, MD 21804), Kid's Café (after school program for at risk children attending East Salisbury School or Beaver Run School; must enroll), food pantry (Tuesdays and Thursdays 10am-2pm for Wicomico County residents only).

Phone: 410-749-1563

Address: 326 Barclay St., PO Box 1792, Salisbury, MD

21802

#### **Salvation Army**

Food and clothing assistance. Wicomico County housing assistance while funds are available (call for schedule). Most services are provided by appointment only.

Phone: 410-749-3077

Address: 407 Oak Street, Salisbury, MD 21804

#### Shore Up! Inc.

<u>Somerset</u> – Energy assistance 410-651-1805

Address: 12409 Loretta Road, Princess Anne, MD 21853

<u>Wicomico</u> – Energy assistance, financial assistance for

medications, weatherization, and housing.

410-749-1142

Address: 520 Snow Hill Road, Salisbury, MD 21804

Worcester - Energy assistance

410-632-2075

Address: 6352 Worcester Highway, Newark, MD 21841

#### **Worcester County GOLD (Giving Other Lives Dignity)**

Improving the quality of life for Worcester County residents living in poverty by providing emergency financial aid and items to meet basic needs for infants and children, families in crisis, those who are homeless, and vulnerable adults. All requests come from our community partners consisting of caseworkers with local agencies such as the Department of Social Services or the Health Department. If you are in need of assistance, call and ask for an intake.

Phone: 410-677-6906 (children in the home) 410-632-9915 (no children in the home)

Website: https://worcestergold.org

### **Local Shelters**

#### **Christian Shelter**

Phone: 410-749-5673

Address: 334 Barclay Street, Salisbury MD 21804

Website: www.christianshelter.org

#### **Cold Weather Shelter in Wicomico County**

(Men/Hands and Hearts Ending Homelessness;

available November to April.)

Phone: 443-397-2243 Address: 31525 John Deere Drive, Salisbury, MD

21804.

#### Diakonia, Inc.

Phone: 410-213-0923

Address: 12747 Old Bridge Road, Ocean City MD

21842

Website: www.diakoniaoc.org

#### **HALO (Hope and Life Outreach)**

Day Center and Shelter Phone: 410-543-9010

Address: 119 B South Boulevard, Salisbury MD 21804

Website: www.haloministry.org

#### **Lower Shore Shelter**

Phone: 443-888-6160

Address: 12518 Somerset Ave, Princess Anne, MD

21853

#### Ocean City Cold Weather Shelter

Opening is weather dependent.

Daily pre-registration is suggested by calling 410-524-7474

between 8-9:30am.

Address: 10301 Coastal Hwy, Ocean City, MD 21842

#### The Samaritan Shelter

Phone: 410-957-4310

Address: 814 Fourth Street, Pocomoke City MD

21851

Website: http://thesamaritanshelter.org/

## **Local Food Pantries and Soup Kitchens**

### **Wicomico County:**

#### **Joseph House Ministries**

Monthly bags of food to Wicomico County residents.

Phone: 410-749-4239

Address: 812 Boundary St., Salisbury, MD 21801

#### **Lower Shore Friends**

Available 5 days a week, Mon – Fri 10am–2pm

Phone: 410-334-2173

Address: 207 Maryland Ave. #5, Salisbury, MD 21801

#### MD Food Bank

Call or go online to find food pantry closest to you.

Phone: 410-742-0050

Website: https://mdfoodbank.org/need-food/

#### Salisbury Urban Ministries

God's Kitchen - Saturdays 11am-1pm at Grace UMC Address: 635 E. Church St. Salisbury, MD 21804

Kid's Café - after school program for at risk children attending East Salisbury School or Beaver Run School (must enroll)

Food Pantry - Tuesdays and Thursdays, 10am-2pm  $\,$ 

(Wicomico County residents only)

Phone: 410-749-1563

Address: 326 Barclay St., Salisbury, MD 21802

#### Salvation Army

Most services are provided by appointment only.

Phone: 410-749-3077

Address: 407 Oak Street, Salisbury, MD 21804

#### St. Paul AME Zion Church

Food giveaway the 3rd Monday every month. Must bring

photo I.D.

Phone: 410-546-5661

Address: 410 Delaware Ave, Salisbury, MD 21801

### **Somerset County:**

#### Catholic Charities, Inc – The Seton Center

Phone: 410-651-9608

Address: Call for assessment and location

#### **Worcester County:**

#### Berlin First Baptist Church (serves Berlin area)

Tuesdays from 10 am to 12 pm.

Phone: 410-641-4306

Address: 613 William St, Berlin, MD 21811

#### Community Church of Ocean Pines

Food pantry Tue - Sat from 9am - 1pm. Must have a referral to receive food.

Pantry Line: 410-641-8392

Serves Worcester residents or Veterans from any county.

Phone: 410-641-5433

Address: 11227 Racetrack Rd, Berlin, MD 21811

#### Diakonia, Inc.

Available 7 days a week 8am–4pm. Must bring I.D. and must be resident of Somerset, Wicomico, or Worcester County.

Phone: 410-213-0923

Address: 12747 Old Bridge Rd., Ocean City, MD 21842

#### The Samaritan Shelter

Soup kitchen Weds and Fri 11am–12:30pm Food distribution Tues and Sat 1pm–2pm

Phone: 410-957-4310

Address: 814 Fourth St., Pocomoke City, MD 21851

#### SonRise Church

Sharing the Harvest

Mobile food pantry that serves Maryland's Eastern Shore.

In conjunction with MD Food Bank.

410-629-1901

Food Distribution every Friday from 4:00pm to 5:30 pm

SonRise Church 10026 Main St. Building #4 Berlin, MD 21811

# **Transportation**

#### **Medical Assistance Transportation**

Wicomico Phone: 410-548-5142 Worcester Phone: 410-632-0092 Somerset Phone: 443-523-1722

**Shore Transit** 

Phone: 443-260-2300

# **Transitional Housing**

#### Village of Hope

A not-for-profit, non-denominational organization which provides a transitional home for women ages 18-62 with or without children.

Phone: 410-860-5981

Address: 1001 Lake Street, Salisbury, MD 21801

Website: www.villageofhope.us

#### **Second Wind**

Addiction transitional housing, family therapy, group therapy, individual therapy, and peer support. (Men

Phone: 410-749-8038

Address: 309 Newton Street, Salisbury, Maryland

21801

Website: www.secondwindinc.net

### **Veteran Education Services**

**Salisbury University** 

Shannon Hardester, Veterans and Military Affiliated

Coordinator (Registrar's Office)

Phone: 410-543-6189

**Veterans Upward Bound** 

Wor-Wic Community College Phone: 410-334-2882

Address: 32000 Campus Drive, Salisbury, MD 21804

### **Veteran Employment Services**

**Delmarva Veteran Builders** 

Phone: 443-736-1584 Chris Eccleston Address: 212 W. Main Street, Suite #305,

Salisbury, MD 21801

St. James AME Zion Church

Homeless Veteran's Reintegration Program

Phone: 410-742-1427

Address: 521 Mack Ave, Salisbury, MD 21801

# **Veteran Family Support Services**

Diakonia, Inc.

Supportive services for veterans and their families.

Phone: 410-213-0923

Address: 12747 Old Bridge Rd, Ocean City, MD 21842

St. James AME Zion Church

Supportive Services for veterans and their families

Phone: 410-742-1427

Address: 521 Mack Ave, Salisbury, MD 21801

VA Maryland Health Care System

Community integration services, homeless outreach and

case management,

contract housing/emergency shelter Contact Name: Gregory Bisset

Phone: 443-326-4337

### **Veteran Support Services**

#### **Cambridge VA Outpatient Clinic**

Audiology, Coumadin clinic, hearing aid fitting, medication management, mental health, primary care, occupational therapy, optometry, post-traumatic stress, pulmonary, social work, tele-mental health, tele-retinal imaging,

urology, vet center, women's health.

Phone: 410-228-6243

Address: 830 Chesapeake Drive, Cambridge MD 21613

#### **Department of Veterans Affairs and Hotline Numbers**

Website: www.va.gov Benefits: 1-800-824-1000

Health Care: 1-877-222-VETS (8387) VA Inspector General: 1-800-488-8244

Combat Call Center: 1-877-WAR-VETS (877-927-8387) Homeless Veteran Services 1-877-AID-VET (877-424-

3838)

#### **Elkton Vet Center**

Jon Dansicker, Veteran Outreach Specialist

Work Cell: 410-703-5783 Website: www.vetcenter.va.gov

#### **Maryland's Commitment to Veterans**

Dina Karpf, Eastern Regional Resource Coordinator, Maryland Department of Health

Phone: 410-725-9996 (cell)

Maryland Army National Guard Family Assistance Center

Phone: 410-507-2202 (Jon Black)

Address: 28722 Ocean Gateway, Salisbury, MD 21801

#### Moose VFW Post 194

Phone: 410-543-8194

Address: 821 E. William St., Salisbury, MD 21804

#### National Association of Black Veterans, Inc.

(NABVETS) Walk Through the Valley Chapter #0093,

Cmdr.

Phone: 443.366.8534 (James Briddell Sr) Address: 127 Flower St., Berlin, MD 21811

#### **Operation We Care**

Phone: 410-713-8940 (Jeff Merritt)

Address: 829 E. William St., Salisbury, MD 21804

Website: www.operationwecare.org

#### **Perry Point VA Medical Center**

Inpatient, outpatient, and primary care services.

Phone: 410-642-2411

Website: www.maryland.va.gov

#### Salisbury University

Shannon Hardester, Veterans and Military Affiliated

Coordinator (Registrar's Office)

Phone: 410-543-6189

# **Veteran Transportation Services**

#### **DAV Eastern Shore Chapter #34**

Provides transportation for veterans to VA medical facilities.

Note: Not equipped with handicap accessibility. Mr. Cleveland Hicks, Transportation Coordinator

Phone: 410-883-0030/410-742-4181

## **Employment Organizations/ Education and Training Services**

AmeriCorps Program at Salisbury University Phone: 410-548-5119

**Deaf Independent Living Association (DILA)** Phone: 410-742-5052 (Voice/TTY)

**Division of Rehabilitation Services (DORS)**Phone: 410-546-1580

**Division of Workforce Development** Phone: 410-341-8533 and Adult Learning (Salisbury Office)

**Go-Getters/Shore Employment Services** Phone: 410-546-0381 ext. 151

Goodwill Career Development Phone: 410-219-9118

**Lower Shore Enterprises, Inc.** Phone: 410-749-6183

**Lower Shore Workforce Alliance** Phone: 410-341-6515 (One Stop Job Market)

**MAC INC, AAA** Phone: 410-742-0505

Maple Shade Youth & Family Services, Inc. Phone: 410-677-0202

Older Workers Training Program (Shore Up) Phone: 410-749-1142

One Stop Job Market Phone: 410-341-6515

Small Business Development Center Phone: 410-548-4419

**Telamon Corporation** Phone: 410-546-4604

Youth Employment Program (Shore Up! Inc.) Phone: 410-749-1142 ext. 360

Wor-Wic Community College Phone: 410-334-2800

### **Helpful Websites**

**American Association of Suicidology** 

www.suicidology.org

American Foundation for Suicide Prevention

www.afsp.org

Camp Rehoboth

www.camprehoboth.com

Living Works Network – Safe Talk & ASIST training

www.livingworks.net

The Maryland Center of Excellence on

**Problem Gambling** 

www.mdproblemgambling.com

**Maryland Coalition of Families** 

www.mdcoalition.org

NAMI (National Alliance on Mental Illness)

Nami.org

MentalHealth.Gov

www.mentalhealth.gov

**Network of Care** 

www.worcester.md.networkofcare.org

Ok2Talk

www.ok2talk.org

On Our Own of Maryland, Inc.

www.onourownmd.org

**Parents of Suicide** 

www.parentsofsuicide.com & www.pos-ffos.com

Society for the Prevention of Teen Suicide

www.sptsusa.org

Stop A Suicide Today

www.stopasuicide.org

**Stop Bullying** 

www.stopbullying.gov

**Substance Abuse and Mental Health Services** 

Administration (SAMHSA)

findtreatment.samhsa.gov

**Suicide Prevention Action Network** 

www.spanusa.org

**Suicide Prevention Resource Center** 

www.sprc.org

Yellow Ribbon International Suicide Prevention

**Program** 

www.yellowribbon.org

# **Index of Behavioral Health Providers**

# By County:

| Somerset County |
|-----------------|
|-----------------|

| Catholic Charities, Inc Seton Center                               | 11     |
|--|--------|
| Chesapeake Health Care – Mental Health                             | 12     |
| Eastern Shore Psychological Services, LLC                          | 15, 39 |
| Focus Point Behavioral Health                                      |        |
| Garner, Doris C., PhD  |        |
| Go-Getters, Inc  |        |
| J. David Collins and Associates, LLC                               |        |
| Maple Shade Youth & Family Services, LLC                           | 24     |
| Somerset County Health Department                                  |        |
| Somerset Wellness and Recovery Center                              |        |
| TIdalHealth McCready Outpatient Behavioral Health Clinic           | 30     |
| Wicomico County  |        |
| Anderson, Eva K., PhD  | 8      |
| Arrow Child & Family Ministries                                    |        |
| Atlantic Psychological Practice, P.A                               |        |
| B.N.J Health Services, LLC   |        |
| Balanced Life Counseling Services, LLC                             |        |
| Balanced Point Wellness, LLC                                       |        |
| Care at New Transitions  |        |
| Chesapeake Health Care – Mental Health                             |        |
| Chesapeake Music Therapy   |        |
| Chesapeake Treatment Services                                      |        |
| Children's Choice  |        |
| Community Behavioral Health  | 14, 38 |
| Compass Health Services  | 14     |
| Delmarva Counseling Center LLC                                     |        |
| Donnelly, Leslie, PhD  |        |
| Eastern Shore Psychological Services, LLC                          | 15, 39 |
| Focus Point Behavioral Health                                      |        |
| Garner, Doris C., PhD  | 16     |
| Go-Getters, Inc  | 17     |
| Go-Getters, Inc. – Friendship Network                              |        |
| Go-Getters, Inc. – Peer Connections                                |        |
| Go-Getters, Inc. –Transitional Aged Youth                          | -      |
| Hands of Hope Counseling Services. LLC                             |        |
| Harkhani, J. S., MD  | 18     |
| Harmony Counseling Services, LLC                                   |        |
| Hudson Health Services   | 19, 40 |
| J. David Collins and Associates, LLC                               |        |
| Lead4Life, Inc   |        |
| Life Crisis Center, Inc  |        |
| Life's Energy Wellness Center Inc                                  | ·      |
| LifeMark Inc   |        |
| Lighthouse Counseling Christian Ministry                           |        |
| Lower Shore Clinic Assertive Community Treatment (ACT) Team        |        |
| Lower Shore Clinic, Inc.   | 24     |
| Maple Shade Youth & Family Services, LLC                           |        |
| MATClinics   |        |
| Mosaic Counseling & Wellness, LLC                                  |        |
| Peninsula Mental Health Services and Peninsula Addictions Services | 26     |

| Perdue Art Therapy & Counseling                                    | 27     |
|--|--------|
| ReEnvision Counseling & Reiki Healing, LLC                         | 27     |
| Reeves, Talmadge C, MD   | 27     |
| Second Wind, Inc. (Men Only)                                       | 28     |
| Stange, Carol, LCSW  | 29     |
| The Personal Wellness Center                                       | 30     |
| TidalHealth Peninsula Regional Adult Inpatient Acute Unit          | 31     |
| TidalHealth Peninsula Regional Outpatient Behavioral Health Clinic | 32     |
| TidalHealth Peninsula Regional Partial Hospitalization Program     | 31     |
| White Flint Recovery, Eastern Shore, Inc                           | 32     |
| Wicomico County Health Department - Behavioral Health              | 33     |
| Wicomico County Health Department - PRP                            |        |
| Wicomico County Health Department - Targeted Case Management       | 34     |
| Wraparound Maryland  | 36     |
| Youth Care Center Incorporated                                     | 36     |
|  |        |
| Worcester County   |        |
| Acadia Counseling and Wellness                                     |        |
| Atlantic General Hospital – Telemental Health                      |        |
| Blue Wave Counseling & Psychotherapy                               |        |
| Center 4 Clean Start (C4CS)  |        |
| Chesapeake Health Care – Mental Health                             | 12     |
| Chesapeake Music Therapy   |        |
| Chesapeake Treatment Services                                      | 13, 37 |
| Community Behavioral Health  | 14, 38 |
| Donnelly, Leslie, PhD  | 15     |
| Family Tree Therapy, LLC   | 16     |
| Garner, Doris C., PhD  | 16     |
| Go-Getters, Inc  | 17     |
| Island Care Mental Health  | 20     |
| Lighthouse Counseling & Consulting Services                        | 23     |
| Lighthouse Counseling Christian Ministry                           | 23     |
| Open Arms & Hearts Health Services, LLC                            | 26     |
| Safe Harbour Addiction Counseling                                  | 28     |
| Seaside Counseling & Wellness Center                               |        |
| White Flint Recovery, Eastern Shore, Inc                           | 32     |
| Worcester Addiction Cooperative Services (W.A.C.S.)                |        |
| Worcester County Health Department                                 | 35     |
| Worcester Youth & Family Counseling Services, Inc                  | 35     |
| Youth Care Center Incorporated                                     | 36     |
| Other Counties   |        |
| Other Counties  Avenues Reservery Center at Festers Shore          | 77     |
| Avenues Recovery Center at Eastern Shore                           |        |
| Chesapeake Treatment Services                                      |        |
| Children's Choice  |        |
| Community Behavioral Health  | •      |
| Dover Behavioral Health System                                     |        |
| Eastern Shore Hospital Center                                      |        |
| Eastern Shore Psychological Services, LLC                          |        |
| Hudson Health Services   |        |
| J. David Collins and Associates, LLC                               |        |
| Life's Energy Wellness Center Inc.                                 |        |
| Lower Shore Clinic Assertive Community Treatment (ACT) Team        |        |
| Rockford Center  |        |
| out Defiaviol at Fleatiff  | 42     |

| University of Maryland Shore Behavioral Health Substance Disorders Program    |    |
|---|----|
| Warwick Manor Behavioral Health   | 43 |
|   |    |
|   |    |
| By Service Type:  |    |
| by octation Type.   |    |
|   |    |
| Addiction:  |    |
| Atlantic General Hospital – Telemental Health                                 |    |
| Avenues Recovery Center at Eastern Shore                                      |    |
| B.N.J Health Services, LLC  |    |
| Center 4 Clean Start (C4CS)   |    |
| Chesapeake Treatment Services   |    |
| Community Behavioral Health   | ·  |
| Compass Health Services   |    |
| Delmarva Counseling Center LLC  |    |
| Dover Behavioral Health System  |    |
| Eastern Shore Psychological Services, LLC                                     |    |
| Focus Point Behavioral Health   |    |
| Go-Getters, Inc.  |    |
| Go-Getters, Inc. – Peer Connections   |    |
| Hudson Health Services  | •  |
| J. David Collins and Associates, LLC  |    |
| Life's Energy Wellness Center Inc<br>Lighthouse Counseling Christian Ministry |    |
| MATClinics  |    |
| Open Arms & Hearts Health Services, LLC.                                      |    |
| Peninsula Mental Health Services and Peninsula Addictions Services            |    |
| Rockford Center   |    |
| Safe Harbour Addiction Counseling   |    |
| Second Wind, Inc. (Men Only)  |    |
| Somerset County Health Department   |    |
| Somerset Wellness and Recovery Center   |    |
| Sun Behavioral Health   |    |
| TIdalHealth McCready Outpatient Behavioral Health Clinic                      | 30 |
| TidalHealth Peninsula Regional Adult Inpatient Acute Unit                     |    |
| TidalHealth Peninsula Regional Outpatient Behavioral Health Clinic            |    |
| TidalHealth Peninsula Regional Partial Hospitalization Program                | 31 |
| University of Maryland Shore Behavioral Health Substance Disorders Program    | 43 |
| Warwick Manor Behavioral Health   |    |
| White Flint Recovery, Eastern Shore, Inc                                      |    |
| Wicomico County Health Department - Behavioral Health                         |    |
| Wicomico County Health Department – Targeted Case Management                  |    |
| Worcester Addiction Cooperative Services (W.A.C.S.)                           |    |
| Worcester County Health Department  |    |
| Wraparound Maryland   | 36 |
|   |    |
|   |    |
| Mental Health   |    |
|   |    |
| Acadia Counseling and Wellness  | Ω  |
| Anderson, Eva K., PhD   |    |
| Arrow Child & Family Ministries.  |    |
| Atlantic General Hospital – Telemental Health                                 |    |
| Atlantic Psychological Practice, P.A  |    |
|   |    |

| Avenues Recovery Center at Eastern Shore                           |          |
|--|----------|
| Balanced Life Counseling Services, LLC                             |          |
| Balanced Point Wellness, LLC                                       |          |
| Blue Wave Counseling & Psychotherapy                               |          |
| Catholic Charities, Inc Seton Center                               |          |
| Center 4 Clean Start (C4CS)  | 12       |
| Chesapeake Health Care – Mental Health                             | 12       |
| Chesapeake Music Therapy   | 12       |
| Children's Choice  | 13       |
| Community Behavioral Health  | 14, 38   |
| Compass Health Services  |          |
| Delmarva Counseling Center LLC                                     | 15       |
| Donnelly, Leslie, PhĎ  |          |
| Dover Behavioral Health System                                     |          |
| Eastern Shore Hospital Center                                      |          |
| Eastern Shore Psychological Services, LLC                          |          |
| Family Tree Therapy, LLC.  |          |
| Focus Point Behavioral Health                                      |          |
| Garner, Doris C., PhD  |          |
| Go-Getters, Inc.   |          |
| Go-Getters, Inc. – Friendship Network                              |          |
| Go-Getters, Inc. – Peer Connections                                |          |
| Go-Getters, Inc. – Transitional Aged Youth                         |          |
| Hands of Hope Counseling Services. LLC                             |          |
| Harkhani, J. S., MD  |          |
| Harmony Counseling Services, LLC                                   |          |
| Hudson Health Services   |          |
| Island Care Mental Health  | •        |
| J. David Collins and Associates, LLC                               |          |
| Lead4Life, Inc   | •        |
| Life Crisis Center, Inc.   |          |
| Life's Energy Wellness Center Inc                                  |          |
| LifeMark Inc   |          |
| Lighthouse Counseling & Consulting Services                        |          |
| Lighthouse Counseling Christian Ministry                           |          |
| Lower Shore Clinic Assertive Community Treatment (ACT) Team        |          |
| Lower Shore Clinic, Inc.   |          |
| Maple Shade Youth & Family Services, LLC                           | 24<br>24 |
| Mosaic Counseling & Wellness, LLC                                  |          |
| Open Arms & Hearts Health Services, LLC                            | 25<br>26 |
| Peninsula Mental Health Services and Peninsula Addictions Services |          |
| Perdue Art Therapy & Counseling                                    |          |
| ReEnvision Counseling & Reiki Healing, LLC                         |          |
| Reeves, Talmadge C, MD   |          |
| Rockford Center  |          |
| Safe Harbour Addiction Counseling                                  |          |
| <b>y</b>   |          |
| Seaside Counseling & Wellness Center                               |          |
| Second Wind, Inc. (Men Only)                                       |          |
| Somerset Wellness and Resevent Center                              |          |
| Somerset Wellness and Recovery Center                              |          |
| Stange, Carol, LCSW  |          |
| Sun Behavioral Health  |          |
| The Personal Wellness Center                                       |          |
| TidalHealth McCready Outpatient Behavioral Health Clinic           |          |
| TidalHealth Peninsula Regional Adult Inpatient Acute Unit          |          |
| TidalHealth Peninsula Regional Outpatient Behavioral Health Clinic |          |
| TidalHealth Peninsula Regional Partial Hospitalization Program     | 31       |

| Warwick Manor Behavioral Health                              | 43 |
|--|----|
| Wicomico County Health Department - Behavioral Health        | 33 |
| Wicomico County Health Department - PRP                      |    |
| Wicomico County Health Department – Targeted Case Management |    |
| Worcester Addiction Cooperative Services (W.A.C.S.)          |    |
| Worcester County Health Department                           |    |
| Worcester Youth & Family Counseling Services, Inc            |    |
| Wraparound Maryland  |    |
| Youth Care Center Incorporated                               |    |

| Notes |
|-------|
|       |
|       |
|       |
|       |
|       |
|       |
|       |
|       |
|       |
|       |
|       |
|       |
|       |
|       |
|       |
|       |

|      | <br> | <br> |  |
|------|------|------|--|
| <br> |      |      |  |
| <br> | <br> | <br> |  |
|      | <br> | <br> |  |
|      |      |      |  |









Working together for healthier communities!

